Interpretation Document to JCAC FCL 2 HELICOPTER

SECTION 2

Flight Operations Standards Department

Amendment: Original
Effective Date:

ACCEPTABLE MEANS OF COMPLIANCE (AMC)
# INTERPRETATIVE AND EXPLANATORY MATERIAL (IEM)

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ACCEPTABLE MEANS OF COMPLIANCE (AMC)/
INTERPRETATIVE AND EXPLANATORY MATERIAL (IEM)

1 GENERAL

1.1 This Section contains Acceptable Means of Compliance and Interpretative/Explanatory Material that has been agreed for inclusion in JCAR FCL 2 FCL HELICOPTERS.

1.2 Where a particular paragraph does not have an Acceptable Means of Compliance or any Interpretative/Explanatory Material, it is considered that no supplementary material is required.

2 PRESENTATION

2.1 The Acceptable Means of Compliance and Interpretative/Explanatory Material are presented in full-page width on loose pages, each page being identified by the date of issue or the Change number under which it is amended or re-issued.

2.2 A numbering system has been used in which the Acceptable Means of Compliance or Interpretative/Explanatory Material uses the same number as the paragraph to which it refers. The number is introduced by the letters AMC or IEM to distinguish the material from the regulations itself.

2.3 The acronyms AMC and IEM also indicate the nature of the material and for this purpose; the two types of material are defined as follows:
Acceptable Means of Compliance (AMC) illustrate a means, or several alternative means, but not necessarily the only possible means by which a requirement can be met. It should however be noted that where a new AMC is developed, any such AMC (which may be additional to an existing AMC) will be amended into the document following consultation under the NPA procedure.
Interpretative/Explanatory Material (IEM) helps to illustrate the meaning of a requirement.
2.4 New AMC or IEM material may, in the first place, be made available rapidly by being published as a Temporary Guidance Leaflet (TGL).

2.5 Explanatory Notes not forming part of the AMC or IEM text appear in a smaller typeface.

2.6 New, amended or corrected text is enclosed within heavy brackets.

AMC/IEM A - GENERAL REQUIREMENTS

IEM JCAR FCL 2.001 Abbreviations

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<td>Aircraft</td>
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<td>AIS</td>
<td>Aeronautical Information Services</td>
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<td>AMC</td>
<td>Acceptable Means of Compliance</td>
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<td>AMC</td>
<td>Aeromedical Centre</td>
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<td>AME</td>
<td>Authorised Medical Examiner</td>
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<tr>
<td>ATC</td>
<td>Air Traffic Control</td>
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<tr>
<td>ATP</td>
<td>Airline Transport Pilot</td>
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<td>CARC</td>
<td>Civil Aviation Regulatory Commission</td>
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<td>CFI</td>
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<tr>
<td>CGI</td>
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<td>CPL</td>
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<td>FIE</td>
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<td>FT0</td>
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<td>ICAO</td>
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AMC JCAR FCL 2.005 & 2.015

Knowledge requirements for the issue of a JCAR-license on the basis of a national license issued in Jordan or for the validation of pilot licenses of ICAO States.

IEM JCAR FCL 2.010

Language Proficiency assessment guide (See AMC No.2 to JCAR FCL 2.010)

1. The language proficiency assessment should be designed to reflect a range of tasks undertaken by pilots but with the specific focus on language rather than operational procedures.

2. The assessment should determine the applicant's ability to:
   - communicate effectively using standard radiotelephony phraseology; and
   - deliver and understand messages in plain language in both usual and unusual situations that necessitate departure from standard radiotelephony phraseology.

Refer to the Manual on the Implementation of ICAO Language Proficiency Requirements' (ICA0 Doc 9835), Appendix A Part III and Appendix B for further guidance.

3. The assessment may be subdivided into three elements, as follows:
   i. Listening - assessment of comprehension
   ii. Speaking - assessment of pronunciation, fluency, structure and vocabulary
   iii. Interaction

4. The three elements mentioned above may be combined and they can be covered by using a wide variety of means/technologies.

5. Where appropriate, some or all of these elements may be achieved through the use of the radiotelephony testing arrangements.
6. When the elements of the testing are assessed separately, the final assessment should be consolidated in the language proficiency endorsement issued by the Authority.

7. The assessment may be conducted during one of the several existing checking or training activities, such as license issue or rating issue and revalidation, line training, operator line checks or proficiency-check

IEM JCAR FCL 2.025

Validity of medical certificates

This IEM is a reproduction of the requirements as set out in PART 67 ANNEX 1.105;

PART 67 ANNEX 1.105 Period of Validity of Medical Certificates

(a) Period of validity. A medical certificate shall be valid from the date of the initial general medical examination and for:

(1) Class 1 medical certificates, 12 months except that for holders who have passed their 40th birthday the interval is reduced to six months.

(2) Class 2 medical certificates, 24 months until age 30, then 12 months until age 50, 12 months until age 65 and 6 monthly thereafter.

(3) The expiry date of the medical certificate is calculated based on the information contained in (1) and (2).

(4) Despite (2) above, a medical certificate issued prior to the holder's 30th birthday will not be valid for Class 2 privileges after his 32nd birthday.

(b) Revalidation. If the medical revalidation is taken up to 45 days prior to the expiry date calculated in accordance with (a), the validity of the new certificate extends from the previous medical certificate expiry date by the period stated in (a) (1) or (2) as applicable.

(c) Renewal. If the medical examination is not taken within the 45 day period referred to in (b) above, the expiry date will be calculated in accordance with paragraph (a) with effect from the date of the next general medical examination.
(d) Requirements for revalidation or renewal. The requirements to be met for the revalidation or renewal of medical certificates are the same as those for the initial issue of the certificate, except where specifically stated otherwise.

(e) Reduction in the period of validity. The period of validity of a medical certificate may be reduced by an AME in consultation with the AMS when clinically indicated.

(f) Additional examination. Where the Authority has reasonable doubt about the continuing fitness of the holder of a medical certificate, the AMS may require the holder to submit to further examination, investigation or tests. The reports shall be forwarded to the AMS.

See further Appendix 1 to Part 67 (medical).

IEM JCAR FCL 2.035
Carriage of safety pilots
(See JCAR FCL 2.035)

INTRODUCTION

1. A safety pilot is a pilot who is qualified to act as PIC on the type of helicopter and carried on board the helicopter for the purpose of taking over control should the person acting as a PIC holding a specific medical certificate restriction become incapacitated.

2. The following information should be provided to assist persons acting as safety pilots:
   a. the background for establishing the role of a safety pilot;
   b. the logging of flight time whilst acting as a safety pilot;
   c. the types of medical condition which restrict a particular pilot from flying solo;
   d. the safety pilot's role and responsibilities; and
   e. guidance material to assist the safety pilot in the conduct of this role
3. Whenever a pilot license holder with a safety pilot restriction renews or is issued with the related medical certificate, the holder should receive from the Authority an information sheet. This sheet will give advice to pilots utilised by the license holder in the capacity of safety pilot. An example of this information sheet is shown below.

**INFORMATION SHEET**

**General Considerations**

4. The following are a few notes to help you in your role as a safety pilot. Your pilot has been assessed by the Medical Section of the Authority as unfit for solo private flying, but fit to fly with a safety pilot. Although this may sound medically rather alarming, the standards for such pilots are still high, and he/she would undoubtedly be passed fit to lead a normal life' on the ground. The chances of any problem occurring during the flight are therefore remote. Nevertheless, as with any aspect of flight safety, remote possibilities should be assessed and, as far as possible, eliminated. This is the purpose of the safety pilot limitation.

5. Unless you have to take over the controls you are supernumerary and cannot log any flying time. You should be checked out and current on the aircraft. It must have dual controls and you must be licensed to fly in the proposed airspace and conditions.

6. You should have some idea of your pilot's medical condition and the problems that might occur during the flight. These could be due to a sudden or subtle incapacitation in a pilot who is otherwise functioning perfectly normally. Alternatively, there may be some fixed problem that is always present (such as poor vision in one eye or an amputated leg) which might cause difficulties in special circumstances.

7. When flying with a pilot who might suffer some form of incapacitation, you should particularly monitor the critical stages of the flight (such as take-off and approach). It may be useful to use some form of question and answer routine as is done during commercial flights. If your pilot does become incapacitated, the two priorities are to fly the helicopter and try to prevent him/her from compromising the controls. The greatest help in the latter situation is the continuous wearing of a fixed seat belt and shoulder harness (not an inertia reel). With a fixed disability it should be
possible to anticipate when help may be needed and take appropriate action. Further points of consideration are as follows:

a. You should check the medical certificate of your intended PIC to see if the medical restriction is tied to an helicopter with specially adapted controls, or to a specific type of helicopter. If so, ensure your PIC is in compliance in this respect.

b. Before the flight, discuss with your PIC the circumstances under which you should intercede and take control of the helicopter. During this discussion, also establish whether the PIC wishes you to conduct any flight crew ancillary tasks. If so, these should be clearly specified to avoid confusion between the PIC and you during the flight. This is particularly important when events are moving quickly and the helicopter is near the surface, for example, during take-off or final approach to landing.

c. Bear in mind that you are not just a passenger but may, at any time during the flight, be called upon to take over control. Therefore, you will need to remain alert to this possible situation at all times.

d. You should also keep in mind that accidents have occurred with two qualified pilots on board when both pilots thought the other was in control. A means of communication must be established between you and the PIC in order that both of you know who is in control of the helicopter at any given time. The spoken words I have control' from one pilot and the response words you have control' from the other pilot is simple and appropriate for this purpose.

e. In order to avoid distraction or confusion to the PIC during the flight, you should keep your hands and feet away from the controls unless safety circumstances arise which require you to take over control of the helicopter.

**AMC JCAR FCL 2.055**

Quality system for FTO/TRTO’s

(See Appendix 1a and 2 to JCAR FCL 2.055)

(See IEM No. 1 to JCAR FCL 2.055)

1. In accordance with Appendix 1a and 2 to JCAR FCL 2.055, a FT0 and a TRT0 shall, as a condition for approval, establish and maintain a quality system. This AMC establishes the objectives of such a system,
and offers a means of compliance as to which elements must be included and how the system can be integrated in the organisations.

2. The rationale for the requirements of quality systems is the need to establish a distinct assignment of roles between Authority and training organisations by creating an evident division between the regulatory and surveillance responsibility on the one hand, and responsibility of the training activities in itself on the other. Therefore the training organisations must establish a system whereby they can monitor their activities, be able to detect deviations from set rules and standards, take the necessary corrective actions and thus ensure compliance with authority regulations and own requirements. A well established and functioning quality system will make it possible for the supervising Authority to perform inspections and surveillance efficiently and with a reasonable amount of resources.

3. It is obvious and well recognised that the scope and complexity of a quality system should reflect the size and complexity of the training organisation and its training activities. The objectives and the same principles apply, however, to any training organisation, irrespective of size and complexity. Thus, in small and relatively small training organisations, the quality system may be quite simple and integrated in the basic organisation, whereas larger organisations with more complex training activities will need to establish separate and independent quality organisations within the overall organisational set-up.

4. In determining size and complexity in this context the following guidelines apply:
   - Training organisations with 5 or less instructors employed are considered very small;
   - Training organisations employing between 6 and 20 instructors are considered small.

In determining complexity, factors such as number of helicopter types used for training, range of training courses offered, geographical spread of training activities (e.g. the use of satellites), range of training
arrangements with other training organisations, etc. will be considered

5. In a quality system of any FT0 or TRT0 the following five elements must be clearly identifiable:
   a. determination of the organisation’s training policy and training and flight safety standards;
   b. determination and establishment of assignment of responsibility, resources, organisation and operational processes, which will make allowance for policy and training and flight safety standards;
   c. follow up system to ensure that policy, training and flight safety standards are complied with;
   d. registration and documentation of deviations from policy, training and flight safety standards together with necessary analysis, evaluations and correction of such deviations;
   e. Evaluation of experiences and trends concerning policy, training and flight safety standards

6. IEM No. 1 to JCAR FCL 2.055 describes in more detail objectives, the different elements of a quality system and offers guidance as to the set-up of quality systems in larger and/or more complex training organisations. For very small and small organisations paragraph 23 of IEM No. 1 to JCAR FCL 2.055 applies. The Quality System required in JCAR FCL 2 or in other JCAR’s may be integrated.

AMC JCAR FCL 2.055(d)

Approval of Modular Theoretical Knowledge Distance Learning Courses
(See JCAR FCL 2.055(d))
(See Appendix 3 to JCAR FCL 2.055)
(See Appendix 1to JCAR FCL 2.130 & 2.135)
(See Appendix 1to JCAR FCL 2.160 & 2.165(a)(3))
(See Appendix 1 to JCAR FCL 2.205)
Reserved
## AMC No. 1 to JCAR FCL 2.010

### Language Proficiency Rating Scale *(See JCAR FCL 2.010(a)(4))*

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<th>PRONUNCIATION</th>
<th>STRUCTURE</th>
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<th>COMPREHENSION</th>
<th>INTERACTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Expert</strong></td>
<td>Pronunciation, stress, rhythm, and intonation, though possibly influenced by first language or regional variation, almost never interfere with ease of understanding.</td>
<td>Relevant grammatical structures and sentence patterns are determined by language functions appropriate to the task.</td>
<td>Vocabulary Range and Accuracy are sufficient to communicate effectively on a wide variety of familiar and unfamiliar topics. Vocabulary is idiomatic, nuanced and sensitive to register.</td>
<td>Able to speak at Length with a natural, effortless flow. Varies speech flow for stylistic effect, e.g. to emphasize a point. Uses appropriate discourse markers and connectors spontaneously.</td>
<td>Comprehension is consistently Accurate in Nearly all Contexts and includes comprehension of linguistic and cultural subtleties.</td>
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<tr>
<td><em>(Level 6)</em></td>
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<tr>
<td><strong>Extended</strong></td>
<td>Pronunciation, stress, rhythm, and intonation, though influenced by the first language or regional variation, rarely interfere with ease of understanding.</td>
<td>Basic grammatical structure and sentence patterns are consistently well controlled. Complex structures are attempted but with errors which sometimes interfere with meaning.</td>
<td>Vocabulary Range and Accuracy are sufficient to communicate effectively on common, concrete, and work related topics. Paraphrases consistently and successfully. Vocabulary is sometimes idiomatic.</td>
<td>Able to speak at Length with relative ease on familiar topics, But may not vary speech flow as a Stylistic device. Can make use Of appropriate discourse markers or connectors.</td>
<td>Comprehension is accurate on common, concrete, and work related topics and mostly accurate when the speaker is confronted with a linguistic or situational complication or an unexpected turn of events. Is able to comprehend a range of speech Varieties (dialect and/or accent and registers.</td>
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<tr>
<td><em>(Level 5)</em></td>
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<tr>
<td>LEVEL</td>
<td>PRONUNCIATION</td>
<td>STRUCTURE</td>
<td>VOCABULARY</td>
<td>FLUENCY</td>
<td>COMPREHENSION</td>
<td>INTERACTIONS</td>
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<tr>
<td><strong>Operational (Level 4)</strong></td>
<td>Pronunciation, stress, rhythm, and intonation are influenced by the first language or regional variation but only sometimes interfere with ease of understanding.</td>
<td>Basic grammatical structures and sentence patterns are used creatively and are usually well controlled. Errors may occur particularly in unusual or unexpected circumstances, but rarely interfere with meaning.</td>
<td>Vocabulary range and accuracy are usually sufficient to communicate effectively on common, concrete and work related topics. Can often paraphrase successfully when lacking vocabulary particularly in unusual or unexpected circumstances. Fillers are not distracting.</td>
<td>Produces stretches of language at an appropriate tempo. There may be occasional loss of fluency on transition from rehearsed or formulaic speech to spontaneous interaction, but this does not prevent effective communication. Can make limited use of discourse markers and connectives.</td>
<td>Comprehension is mostly accurate on common, concrete, and work related topics when the accent or variety used is sufficiently intelligible for an international community of users. When the speaker is confronted with a linguistic or situational complication or an unexpected turn of events, comprehension may be slower or require clarification strategies.</td>
<td>Responses are usually immediate, appropriate, and informative. Initiates and maintains exchanges even when dealing with an unexpected turn of events. Deals adequately with apparent misunderstanding by checking, confirming, or clarifying.</td>
</tr>
<tr>
<td>LEVEL</td>
<td>PRONUNCIATION</td>
<td>STRUCTURE</td>
<td>VOCABULARY</td>
<td>FLUENCY</td>
<td>COMPREHENSION</td>
<td>INTERACTIONS</td>
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<tr>
<td>Pre-operational (Level 3)</td>
<td>Pronunciation, stress, rhythm, and intonation are influenced by the first language or regional variation and frequently interfere with ease of understanding.</td>
<td>Relevant grammatical structures and sentence patterns determined by language functions appropriate to the task.</td>
<td>Vocabulary range and accuracy are often sufficient to communicate effectively on common, concrete, and work related topics but range limited and the word choice often inappropriate is often unable to paraphrase successfully when lacking vocabulary.</td>
<td>Produces stretches of language, but phrasing and pausing are often inappropriate. Hesitations or Slowness in Language processing may prevent effective communication. Fillers are sometimes distracting.</td>
<td>Comprehension is often accurate on common, concrete, and Work related topics when the accent or variety used is sufficiently intelligible for an international community of users. May fall to Understand a linguistic or situational complication or an unexpected turn of events.</td>
<td>Responses are sometimes immediate, appropriate, and informative. Can initiate and maintain exchanges with reasonable ease on familiar topics and in predictable situations. Generally Inadequate when dealing with an unexpected turn of events.</td>
</tr>
<tr>
<td>Elementary (Level 2)</td>
<td>Pronunciation stress, rhythm, and intonation are heavily influenced by the first language or regional variation and usually interfere with ease of understanding.</td>
<td>Basic grammatical structures and sentence patterns associated with predictable situations are not always well controlled. Errors frequently interfere with meaning.</td>
<td>Limited vocabulary range consisting of isolated words and memorized phrases.</td>
<td>Can produce very short, isolated memorized utterances with frequent pausing and a distracting use of fillers to search for expressions and articulate less familiar words.</td>
<td>Comprehension is limited to isolated, memorized phrases when they are carefully and slowly articulated.</td>
<td>Response time is slow, and often inappropriate. Interaction is limited to simple routine exchanges.</td>
</tr>
<tr>
<td>Pre-elementary (Level 1)</td>
<td>Performs at a level below the Elementary level</td>
<td>Performs at a level below the Elementary level</td>
<td>Performs at a level below the Elementary level</td>
<td>Performs at a level below the Elementary level</td>
<td>Performs at a level below the Elementary level</td>
<td>Performs at a level below the Elementary level</td>
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</table>

Note: The Pre-operational Level (Level 4) is the minimum required proficiency level for radiotelephony communication.

Levels 1 through 3 describe Pre-elementary, Elementary and Pre-operational levels of language proficiency respectively, all of which describe a level below the language proficiency requirement.

Levels 5 and 6 describe Extended and Expert levels at levels of proficiency more advanced than the minimum required standard.
AMC No 2 to JCAR FCL 2.010  
Language Proficiency Assessment  
(See Appendix 1 to JCAR FCL 2.010)  
(See AMC No. 1 to JCAR FCL 2.010)  
(See IEM JCAR FCL 2.010)  

1. GENERAL  

1.1 The Authority may use its own resources in developing or conducting the language proficiency assessment, or may delegate this task to language assessment bodies.  

1.2 The assessment should meet the basic requirements stated in paragraphs 7 to 10, and the persons nominated as language proficiency assessors should meet the criteria at paragraphs 11 to 13 of this AMC.  

1.3 The Authority should establish an appeal procedure for applicants.  

1.4 Based on existing assessment methods the Authority may decide that active holders of an ATPL issued in accordance with JCAR FCL 2 requirements should graded level 4 as of the 5 March 2008.  

LANGUAGE PROFICIENCY RE-EVALUATION  

1.5 The recommended Language Proficiency re-evaluation intervals referred to in Appendix 1 to JCAR FCL 2.010 paragraph 3 should not exceed:  

a) 3 years if the Language Proficiency level demonstrated is Operational Level (level 4) of the ICAO Language Proficiency Rating; or  
b) 6 years if the Language Proficiency level demonstrated is Extended Level (level 5) of the ICAO Language Proficiency Rating.  

It is recommended that the holder of a licence receives a statement containing the level and validity of the language endorsements.  

1.6 Formal re-evaluation is not required for applicants who demonstrate expert (level 6) language proficiency, e.g. native and very proficient
non-native speakers with a dialect or accent intelligible to the international aeronautical community.

**BASIC ASSESSMENT REQUIREMENTS**

2. The aim of the assessment is to determine the ability of an applicant for a pilot license or a license holder to speak and understand the language used for radiotelephony communications.

3. a) The assessment should determine the ability of the applicant to use both:
   - Standard radiotelephony phraseology; and
   - Plain language, in situations when standardized phraseology cannot serve an intended transmission
   
   b) The assessment should include:
   - Voice-only and/or face-to-face situations
   - Common, concrete and work-related topics for pilots
   
   c) The applicants should demonstrate their linguistic ability in dealing with an unexpected turn of events, and in solving apparent misunderstandings.

   d) The assessment should determine the applicant's speaking and listening abilities. Indirect assessments, of grammatical knowledge, reading and writing, are not appropriate.

For further guidance, see IEM JCAR FCL 2.010.

4. The assessment should determine the language skills of the applicant in the following areas:

   a) Pronunciation:
   - The extent to which the pronunciation, stress, rhythm and intonation are influenced by the applicant's first language or national variations; and
   - How much they interfere with ease of understanding.

   b) Structure: the ability of the applicant to use both basic and
complex grammatical structures; and
- The extent to which the applicant's errors interfere with the meaning

c) Vocabulary:
- The range and accuracy of the vocabulary used; and
- The ability of the applicant to paraphrase successfully when lacking vocabulary

d) Fluency:
- Tempo
- Hesitancy
- rehearsed versus spontaneous speech
- Use of discourse markers and connectors

e) Comprehension:
- On common, concrete and work-related topics; and
- When confronted with a linguistic or situational complication or an unexpected turn of events

Note: The accent or variety of accents used in the test material should be sufficiently intelligible for an international community of users.

f) Interactions
- Quality of response (immediate, appropriate, and informative)
- The ability to initiate and maintain exchanges:
  - On common, concrete and work-related topics; and
  - When dealing with an unexpected turn of events
- The ability to deal with apparent misunderstandings by checking, confirming or clarifying

Note: The assessment of the language skills in the areas mentioned above is conducted using the Rating Scale in the AMC No.1 to JCAR FCL 2.010.

5. When the assessment is not conducted in a face-to-face situation, it should use appropriate technologies for the assessment of the applicant's abilities in listening and speaking, and for enabling interactions (for example: simulated pilot/controller communication).
ASSESSORS

6. It is essential that the persons responsible for language proficiency assessment (‘assessors’) are suitably trained and qualified. They should be either aviation specialists (i.e. current or former flight crewmembers or air traffic controllers), or language specialists with additional aviation-related training. An alternative approach would be to form an assessment team consisting of an operational expert and a language expert (see ICAO Doc 9835 paragraph 6.5.5).

7. The assessors should be trained on the specific requirements of the assessment.

8. Assessors should not test applicants to whom they have given language training.

CRITERIA FOR THE ACCEPTABILITY OF LANGUAGE ASSESSMENT BODIES

9. A language assessment body offering services on behalf of the Authority (see Appendix 1 to JCAR FCL 2.010 paragraph 5) should meet the specifications at paragraphs 14 to 18.

10. In order to ensure an impartial assessment process, the language assessment should be independent of the language training.

11. In order to be acceptable, the language assessment bodies should demonstrate:
   a) appropriate management and staffing, and
   b) Quality System established and maintained to ensure compliance with, and adequacy of, assessment requirements, standards and procedures.

12. The Quality system established by a language assessment body should address the following:
   a) Management
   b) Policy and strategy
   c) Processes
   d) The relevant provisions of ICAO / FCL, standards and assessment procedures
   e) Organisational structure
f) Responsibility for the development, establishment and management of the Quality System

g) Documentation

h) Quality Assurance Programme

i) Human Resources and training (initial, recurrent)

j) Assessment requirements

k) Customer satisfaction

13. The assessment documentation and records should be kept for a period of time determined by the Authority and made available to the Authority, on request.

14. The assessment documentation should include at least the following:

a) assessment objectives

b) assessment layout, time scale, technologies used, assessment samples, voice samples

c) assessment criteria and standards (at least for the levels 4, 5 and 6 of the Rating Scale in the AMC No. 1 to JCAR FCL 2.010)

d) documentation demonstrating the assessment validity, relevance and reliability

e) assessment procedures and responsibilities

   - Preparation of individual assessment

   - Administration: location(s), identity check and invigilation, assessment discipline, confidentiality/security

   - Reporting and documentation provided to the Authority and/or to the applicant, including sample certificate

   - Retention of documents and records

Note: Refer to the Manual on the Implementation of ICA0 Language Proficiency Requirements' (ICA0 Doc 9835) for further guidance.

IEM No 1 to JCAR FCL 2.055

Quality System for FTO/TRTO's
INTRODUCTION

A basis for quality should be established by every FT0/TRT0 and problem-solving techniques to run processes should be applied. Knowledge in how to measure, establish and ultimately achieve quality in training and education is considered to be essential.

The purpose of this IEM is to provide information and guidance to the training organisations on how to establish a Quality System that enables compliance with Appendix 1a to JCAR FCL 2.055, item 3 and Appendix 2 to JCAR FCL 2.055, item 3 (Quality Systems).

In order to show compliance with Appendix 1a to JCAR FCL 2.055, item 3 and Appendix 2 to JCAR FCL 2.055, item 3, an FT0/TRT0 should establish its Quality System in accordance with the instructions and information contained in the succeeding paragraphs.

THE QUALITY SYSTEM OF THE FTO/TRTO

1. Terminology

Accountable Manager.

A person acceptable to the Authority who has authority for ensuring that all training activities can be financed and carried out to the standards required by the Authority, and additional requirements defined by the FT0/TRT0.

Quality.

The totality of features and characteristics of a product or service that bear on its ability to satisfy stated or implied needs.

Quality Assurance.

All those planned and systematic actions necessary to provide adequate confidence that all training activities satisfy given requirements, including the ones specified by the FT0/TRT0 in relevant manuals.

Quality Manager.
The manager, acceptable to the Authority, responsible for the management of the Quality System, monitoring function and requesting corrective actions

**Quality Manual.**

The document containing the relevant information pertaining to the operator’s quality system and quality assurance programme

**Quality Audit.**

A systematic and independent examination to determine whether quality activities and related results comply with planned arrangements and whether these arrangements are implemented effectively and are suitable to achieve objectives.

2. **Quality Policy and Strategy**

It is of vital importance that the FT0/TRT0 describes how the organisation formulates, deploys, reviews its policy and strategy and turns it into plans and actions. A formal written Quality Policy Statement should be established that is a commitment by the Head of Training as to what the Quality System is intended to achieve.

The Quality Policy should reflect the achievement and continued compliance with relevant parts of JCAR FCL 2 together with any additional standards specified by the FT0/TRT0.

The Accountable Manager will have overall responsibility for the Quality System including the frequency, format and structure of the internal management evaluation activities.

3. **Purpose of a Quality System**

The implementation and employment of a Quality System will enable the FT0/TRT0 to monitor compliance with relevant parts of JCAR ops 3, the Operations Manual, the Training Manual, and any other standards as established by that FT0/TRT0, or the Authority, to ensure safe and efficient training.

4. **Quality Manager**

4.1 The primary role of the Quality Manager is to verify, by monitoring activities in the field of training, that the standards required by the Authority, and any additional requirements as established by the FT0/TRT0, are being carried out properly under the supervision of
the Head of Training, the Chief Flying Instructor and the Chief Ground Instructor.

4.2 The Quality Manager should be responsible for ensuring that the Quality Assurance Programme is properly implemented, maintained, continuously reviewed, and improved. The Quality Manager should:
- have direct access to the Head of Training;
- have access to all parts of the FT0/TRT0’s organisation.

4.3 In the case of small or very small FT0/TRT0s, the posts of the Head of Training and the Quality Manager may be combined. However, in this event, independent personnel should conduct quality audits. In the case of a training organisation offering integrated training the Quality Manager should not hold the position of Head of Training, Chief Flying Instructor and Chief Ground Instructor.

5. Quality System

5.1 The Quality System of the FT0/TRT0 should ensure compliance with and adequacy of training activities requirements, standards and procedures.

5.2 The FT0/TRT0 should specify the basic structure of the Quality System applicable to all training activities conducted.

5.3 The Quality System should be structured according to the size of the FT0/TRT0 and the complexity of the training to be monitored.

6. Scope

A Quality System should address the following:

6.1 Leadership

6.2 Policy and Strategy

6.3 Processes

6.4 The provisions of JCAR 119 ANNEX 3;

6.5 Additional standards and training procedures as stated by the FT0/TRT0;

6.6 The organisational structure of the FT0/TRT0;
6.7 Responsibility for the development, establishment and management of the Quality System;

6.8 Documentation, including manuals, reports and records;

6.9 Quality Assurance Programme;

6.10 The required financial, material, and human resources;

6.11 Training requirements.

6.12 Customer satisfaction.

7. Feedback System

The quality system should include a feedback system to ensure that corrective actions are both identified and promptly addressed. The feedback system should also specify who is required to rectify discrepancies and non-compliance in each particular case, and the procedure to be followed if corrective action is not completed within an appropriate timescale.

8. Documentation

Relevant documentation includes the relevant part(s) of the Training and Operations Manual, which may be included in a separate Quality Manual.

8.1 In addition relevant documentation should also include the following: Quality Policy; Terminology; Specified training standards; A description of the organisation; The allocation of duties and responsibilities; Training procedures to ensure regulatory compliance;

8.2 The Quality Assurance Programme, reflecting:

- Schedule of the monitoring process;
- Audit procedures;
- Reporting procedures;
- Follow-up and corrective action procedures; Recording system
- The training syllabus; and Document control

9. Quality Assurance Programme
The Quality Assurance Programme should include all planned and systematic actions necessary to provide confidence that all training are conducted in accordance with all applicable requirements, standards and procedures.

10. Quality Inspection

The primary purpose of a quality inspection is to observe a particular event/action/document etc., in order to verify whether established training procedures and requirements are followed during the accomplishment of that event and whether the required standard is achieved. Typical subject areas for quality inspections are: Actual flight and ground training; Maintenance; Technical Standards; and Training Standards.

11. Audit

An audit is a systematic, and independent comparison of the way in which a training is being conducted against the way in which the published training procedures say it should be conducted.

Audits should include at least the following quality procedures and processes:

- An explanation of the scope of the audit;
- Planning and preparation;
- Gathering and recording evidence; and Analysis of the evidence;
- The various techniques that make up an effective audit are: Interviews or discussions with personnel;
- A review of published documents;
- The examination of an adequate sample of records;
- The witnessing of the activities which make up the training; and
- The preservation of documents and the recording of observations

12. Auditors

The FT0/TRT0 should decide, depending on the complexity of the training, whether to make use of a dedicated audit team or a single auditor. In any event, the auditor or audit team should have relevant training and/or operational experience. The responsibilities of the auditors should be clearly defined in the relevant documentation.
13. Auditor’s Independence

Auditors should not have any day-to-day involvement in the area of the operation or maintenance activity which is to be audited. An FT0/TRT0 may, in addition to using the services of full-time dedicated personnel belonging to a separate quality department, undertake the monitoring of specific areas or activities by the use of part-time auditors.

An FT0/TRT0 whose structure and size does not justify the establishment of full-time auditors, may undertake the audit function by the use of part-time personnel from within his own organisation or from an external source under the terms of an agreement acceptable to the Authority.

In all cases, the FT0/TRT0 should develop suitable procedures to ensure that persons directly responsible for the activities to be audited are not selected as part of the auditing team. Where external auditors are used, it is essential that any external specialist is familiar with the type of training conducted by the FT0/TRT0.

The Quality Assurance Programme of the FT0/TRT0 should identify the persons within the company who have the experience, responsibility and authority to:

- Perform quality inspections and audits as part of ongoing Quality Assurance;
- Identify and record any concerns or findings, and the evidence necessary to substantiate such concerns or findings;
- Initiate or recommend solutions to concerns or findings through designated reporting channels;
- Verify the implementation of solutions within specific timescales;
- Report directly to the Quality Manager.

14. Audit Scope

FT0/TRT0s are required to monitor compliance with the training and Operations Manuals they have designed to ensure safe and efficient training. In doing so they should as a minimum, and where appropriate, monitor:

(a) Organisation;

(b) Plans and objectives;
(c) Training Procedures;
(d) Flight Safety;
(e) Manuals, Logs, and Records;
(f) Flight and Duty Time Limitations,
(g) Rest Requirements, and Scheduling;
(h) Helicopter Maintenance/Operations interface;
(i) Maintenance Programmes and Continued Airworthiness;
(j) Airworthiness Directives management;
(k) Maintenance Accomplishment;

15. Audit Scheduling

A Quality Assurance Programme should include a defined audit schedule and a periodic review cycle. The schedule should be flexible, and allow unscheduled audits when trends are identified. Follow-up audits should be scheduled when necessary to verify that corrective action was carried out and that it was effective.

An FT0/TRT0 should establish a schedule of audits to be completed during a specific calendar period. All aspects of the training should be reviewed within a period of 12 months in accordance with the programme unless an extension to the audit period is accepted as explained below.

An FT0/TRT0 may increase the frequency of their audits at their discretion but should not decrease the frequency without the acceptance of the Authority. It is considered unlikely that a period of greater than 24 months would be acceptable for any audit topic.

When an FT0/TRT0 defines the audit schedule, significant changes to the management, organisation, training, or technologies should be considered, as well as changes to the regulatory requirements.

16. Monitoring and Corrective Action
The aim of monitoring within the Quality System is primarily to investigate and judge its effectiveness and thereby to ensure that defined policy, training standards are continuously complied with. Monitoring activity is based upon quality inspections, audits, corrective action and follow-up. The FT0/TRT0 should establish and publish a quality procedure to monitor regulatory compliance on a continuing basis. This monitoring activity should be aimed at eliminating the causes of unsatisfactory performance.

Any non-compliance identified should be communicated to the manager responsible for taking corrective action or, if appropriate, the Accountable Manager. Such non-compliance should be recorded, for the purpose of further investigation, in order to determine the cause and to enable the recommendation of appropriate corrective action.

The Quality Assurance Programme should include procedures to ensure that corrective actions are developed in response to findings. These quality procedures should monitor such actions to verify their effectiveness and that they have been completed. Organisational responsibility and accountability for the implementation of corrective action resides with the department cited in the report identifying the finding. The Accountable Manager will have the ultimate responsibility for ensuring, through the Quality Manager(s), that corrective action has re-established compliance with the standard required by the Authority and any additional requirements established by the FT0/TRT0.

17. **Corrective action**

Subsequent to the quality inspection/audit, the FT0/TRT0 should establish:

(a) The seriousness of any findings and any need for immediate corrective action;

(b) The origin of the finding;

(c) What corrective actions are required to ensure that the non-compliance does not recur;

(d) A schedule for corrective action;

(e) The identification of individuals or departments responsible for implementing corrective action;

(f) Allocation of resources by the Accountable Manager where
appropriate

17.1 The Quality Manager should:

17.1.1 Verify that corrective action is taken by the manager responsible in response to any finding of non-compliance;

17.1.2 Verify that corrective action includes the elements outlined in paragraph 16 above;

17.1.3 Monitor the implementation and completion of corrective action;

17.1.4 Provide management with an independent assessment of corrective action, implementation and completion;

17.1.5 Evaluate the effectiveness of corrective action through the follow-up process

18. Management Evaluation

A management evaluation is a comprehensive, systematic documented review by the management of the quality system, training policies, and procedures, and should consider: The results of quality inspections, audits and any other indicators; as well as the overall effectiveness of the management organisation in achieving stated objectives. A management evaluation should identify and correct trends, and prevent, where possible, future non-conformities. Conclusions and recommendations made as a result of an evaluation should be submitted in writing to the responsible manager for action. The responsible manager should be an individual who has the authority to resolve issues and take action. The Accountable Manager should decide upon the frequency, format, and structure of internal management evaluation activities.

19. Recording

Accurate, complete, and readily accessible records documenting the results of the Quality Assurance Programme should be maintained by the FT0/TRT0. Records are essential data to enable an FT0/TRT0 to analyse and determine the root causes of non-conformity, so that areas of non-compliance can be identified and subsequently addressed. The following records should be retained for a period of 5 years:

- Audit Schedules;
- Quality inspection and Audit reports;
- Responses to findings;
Corrective action reports;  
Follow-up and closure reports; Management Evaluation reports.

20. **Quality Assurance Responsibility for Sub-Contractors**

An FT0/TRT0 may decide to sub-contract out certain activities to external organisations subject to the approval of the authority.

The ultimate responsibility for the training provided by the subcontractor always remains with the FT0/TRT0. A written agreement should exist between the FT0/TRT0 and the sub-contractor clearly defining the safety related services and quality to be provided. The sub-contractor's safety related activities relevant to the agreement should be included in the FT0/TRT0's Quality Assurance Programme.

The FT0/TRT0 should ensure that the sub-contractor has the necessary authorisation/approval when required, and commands the resources and competence to undertake the task. If the FT0/TRT0 requires the sub-contractor to conduct activity which exceeds the sub-contractor's authorisation/approval, the FT0/TRT0 is responsible for ensuring that the sub-contractor's quality assurance takes account of such additional requirements.

21. **Quality System Training**

Correct and thorough training is essential to optimise quality in every organisation. In order to achieve significant outcomes of such training the FT0/TRT0 should ensure that all staff understands the objectives as laid down in the Quality Manual. Those responsible for managing the Quality System should receive training covering:

- An introduction to the concept of Quality System;
- Quality management;
- Concept of Quality Assurance;
- Quality manuals;
- Audit techniques;
- Reporting and recording; and

The way in which the Quality System will function in the FT0/TRT0.

Time should be provided to train every individual involved in quality management and for briefing the remainder of the employees. The
allocation of time and resources should be governed by the size and complexity of the operation concerned.

22. Sources of Training

Quality management courses are available from the various National or International Standards Institutions, and an FT0/TRT0 should consider whether to offer such courses to those likely to be involved in the management of Quality Systems. Organisations with sufficient appropriately qualified staff should consider whether to carry out in-house training.

23. Quality Systems for small/very small Organisations

The requirement to establish and document a Quality System, and to employ a Quality Manager applies to all FT0/TRT0s.

Complex quality systems could be inappropriate for small or very small FT0/TRT0s and the clerical effort required to draw up manuals and quality procedures for a complex system may stretch their resources. It is therefore accepted that such FT0/TRT0s should tailor their quality systems to suit the size and complexity of their training and allocate resources accordingly.

For small and very small FT0/TRT0s it may be appropriate to develop a Quality Assurance Programme that employs a checklist. The checklist should have a supporting schedule that requires completion of all checklist items within a specified timescale, together with a statement acknowledging completion of a periodic review by top management. An occasional independent overview of the checklist content and achievement of the Quality Assurance should be undertaken.

The small FT0/TRT0 may decide to use internal or external auditors or a combination of the two. In these circumstances it would be acceptable for external specialists and or qualified organisations to perform the quality audits on behalf of the Quality Manager.

If the independent quality audit function is being conducted by external auditors, the audit schedule should be shown in the relevant documentation.

Whatever arrangements are made, the FT0/TRT0 retains the ultimate responsibility for the quality system and especially the completion and follow-up of corrective actions.
IEM No. 2 to JCAR FCL 2.055
Financial Evaluation of Flying Training Organisations (FTO’s) / Type Rating Training Organisations (TRTO’s)
(See Appendix 1a and 2 to JCAR FCL 2.055)

OBJECTIVE

1. The objective of this IEM is to set out the means of compliance for the Authority to be satisfied that FT0s/TRT0s have sufficient funding available to conduct training to the approved standards of JCAR FCL 2. Paragraph 9 of Appendix 1a to JCAR FCL 2.055 and paragraph 8 of Appendix 2 to JCAR FCL 2.055 address the maintenance of acceptable flying training standards throughout the duration of a course. It is not intended to be a consumer protection provision. The grant and revalidation of an approval cannot therefore be construed as a guarantee of the underlying financial soundness of the organisation. It is an indication, on the basis of financial information provided, that the approved organisation can provide sufficient facilities and qualified staff such that flying training can be, or can continue to be, provided in accordance with relevant JCAR 61 training requirements and standards.

APPLICATION FOR APPROVAL OR REVALIDATION

2. Any application for initial approval or revalidation is to be supported by a plan, covering the period of approval requested, which includes at least the following information:

(a) Training facilities and number of students
Details, as appropriate, of:
- The number and types of training helicopters that will be used;
- The number of flight and ground instructors that will be employed;
- The number of classrooms and other types of training facilities (synthetic training devices, etc.) intended for use;
- The supporting infrastructure (staff offices, operations room, briefing rooms, rest rooms, hangars, etc.)
3. The plan submitted in support of an application for initial approval or revalidation is to be accompanied by a Financial Statement from the applicant's bankers or auditors which certifies that the applicant has, or has recourse to, sufficient financial resources to meet the applicant's proposals as described in the plan to conduct JCAR FCL 2 approved courses. An appropriately revised Financial Statement will be required whenever the applicants wish to expand their activities in addition to those described in the plan, in order to satisfy the requirements of JCAR 61.

ONGOING FINANCIAL MONITORING

4. After approval has been granted, if the Authority has reason to believe that the necessary standards of compliance with JCAR FCL 2 are not being met or may not be met due to a lack or apparent lack of financial resources, the Authority may require the organisation to demonstrate in a written submission that sufficient funds can and will be made available to continue to meet the terms of approval, or such modifications to it as may have been agreed with the Authority. Any such submission is to be accompanied by a further Financial Statement signed by the approved organisation's bankers or auditors.

5. The Authority may also require a Financial Statement if it appears to the Authority that operation of the approved course(s) is significantly at variance with the proposals contained in the business plan.
IEM No.3 to JCAR FCL 2.055

Flying Training Organisations for pilot licences and ratings

(See Appendix 1a and 2 to JCAR FCL 2.055)

(See IEM No. 4 to JCAR FCL 2.055)

TRAINING MANUAL

Training Manuals for use at an FT0 or TRT0 conducting approved integrated or modular flying training courses should include the following:

Part I - The Training Plan

The aim of the course
(ChP),CPL/IR(Ch),CPL(Ch)as (applicable)
A statement of what the student is expected to
do as a result of the training, the level of
performance, and the training constraints to be
observed.

Pre-entry requirements
Minimum age, educational requirements (including
language), medical requirements,
Any individual State requirements

Credits for previous
experience
To be obtained from the Authority before training
begins.

Training Syllabi
The flying syllabus (single-engine), the
flying syllabus (multi-engine), the synthetic
flight training syllabus and the theoretical
knowledge training syllabus.

The time scale and scale
in time, weeks, for each
syllabus
Arrangements of the course and the integration of
syllabi

Training programme
The general arrangements of daily and weekly
programmes for flying,ground and synthetic flight
training
Bad weather constraints
Programme constraints in terms of maximum
student training times, (flying, theoretical
knowledge, synthetic) e.g. per day/week/month.
Restrictions in respect of duty periods for students
Duration of dual and solo flights at various stages
Maximum flying hours in any day/night; maximum
<table>
<thead>
<tr>
<th>Section</th>
<th>Training records</th>
<th>Safety training</th>
<th>Tests and examinations</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>number of training flights in any day/night</td>
<td>Individual responsibilities,</td>
<td>Flying</td>
</tr>
<tr>
<td></td>
<td>Minimum rest period between duty periods</td>
<td>Essential exercises,</td>
<td>(a) Progress checks</td>
</tr>
<tr>
<td></td>
<td>Rules for security of records and documents</td>
<td>Emergency drills (frequency),</td>
<td>(b) Qualifying tests</td>
</tr>
<tr>
<td></td>
<td>Attendance records,</td>
<td>Dual checks (frequency at various stages),</td>
<td>Theoretical Knowledge</td>
</tr>
<tr>
<td></td>
<td>The form of training records to be kept,</td>
<td>Requirement before first solo day/night/navigation etc.</td>
<td>(a) Progress tests</td>
</tr>
<tr>
<td></td>
<td>Persons responsible for checking records and students' log books,</td>
<td></td>
<td>(b) Qualifying examinations</td>
</tr>
<tr>
<td></td>
<td>The nature and frequency of record checks,</td>
<td></td>
<td>Authorisation for test.</td>
</tr>
<tr>
<td></td>
<td>Standardization of entries in training records,</td>
<td></td>
<td>Rules concerning refresher training before retest.</td>
</tr>
<tr>
<td></td>
<td>Rules concerning log book entries.</td>
<td></td>
<td>Test reports and records.</td>
</tr>
</tbody>
</table>

Procedures for examination paper preparation, type of question and assessment, standard required for Pass'.

Procedure for question analysis and review and for raising replacement papers.
<table>
<thead>
<tr>
<th>Training effectiveness</th>
<th>Examination resit procedures.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Individual responsibilities,</td>
</tr>
<tr>
<td></td>
<td>General assessment,</td>
</tr>
<tr>
<td></td>
<td>Liaison between departments,</td>
</tr>
<tr>
<td></td>
<td>Identification of unsatisfactory progress (individual students),</td>
</tr>
<tr>
<td></td>
<td>Actions to correct unsatisfactory progress,</td>
</tr>
<tr>
<td></td>
<td>Procedure for changing instructors,</td>
</tr>
<tr>
<td></td>
<td>Maximum number of instructor changes per student,</td>
</tr>
<tr>
<td></td>
<td>Internal feedback system for detecting training deficiencies,</td>
</tr>
<tr>
<td></td>
<td>Procedure for suspending a student from training,</td>
</tr>
<tr>
<td></td>
<td>Discipline,</td>
</tr>
<tr>
<td></td>
<td>Reporting and documentation</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Standards and Level of performance at various stages</th>
<th>Individual responsibilities</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Standardization,</td>
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<tr>
<td></td>
<td>Standardization requirements and procedures,</td>
</tr>
<tr>
<td></td>
<td>Application of test criteria</td>
</tr>
</tbody>
</table>
## Part 2 - Briefing and Air Exercises

<table>
<thead>
<tr>
<th>Section</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Air Exercise</td>
<td>A detailed statement of the content specification of all the air exercises to be taught, arranged in the sequence to be flown with main and subtitles. This should normally be the same as the air exercise specification for the flight instructor rating course.</td>
</tr>
<tr>
<td>Air exercise reference List</td>
<td>An abbreviated list of the above exercises giving only main and subtitles for quick reference, and preferably in flip-card form to facilitate daily use by flight instructors.</td>
</tr>
<tr>
<td>Course structure - Phase of training</td>
<td>A statement of how the course will be divided into phases, indication of how the above air exercises will be divided between the phases and how they will be arranged to ensure that they are completed in the most suitable learning sequence and that essential (emergency) exercises are repeated at the correct frequency. Also, the syllabus hours for each phase and for groups of exercises within each phase shall be stated and when progress tests are to be conducted, etc.</td>
</tr>
<tr>
<td>Course structure integration of syllabi</td>
<td>The manner in which theoretical knowledge, synthetic flight training and flying training will be integrated so that as the flying training exercises are carried out students will be able to apply the knowledge gained from the associated theoretical knowledge instruction and synthetic flight training.</td>
</tr>
<tr>
<td>Student progress</td>
<td>The requirement for student progress and include a brief but specific statement of what a student is expected to be able to do and the standard of proficiency he must achieve before progressing from one phase of air exercise training to the next. Include minimum experience requirements in terms of hours, satisfactory exercise completion, etc. as necessary before significant...</td>
</tr>
</tbody>
</table>
exercises, e.g. night flying

**Instructional methods**  
The FT0 requirements, particularly in respect of pre- and post-flying briefing, adherence to syllabi and training specifications, authorisation of solo flights, etc

**Progress tests**  
The instructions given to examining staff in respect of the conduct and documentation of all progress tests

**Glossary of terms**  
Definition of significant terms as necessary

**Appendices**  
Progress test report forms.

- Skill test report forms.
- FT0 certificates of experience, competence, etc. as required

---

**Part 3 - Briefing and Air Exercises**
Structure generally as for Part 2

**Part 4 - Theoretical Knowledge instruction**

**Structure of the theoretical knowledge course**  
A statement of the structure of the course, including the general sequence of the topics to be taught in each subject, the time allocated to each topic, the breakdown per subject and an example of a course schedule. Distance Learning courses should include instructions of the material to be studied for individual elements of the course

**Lesson Plans**  
A description of each lesson or group of lessons including teaching materials, training aids, progress test organisation and inter-connection of topics with other subjects

**Teaching materials**  
Specification of the training aids to be used (e.g. study materials,

- Course manual references, exercises, self-study
Student progress
The requirements for student progress, including a brief but specific statement of the standard that must be achieved and the mechanism for achieving this, before application for theoretical knowledge examinations.

Progress testing
The organisation of progress testing in each subject, including topics covered, evaluation methods and documentation

Review procedure
The procedure to be followed if the standard required at any stage of the course is not achieved, including an agreed action plan with remedial training if required.

OPERATIONS MANUAL

Operations Manuals for use at an FT0 conducting approved integrated or modular flying training courses include the following:

(a) General
- A list and description of all volumes in the Operations Manual
- Administration (function and management)
- Responsibilities (all management and administrative staff)
- Student discipline and disciplinary action
- Approval/authorisation of flights
- Preparation of flying programme (restriction of numbers of helicopters in poor weather)
- Command of helicopter
- Responsibilities of pilot-in-command
- Carriage of passengers
- Helicopter documentation
- Retention of documents
- Flight crew qualification records (licenses and ratings)
- Revalidation (medical certificates and ratings)
- Flying duty period and flight time limitations (flying instructors)
- Flying duty period and flight time limitations (students)
- Rest periods (flying instructors)
- Rest periods (students)
- Pilots' log books
- Flight planning (general)
- Safety (general) - equipment, radio listening watch, hazards, accidents and incidents (including reports), safety pilots etc.

(b) Technical
- Helicopter descriptive notes
- Helicopter handling (including checklists, limitations, helicopter maintenance and technical logs, in accordance with relevant JCAR’s, etc.)
- Emergency procedures
- Radio and radio navigation aids
- Allowable deficiencies, (based on MMEL, if available)

(c) Route
- Performance (legislation, take-off, route, landing etc.),
- Flight planning (fuel, oil, minimum safe altitude navigation equipment etc.)
- Loading (load sheets, mass, balance, limitations)
- Weather minima (flying instructors)
- Weather minima (students - at various stages of training)
- Training routes/areas
(d) **Staff Training**

- Appointments of persons responsible for standards/competence of flying staff
  - Initial training
  - Refresher training
  - Standardisation training
  - Proficiency checks
  - Upgrading training
  - FT0 staff standards evaluation
### IEM no. 4 to JCAR FCL 2.055

**Overview of Synthetic Flight Training Credits for Dual Instruction in Helicopter Flying Training Courses**

<table>
<thead>
<tr>
<th>ATPL(H)/IR Integrated</th>
<th>FSTD Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dual</td>
<td>Solo</td>
</tr>
<tr>
<td>Visual, including ME T/R training</td>
<td>75 hrs</td>
</tr>
<tr>
<td>Basic Instrument</td>
<td>10 hrs</td>
</tr>
<tr>
<td>Instrument Rating training</td>
<td>40 hrs</td>
</tr>
<tr>
<td>MCC</td>
<td>15 hrs</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>140 hrs</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ATPL(H)~VFR Integrated</th>
<th>FSTD Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dual</td>
<td>Solo</td>
</tr>
<tr>
<td>Visual including ME T/R training</td>
<td>75 hrs</td>
</tr>
<tr>
<td>Basic Instrument</td>
<td>10 hrs</td>
</tr>
<tr>
<td>MCC I VFR</td>
<td>10 hrs</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>95 hrs</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CPL(H)IIR Integrated</th>
<th>FSTD Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dual</td>
<td>Solo</td>
</tr>
<tr>
<td>Training Category</td>
<td>Visual including ME TIR</td>
</tr>
<tr>
<td>---------------------------------------</td>
<td>-------------------------</td>
</tr>
<tr>
<td></td>
<td>75 hrs</td>
</tr>
<tr>
<td></td>
<td>15 hrs</td>
</tr>
<tr>
<td></td>
<td>-</td>
</tr>
<tr>
<td>Instrument Rating training</td>
<td>40 hrs</td>
</tr>
<tr>
<td></td>
<td>-</td>
</tr>
<tr>
<td>Total</td>
<td>125 hrs</td>
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</tbody>
</table>

### CPL(H) Integrated

<table>
<thead>
<tr>
<th>Training Category</th>
<th>Visual</th>
<th>Basic Instrument</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>75 hrs</td>
<td>10 hrs</td>
<td>125 hrs</td>
</tr>
<tr>
<td></td>
<td>15 hrs</td>
<td>-</td>
<td>FS; FTD; FNPT</td>
</tr>
<tr>
<td></td>
<td>35 hrs</td>
<td>-</td>
<td>125 hrs</td>
</tr>
<tr>
<td>Basic instrument</td>
<td>10 hrs</td>
<td>5 hrs FSD; FTD 1,2,3; FNPT I, II, III</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>85 hrs</td>
<td>50 hrs</td>
<td>135 hrs</td>
</tr>
<tr>
<td></td>
<td>-</td>
<td>35 hrs FS or 30 hrs FTD 2,3 or 25 hrs FNPT II, III or</td>
<td></td>
</tr>
</tbody>
</table>

### CPL(H) Modular

<table>
<thead>
<tr>
<th>Training Category</th>
<th>Visual</th>
<th>Basic Instrument</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>20 hrs</td>
<td>5 hrs FSD; FTD 2,3; FNPT II, III</td>
<td></td>
</tr>
<tr>
<td></td>
<td>-</td>
<td>10 hrs</td>
<td>20 hrs</td>
</tr>
<tr>
<td>Basic instrument</td>
<td>10 hrs</td>
<td>5 hrs FSD; FTD 1,2,3; FNPT I, II, III</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>30 hrs</td>
<td>50 hrs</td>
<td>30 hrs</td>
</tr>
<tr>
<td></td>
<td>-</td>
<td>10 hrs</td>
<td>FS; FTD 2,3; FNPT II, III or 5 hrs</td>
</tr>
</tbody>
</table>

### IR(H) Modular

<table>
<thead>
<tr>
<th>Training Category</th>
<th>Visual</th>
<th>Basic Instrument</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>50 hrs</td>
<td>5 hrs FSD; FTD 2,3; FNPT II, III</td>
<td></td>
</tr>
<tr>
<td></td>
<td>-</td>
<td>20 hrs</td>
<td>50 hrs</td>
</tr>
<tr>
<td>Single Engine</td>
<td>50 hrs</td>
<td>5 hrs FSD; FTD 1; FNPT I</td>
<td></td>
</tr>
<tr>
<td></td>
<td>-</td>
<td>20 hrs</td>
<td>50 hrs</td>
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<tr>
<td>----------------</td>
<td>-----</td>
<td>-----</td>
<td>-----</td>
</tr>
<tr>
<td>Multi Engine</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MCC(H) Modular</td>
<td>Dual</td>
<td>Solo</td>
<td>SPIC</td>
</tr>
<tr>
<td>MCC/VFR</td>
<td>15 hrs</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>MCC/IR</td>
<td>5 hrs</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>MCC(VFR+IR)</td>
<td>20 hrs</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

Note: Credits in FNPT I means, credits in an aeroplane FNPT I or in an helicopter FNPT I or in an aeroplane. Before commencing a CPL(H) modular course an applicant shall:

a) be the holder of a PPL(H) issued in accordance with ICAO Annex 1;

155 hours flight time as a pilot in helicopters, or 105 hours flight time as pilot in helicopters if holder of CPL(A), or 135 hours flight time as a pilot in helicopters if holder of PPL(A).
IEM JCAR-FCL 2.080
Recording of Flight Time

PILOT LOG BOOK

HOLDER'S NAME

HOLDER'S LICENSE NUMBER

Jordan Civil Aviation Regulatory Commission
<table>
<thead>
<tr>
<th>HOLDER’S ADDRESS</th>
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<td>…………………………………………………………</td>
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</tbody>
</table>

(SPACE FOR ADDRESS CHANGE)
| DATE | PLACE OF DEPARTURE
<table>
<thead>
<tr>
<th>dd/mm/yy</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
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</table>

<table>
<thead>
<tr>
<th>PLACE OF ARRIVAL</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>NAME &amp; PIC</th>
<th>TOTAL TIME OF FLIGHT</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>AIRCRAFT REGISTRATION</th>
<th>MAKE &amp; MODEL</th>
<th>TOTAL TIME</th>
</tr>
</thead>
<tbody>
<tr>
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<td></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>LANDING</th>
<th>DAY</th>
<th>NIGHT</th>
</tr>
</thead>
<tbody>
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<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>MULTI PILOT TIME</th>
<th>TOTAL THIS PAGE</th>
<th>TOTAL FROM PREVIOUS PAGES</th>
<th>TOTAL TIME</th>
</tr>
</thead>
<tbody>
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<table>
<thead>
<tr>
<th>ORIGINAL EFFECTIVE DATE</th>
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<tbody>
<tr>
<td></td>
</tr>
<tr>
<td>OPERATIONAL CONDITION</td>
</tr>
<tr>
<td>-----------------------</td>
</tr>
<tr>
<td>IFR</td>
</tr>
<tr>
<td>Night</td>
</tr>
<tr>
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</tr>
</tbody>
</table>
INSTRUCTIONS FOR USE

1. JCAR FCL2 and JCAR OPS 3 requires holders of a flight crew licence to record details of all flights flown in a format acceptable to CARC responsible for licence or rating issue. This log book enables pilot licence holders to record flying experience in a manner which will facilitate this process while providing a permanent record of the licence holders flying. Pilots who fly regularly aeroplanes and helicopters or other aircraft types are recommended to maintain separate log books for each type of flying.

2. Flight crew log book entries should be made as soon as practicable after any flight undertaken. All entries in the log book shall be made in ink or indelible pencil.

3. The particulars of every flight in the course of which the holder of a flight crew licence acts as a member of the operating crew of an aircraft are to be recorded in the appropriate columns using one line for each flight, provided that if an aircraft carries out a number of flights upon the same day returning on each occasion to the same place of departure and the interval between successive flights does not exceed thirty minutes, such series of flights may be recorded as a single entry.

4. Flight time is recorded from the time the aircraft first moves under its own power for the purpose of taking off until the time the aircraft finally comes to rest after landing (see JCAR FCL 2.001).

5. When an aircraft carries two or more pilots as members of the operating crew, one of them shall, before the flight commences, be designated by the operator as the aircraft "commander", in accordance with JCAR OPS 3, who may delegate the conduct of the flight to another suitable qualified pilot. All flying carried out as "commander" shall be entered in the logbook as "pilot-in-command". A pilot flying as "pilot-in-command under supervision" or "student pilot-in command" shall enter flying times as "pilot-in-command" but all such entries shall be certified by the commander or flight instructor in the "Remarks" column of the logbook.

6. Notes on recording of flight time:
   
   Column 1: enter date (dd/mm/yy) on which the flight commences;
   
   Column 2/3: Enter place of departure and destination in either full or internationally recognised three or four-letter designator. All times should be in UTC.
Column 5 : indicates whether the operation was single or multi-pilot, and for single-pilot operation whether single or multi-engine
Column 6: total time of flight may be entered in hours and minutes or decimal notation as desired.

Column 7: enter name of pilot-in-command or SELF as appropriate.

Column 8: indicate number of landings as pilot flying by day and/or night.

Column 9: enter flight time undertaken at night or under instrument flight rules if applicable.

Column 10: Pilot function time:

- Enter flight time as pilot-in-command (PIC), student pilot-in-command (SPIC) and pilot-in-command under supervision (PICUS) as PIC.
- All time recorded as SPIC or PICUS must be countersigned by the aircraft commander/flight instructor in the Remarks (column 12).
- Instructor time should be recorded as appropriate and entered as PIC.

Column 11: Flight Simulator (FS) or Flight Navigation Procedures Trainer (FNPT):
For FS enter type of aircraft and qualification number of the device. For other flight training devices enter either FNPT I or FNPT II as appropriate.

Total time of session includes all exercises carried out in the device, including pre- and after-flight checks.

Enter type of exercise performed in the Remarks (column 12), e.g. operator proficiency check, revalidation.

Column 12: the Remarks column may be used to record details of the flight at the holder's discretion. The following entries, however, must be made:

- Instrument flight time undertaken as part of training for a licence or rating
- Details of all skill tests and proficiency checks;
- Signature of PIC if the pilot is recording flight time as SPIC or PICUS,
- Signature of instructor if flight is part of a single-engine piston or touring motor glider class rating revalidation

7. When each page is completed, accumulated flight times should be entered in the appropriate columns and certified by the pilot in the remarks column

<table>
<thead>
<tr>
<th>9</th>
<th>10</th>
<th>11</th>
<th>12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operational Condition Time</td>
<td>Pilot Function Time</td>
<td>Synthetic Training Devices Session</td>
<td>Remarks And Endorsements</td>
</tr>
<tr>
<td>Night</td>
<td>IFR</td>
<td>Pilot-In-Command</td>
<td>Co-Pilot</td>
</tr>
<tr>
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AMC/IEM C - Private Pilots Licence

AMC JCAR FCL 2.125

Syllabus of theoretical knowledge and flight instruction for private pilot licence (helicopters) PPL(H)

(see JCAR FCL 2.125)(See appendix 1 to JCAR FCL 2.15).

AIRLAW

Legislation

1. The Convention on International Civil Aviation
2. The International Civil Aviation Organisation
3. Articles of the Convention
   1  Sovereignty
   2  Territory
   5  Flight over territory of Contracting States
   10 Landing at customs airports
   11 Applicability of air regulations
   12 Rules of the air
   13 Entry and clearance regulations of Contracting States
   16 Search of aircraft
   22 Facilitation of formalities
   23 Customs and immigration procedures
   24 Customs duty
   29 Documents to be carried in aircraft
   30 Use of aircraft radio equipment
   31 Certificate of airworthiness
   32 Licences of personnel
   33 Recognition of certificates and licences
34 Journey log books
35 Cargo restrictions
36 Restrictions on use of photographic equipment
37 Adoption of international standards and procedures
39 Endorsement of certificates and licences
40 Validity of endorsed certificates and licences

4. Annexes to the Convention (ICAO Annexes’)

Annex 7 Aircraft nationality and registration marks
- definitions
- aircraft registration marks
- certificate of registration
- identification plate

Annex 8 Airworthiness of aircraft
- definitions
- certificate of airworthiness
- continuing airworthiness
- validity of certificate of airworthiness
- instruments and equipment
- aircraft limitations and information

Rules of the air

Annex 2 Rules of the air
- definitions
- applicability
- general rules
- visual flight rules
- signals (Appendix 1)
- interception of civil aircraft (Appendix 2)

**Air traffic regulations and air traffic services**

**Annex 11** Air traffic regulations and air traffic services
- definitions
- objectives of air traffic services
- classification of airspace
- flight information regions, control areas and control zones
- air traffic control services
- flight information services
- alerting service
- visual meteorological conditions
- instrument meteorological conditions
- in-flight contingencies

**Annex 14** Aerodrome data
- definitions
- conditions of the movement area and related facilities

**Visual aids for navigation**
- indicators and signaling devices
- markings
- lights
- signs
- markers
- signal area
Visual aids for denoting obstacles
- marking of objects
- lighting of objects

Visual aids for denoting restricted use of areas

Emergency and other services
- fire and rescue service
- apron management service

Aerodrome ground lights and surface marking colours
- colours for aeronautical ground lights
- colours for surface markings

5. **ICAO Document 4444 - Rules of the air and air traffic services**

General provisions
- definitions
- ATS operating practices
- flight plan clearance and information
- control of air traffic flow
- altimeter setting procedures
- wake turbulence information
- meteorological information
- air reports (AIREP)

Area control service
- separation of controlled traffic in the various classes of airspace
- pilots, responsibility to maintain separation in VMC
- emergency and communications failure procedures by the pilot
- interception of civil aircraft

Approach control service
- departing and arriving aircraft procedures in VMC

Aerodrome control service
- function of aerodrome control towers
- VFR operations
- traffic and circuit procedures
- information to aircraft

Flight information and alerting service
- air traffic advisory service
- objectives and basic principles

**JCAR regulations**

6. **Jordanian Civil Aviation Regulations**

**JCAR FCL 2 Subpart A - General Requirements**
- 2.025 - Validity of licences and ratings
- 2.035 - Medical fitness
- 2.040 - Decrease in medical fitness
- 2.050 - Crediting of flight time and theoretical knowledge
- 2.065 - State of licence issue

**JCAR FCL 2 Subpart B - Student pilot**
- 2.085 - Requirements
- 2.090 - Minimum Age
- 2.095 - Medical fitness

**JCAR FCL 2 Subpart C - Private pilot licence**
- 2.100 - Minimum Age
- 2.105 - Medical fitness
- 2.110 - Privileges and conditions
- 2.115 - Ratings for special purposes
- 2.120 - Experience and Crediting
- 2.125 - Training Course
- 2.130 - Theoretical knowledge examination
- 2.135 - Skill test

**JCAR FCL 2 Subpart E - Instrument rating**
- 2.175 - Circumstances in which an instrument rating is required

**JCAR FCL 2 Subpart F - Type ratings**
- 2.225 - Circumstances in which type ratings are required
- 2.245 - Validity, revalidation and renewal

**JCAR FCL 2 Subpart H - Instructor ratings**
- 2.305 - Instruction - General

**AIRCRAFT GENERAL KNOWLEDGE**

**Airframe/Rotors**

7. Airframe structure
   - helicopter configuration (single, tandem, co-axial, side by side rotors, directional controls)
   - fuselage (type of construction, structural components, materials)
   - rotors (types, components, materials)
   - blades (aerodynamic profiles, construction, materials)
   - control surfaces (vertical fin, horizontal plane, construction, material)
   - primary flying control systems (type, components)
   - cockpit and cabin
   - landing gear (types, wheels and tyres, braking system,
shock absorbers)

8. Airframe loads
   - limiting loads
   - safety factor
   - control and rotor locks and use
   - ground/flight precautions

Powerplant

9. Piston engine
   - causes of pre-ignition and detonation

10. General
    - design types
    - principles of the 4-stroke internal combustion engine
    - mechanical components

11. Lubrication system
    - function
    - schematic construction
    - monitoring instruments and indicators
    - lubricants

12. Air cooling
    - system monitoring
    - cylinder head temperature
    - cowl flaps

13. Ignition
    - schematic construction and function
    - types of ignition
    - magneto check
14. Engine fuel supply
   - carburettor (construction and mode of operation, carburettor icing)
   - fuel injection (construction and mode of operation)
   - alternate air

15. Engine performance
   - pressure/density altitude
   - performance as a function of pressure and temperature

16. Power augmentation devices
   - turbocharger, supercharger (construction and effect on engine performance)

17. Fuel
   - types, grades
   - detonation characteristics, octane rating
   - colour coding
   - additives
   - water content, ice formation
   - fuel density
   - alternate fuels, differences in specifications, limitations

18. Mixture
   - rich and lean mixture
   - maximum power and fuel economy mixture setting

19. Engine handling and manipulation
   - power setting, power range
   - mixture setting
   - operational limitations

20. Operational criteria
- maximum and minimum RPM
- (induced) engine vibration and critical RPM
- remedial action by abnormal engine start, run-up and in flight
- type related items (see AMC JCAR FCL 2.261(a), paragraphs 1.2 to 1.2.4)

**Systems**

21. Electrical system
   - installation and operation of alternators/generators
   - direct current supply
   - batteries, capacity and charging
   - voltmeters and ammeters
   - circuit breakers and fuses
   - electrically operated services and instruments
   - recognition of malfunctions
   - procedure in the event of malfunctions

22. Hydraulic systems
   - components, fluids
   - operation, indication, warning systems
   - auxiliary systems

**Instruments**

23. Pitot/static system
   - pitot tube, function
   - pitot tube, principles and construction
   - static source
   - alternate static source
   - position error
   - system drains
   - heating element
- errors caused by blockage or leakage

24. **Airspeed indicator**
   - principles of operation and construction
   - relationship between pitot and static pressure
   - definitions of indicated, calibrated and true airspeed
   - instrument errors
   - airspeed indications, colour coding
   - pilot's serviceability checks

25. **Altimeter**
   - principles of operation and construction
   - function of the sub-scale
   - effects of atmospheric density
   - pressure altitude
   - true altitude
   - international standard atmosphere
   - flight level
   - presentation (three needle)
   - instrument errors
   - pilot's serviceability checks

26. **Vertical speed indicator**
   - principles of operation and construction
   - function
   - inherent lag
   - instantaneous VSI
   - presentation
   - pilot's serviceability checks

27. **Gyroscopes**
   - principles
28. Turn indicator
   - rate gyro
   - purpose and function
   - effect of speed
   - presentation
   - turn co-ordinator
   - limited rate of turn indications
   - power source
   - balance indicator
   - principle
   - presentation
   - pilot's serviceability checks

29. Attitude indicator
   - earth gyro
   - purpose and function
   - presentations
   - interpretation
   - operating limitations
   - power source
   - pilot's serviceability checks

30. Heading indicator
   - directional gyro
   - purpose and function
   - presentation
   - use with magnetic compass
   - setting mechanism
   - apparent drift
- operating limitations
- power source
- pilot's serviceability checks

31. Magnetic compass
- construction and function
- earth's magnetic field
- variation and deviation
- turning, acceleration errors
- precautions when carrying magnetic items
- pilot's serviceability checks

32. Engine instruments
- principles, presentation and operational use of:
  - oil temperature gauge
  - oil pressure gauge
  - cylinder head temperature gauge
  - exhaust gas meter
  - manifold pressure gauge
  - fuel pressure gauge
  - fuel flow gauge
  - fuel quantity gauge(s)
  - tachometers

33. Other instruments
- principles, presentation and operational use of:
  - voltmeter and ammeter
  - warning indicators (audio or visual)
  - others relevant to helicopter type

Airworthiness

34. Airworthiness
- certificate to be in force
- compliance with requirements
- periodic maintenance inspections
- compliance with flight manual (or equivalent), e.g. H/V diagram instructions, limitations, placards
- flight manual supplements
- provision and maintenance of documents
- helicopter, engine and rotor blade log books
- recording of defects
- permitted maintenance by pilots

FLIGHT PERFORMANCE AND PLANNING

Mass and balance

35. Mass and balance

- limitations on maximum mass
- forward and aft limitations of centre of gravity, normal and utility operation
- mass and centre of gravity calculations
- helicopter manual and balance sheet

Performance

36. Take-off

- take-off run and distance available
- take-off and initial climb
- effects of mass, wind and density altitude
- effects of ground surface and gradient

37. Landing

- effects of mass, wind, density altitude and approach speed
- ground surface and gradient
38. In-flight
- relationship between power required and power available
- performance diagram
- maximum rate and maximum angle of climb
- range and endurance
- effects of configuration, mass, temperature and altitude
- reduction of performance during climbing turns
- autorotation
- adverse effects
- icing, rain
- condition of the airframe

HUMAN PERFORMANCE AND LIMITATIONS Basic physiology

39. Concepts
- composition of the atmosphere
- the gas laws
- respiration and blood circulation

40. Effects of partial pressure
- effect of increasing altitude
- gas transfer
- hypoxia
- symptoms
- prevention
- cabin pressurization
- effects of rapid decompression
- time of useful consciousness
- the use of oxygen masks and rapid descent
- hyperventilation
- symptoms
- avoidance
- effects of accelerations
41. Vision
   - physiology of vision
   - limitations of the visual system
   - vision defects
   - optical illusions
   - spatial disorientation
   - avoidance of disorientation

42. Hearing
   - physiology of hearing
   - inner ear sensations
   - effects of altitude change
   - noise and hearing loss
   - protection of hearing
   - spatial disorientation
   - conflicts between ears and eyes
   - prevention of disorientation

43. Motion sickness
   - causes
   - symptoms
   - prevention

44. Flying and health
   - medical requirements
   - effect of common ailments and cures
   - colds
   - stomach upsets
   - drugs, medicines, and side effects
   - alcohol
   - fatigue
- personal fitness
- passenger care
- scuba diving - precautions before flying

45. Toxic hazards
- dangerous goods
- carbon monoxide from heaters

**Basic psychology**

46. The information process
- concepts of sensation
- cognitive perception
- expectancy
- anticipation
- habits

47. The central decision channel
- mental workload, limitations
- information sources
- stimuli and attention
- verbal communication
- memory and its limitations
- causes of misinterpretation

48. Stress

Causes and effects
- concepts of arousal
- effects on performance
- identifying and reducing stress

49. Judgment and decision-making
- concepts of pilots' judgment
psychological attitudes
behavioral aspects
risk assessment
development of situational awareness

METEOROLOGY

50. The atmosphere
- composition and structure
- vertical divisions

51. Pressure, density and temperature
- barometric pressure, isobars
- changes of pressure, density and temperature with altitude
- altimetry terminology
- solar and terrestrial energy radiation, temperature
- diurnal variation of temperature
- adiabatic process
- temperature lapse rate
- stability and instability
- effects of radiation, advection subsidence and convergence

52. Humidity and precipitation
- water vapour in the atmosphere
- vapour pressure
- dew point and relative humidity
- condensation and vaporisation
- precipitation

53. Pressure and wind
- high and low pressure areas
- motion of the atmosphere, pressure gradient
- vertical and horizontal motion, convergence, divergence
- surface and geostrophic wind
- effect of wind gradient and winds hear on take-off and landing
- relationship between isobars and wind, Buys Ballot's law
- turbulence and gustiness
- local winds, Fohn, land and sea breezes

54. Cloud formation
- cooling by advection, radiation and adiabatic expansion
- cloud types
- convection clouds
- orographic clouds
- stratiform and cumulus clouds
- flying conditions in each cloud type

55. Fog, mist and haze
- radiation, advection, frontal, freezing fog
- formation and dispersal
- reduction of visibility due to mist, snow, smoke, dust and sand
- assessment of probability of reduced visibility
- hazards in flight due to low visibility, horizontal and vertical

56. Air masses
- description of and factors affecting the properties of air masses
- classification of air masses, region of origin
- modification of air masses during their movement
- development of low and high pressure systems
- weather associated with pressure systems

57. Frontology
- formation of cold and warm fronts
- boundaries between air masses
- development of a warm front
- associated clouds and weather
- weather in the warm sector
- development of a cold front
- associated clouds and weather
- occlusions
- associated clouds and weather
- stationary fronts
- associated clouds and weather

58. Ice accretion
- conditions conducive to ice formation
- effects of hoar frost, rime ice, clear ice
- effects of icing on aeroplane performance
- precautions and avoidance of icing conditions
- powerplant icing
- precautions, prevention and clearance of induction and carburettor icing

59. Thunderstorms
- formation - air mass, frontal, orographic
- conditions required
- development process
- recognition of favourable conditions for formation
- hazards for aeroplanes
- effects of lightning and severe turbulence
- avoidance of flight in the vicinity of thunderstorms

60. Flight over mountainous areas
- hazards
- influence of terrain on atmospheric processes
- mountain waves, windshear, turbulence, vertical movement, rotor effects, valley winds
61. Climatology
   - general seasonal circulation in the troposphere over Europe
   - local seasonal weather and winds

62. Altimetry
   - operational aspects of pressure settings
   - pressure altitude, density altitude
   - height, altitude, flight level
   - ICAO standard atmosphere
   - QNH, QFE, standard setting
   - transition altitude, layer and level

63. The meteorological organisation
   - aerodrome meteorological offices
   - aeronautical meteorological stations
   - forecasting service
   - meteorological services at aerodromes
   - availability of periodic weather forecasts

64. Weather analysis and forecasting
   - weather charts, symbols, signs
   - significant weather charts
   - prognostic charts for general aviation

65. Weather information for flight planning
   - reports and forecasts for departure, en-route, destination and alternate(s)
   - interpretation of coded information METAR, TAF, GAFOR
   - availability of ground reports for surface wind, winds hear, visibility

66. Meteorological broadcasts for aviation
   - VOLMET, ATIS, SIGMET
67. Form of the earth
   - axis, poles
   - meridians of longitude
   - parallels of latitude
   - great circles, small circles, rhumb lines
   - hemispheres, north/south, east/west

68. Mapping
   - aeronautical maps and charts (topographical)
   - projections and their properties
   - conformality
   - equivalence
   - scale
   - great circles and rhumb lines

69. Conformal conic projection
   - main properties
   - construction
   - convergence of meridians
   - presentation of meridians, parallels, great circles and rhumb lines
   - scale, standard parallels
   - depiction of height

70. Direction
   - true north
   - earth's magnetic field, variation - annual change
   - magnetic north
   - vertical and horizontal components
   - isogonals, agonic lines

71. Helicopter magnetism
- magnetic influences within the helicopter
- compass deviation
- turning, acceleration errors
- avoiding magnetic interference with the compass

72. Distances
- units
- measurement of distance in relation to map projection

73. Charts in practical navigation
- plotting positions
- latitude and longitude
- bearing and distance
- use of navigation protractor
- measurement of tracks and distances

74. Chart reference material/map reading
- map analysis
- topography
- relief
- cultural features
- permanent features (e.g. line features, spot features, unique or special features)
- features subject to change (e.g. water)
- preparation
- folding the map for use
- methods of map reading
- map orientation
- checkpoint features
- anticipation of checkpoints
- with continuous visual contact
- without continuous visual contact
- when uncertain of position
- aeronautical symbols
- aeronautical information
- conversion of units

75. Principles of navigation
   - IAS, CAS and TAS
   - track, true and magnetic
   - wind velocity, heading and groundspeed
   - triangle of velocities
   - calculation of heading and groundspeed
   - drift, wind correction angle
   - ETA
   - dead reckoning, position, fix

76. The navigation computer
   - use of the circular slide rule to determine
   - TAS, time and distance
   - conversion of units
   - fuel required
   - pressure, density and true altitude
   - time en-route and ETA
   - use of the computer to solve triangle of velocities
   - application of TAS and wind velocity to track
   - determination of heading and groundspeed
   - drift and wind correction angle

77. Time
   - relationship between universal co-ordinated (standard) (UTC) time and local mean time (LMT)
   - definition of sunrise and sunset times

78. Flight planning
- selection of charts
- route and aerodrome weather forecasts and reports
- assessing the weather situation
- plotting the route
- considerations of controlled/regulated airspace, airspace restrictions, danger areas, etc
- use of AIP and NOTAMS
- ATC liaison procedures in controlled/regulated airspace
- fuel considerations
- en-route safety altitude(s)
- alternate aerodromes
- communications and radio/navaid frequencies
- compilation of flight log
- compilation of ATC flight plan
- selection of check points, time and distance marks
- mass and balance calculations
- mass and performance calculations

79. Practical navigation

- compass headings, use of deviation card
- organisation of in-flight workload
- departure procedure, log entries, altimeter setting and establishing IAS
- maintenance of heading and altitude
- use of visual observations
- establishing position, checkpoints
- revisions to heading and ETA
- arrival procedures, ATC liaison
- completion of flight log and helicopter log entries

Radio navigation
80. Ground D/F
   - application
   - principles
   - presentation and interpretation
   - coverage
   - errors and accuracy
   - factors affecting range and accuracy

81 ADF, including associated beacons (NDBs) and use of the RM
   - application
   - principles
   - presentation and interpretation
   - coverage
   - errors and accuracy
   - factors affecting range and accuracy

82 VOR/DME
   - application
   - principles
   - presentation and interpretation
   - coverage
   - errors and accuracy
   - factors affecting range and accuracy

83 GPS/DGPS
   - application
   - principles
   - presentation and interpretation
   - coverage
   - errors and accuracy
   - factors affecting range and accuracy
84. Ground radar
   - application
   - principles
   - presentation and interpretation
   - coverage
   - errors and accuracy
   - factors affecting range and accuracy

85. Secondary surveillance radar
   - principles (transponders)
   - application
   - presentation and interpretation
   - modes and codes

OPERATIONAL PROCEDURES

86. ICAO Annex 6, Part III - Operation of helicopters
   - foreword
   - definitions
   - general statement
   - flight preparation and in-flight procedures
   - performance and operating limitations
   - instruments and equipment
   - communications and navigation equipment
   - maintenance
   - flight crew
   - lights to be displayed

87. ICAO Annex 12 - Search and rescue
   - definitions
   - alerting phases
   - procedures for pilot-in-command (paragraphs 5.8 and 5.9)
88. ICAO Annex 13 - Aircraft accident investigation
   - definitions
   - national procedures

89. ICAO Annex 16 - Environmental Protection - Noise limitations
   Noise abatement
   - general procedures
   - application to take-off and landing
   - criteria
   - limits
   - noise limitation certificate

90. Contravention of aviation regulations
   - offences
   - penalties

PRINCIPLES OF FLIGHT

91. The atmosphere
   - composition and structure
   - ICAO standard atmosphere
   - atmospheric pressure

92. Airflow around a body, sub-sonic
   - air resistance and air density
   - boundary layer
   - friction forces
   - laminar and turbulent flow
   - Bernoulli's principle - venturi effect

93. Airflow about a two dimensional aerofoil
- airflow around a flat plate
- airflow around a curved plate (aerofoil)
- description of aerofoil cross section
- lift and drag
- $C_L$ and $C_D$ and their relationship to angle of attack

94. Three dimensional flow about an aerofoil
- aerofoil shapes and wing platforms
- induced drag
- downwash angle, vortex drag, ground effect
- aspect ratio
- parasite (profile) drag
- form, skin friction and interference drag
- lift/drag ratio

95. Rotor aerodynamics
- blade movement (feathering, flapping, dragging)
- forces acting on rotors (blades lift/drag, weight, rotor thrust, H-force)
- forces acting on entire helicopter (M.R.thrust, helicopter weight, fuselage drag, tail rotor thrust)
- finite blade element and momentum theory
- advancing blade high mach, retreating blade high incidence
- distribution of lift
- autorotation anti-torque

96. Flying controls
- the three planes
- pitching about the lateral axis
- rolling about the longitudinal axis
- yawing about the normal axis
- effects of cyclic, collective and rudder pedal inputs
- stabiliser and rudder
- control in pitch, roll and yaw
- cross coupling, roll and yaw
- effect of rotor configuration on control power

97. Stability

- definitions of static and dynamic stability
- longitudinal stability
- centre of gravity effect on control in pitch
- lateral and directional stability
- interrelationship, lateral and directional stability

98. Load factor and manoeuvres

- structural considerations
- manoeuvring and gust envelope
- limiting load factors
- changes in load factor in turns and pull-ups
- vibrations, controls feedback
- in-flight precautions
- H/5 diagram, take off and landing

Stress loads on the ground

- side loads on the landing gear
- landing
- taxiing, precautions during turns

99 Helicopter specific hazards

- ground resonance
- blade stall
- mast bumping
- vortex ring (main and tail rotor)
- settling with power
- dynamic and static rollover
COMMUNICATIONS

100. Radio telephony and communications
   - use of AIP and frequency selection
   - microphone technique
   - phonetic alphabet
   - station/helicopter callsigns/abbreviations
   - transmission technique
   - use of standard words and phrases
   - listening out
   - required readback' instructions

101. Departure procedures
   - radio checks
   - taxi instructions
   - holding on ground
   - departure clearance

102. En-route procedures
   - frequency changing
   - position, altitude/flight level reporting
   - flight information service
   - weather information
   - weather reporting
   - procedures to obtain bearings, headings, position
   - procedural phraseology
   - height/range coverage

103. Arrival and traffic pattern procedures
   - arrival clearance
   - calls and ATC instructions during the:
   - circuit
- approach and landing
- vacating runway or landing site

104. Communications failure
- Action to be taken
- alternate frequency
- serviceability check, including microphone and headphones
- in-flight procedures according to type of airspace

105. Distress and urgency procedures
- distress (Mayday), definition and when to use
- frequencies to use
- contents of Mayday message
- urgency (Pan), definition and when to use
- frequencies to use
- relay of messages
- maintenance of silence when distress/urgency calls heard
- cancellation of distress/urgency

General flight safety

106. Helicopter
- seat adjustment and security
- harnesses and seat belts
- emergency equipment and its use
- fire extinguisher
- engine/cabin fires
- anti-icing - de-icing systems
- survival equipment, life jackets, life rafts
- carbon monoxide poisoning
- refuelling precautions
- flammable goods/pressurised containers
107. Operational

- wake turbulence
- low level flight (obstacles, wires)
- wind shear, take-off, approach and landing
- passenger briefings
- emergency exits
- evacuation from the helicopter
  - forced landings (limited power, autorotation)
  - ditching (limited power, autorotation)

SYLLABUS OF FLIGHT INSTRUCTION FOR THE PRIVATE PILOT LICENCE (HELICOPTER)

**Note**: Airmanship should be included as required in each exercise

**Exercise 1a** Familiarisation with the helicopter

- characteristics of the helicopter, external features
- cockpit layout
- systems
- check lists, procedures, controls

**Exercise 1b** Emergency procedures

- action in the event of fire on the ground and in the air
- engine, cabin and electrical system fire
- systems failures
- escape drills, location and use of emergency equipment and exits

**Exercise 2** Preparation for and action after flight

- flight authorisation and helicopter acceptance
- serviceability documents
- equipment required, maps, etc.
- external checks
- internal checks
- seat, harness and flight controls adjustments
- starting and warm up checks clutch engagement, starting rotors
- power checks
- running down system checks and switching off the engine
- parking, security and picketing
- completion of authorisation sheet and serviceability documents

Exercise 3 Air experience
- to introduce the student to rotary wing flight
- flight exercise

Exercise 4 Effects of controls
- function of flight controls, primary and secondary effect
- effect of airspeed
- effect of power changes (torque)
- effect of yaw(sideslip)
- effect of disc loading (bank and flare)
- effect on controls of selecting hydraulics on/off
- effect of control friction
- instruments
- use of carburettor heat/anti-icing control

Exercise 5 Power and attitude changes
- relationship between cyclic control position, disc attitude, fuselage attitude, airspeed
- flapback
- power required diagram in relation to airspeed
- power and airspeed changes in level flight
- use of instruments for precision
- engine and airspeed limitations

Exercise 6a  Straight and level
- at normal cruising power, attaining and maintaining straight and level flight
- control in pitch, including use of control friction and/or trim
- maintaining direction and balance, (ball/yawstring use)
- setting power for selected airspeeds/speed changes
- use of instruments for precision

Exercise 6b  Climbing
- optimum climb speed, best angle/rate of climb from power required diagram
- initiation, maintaining the normal and maximum rate of climb, levelling off
- levelling off at selected altitudes/heights
- use of instruments for precision

Exercise 6c  Descending
- optimum descent speed, best angle/rate of descent from power required diagram
- initiation, maintaining and levelling off
- levelling off at selected altitudes/heights
- descent (including effect of power and airspeed)
- use of instruments for precision

Exercise 6d  Turning
- initiation and maintaining medium level turns
- resuming straight flight
- altitude, bank and co-ordination
- climbing and descending turns and effect on rate of climb/descent
- turns onto selected headings, use of gyro heading indicator and compass
- use of instruments for precision

**Exercise 7  Basic autorotation**

- safety checks, verbal warning, lookout
- entry, development and characteristics
- control of airspeed and RRPM, rotor and engine limitations
- effect of AUM, IAS, disc loading, G forces and density altitude
- re-engagement and go around procedures (throttle over-ride/ERPM control)
- vortex condition during recovery
- gentle/medium turns in autorotation
- demonstration of variable flare simulated engine off landing

**Exercise 8a  Hovering**

- demonstrate hover I.G.E, importance of wind effect and attitude, ground cushion, stability in the hover, effects of over controlling
- student holding cyclic stick only
- student handling collective lever (and throttle) only
- student handling collective lever, (throttle) and pedals
- student handling all controls
- demonstration of ground effect
- demonstration of wind effect
- demonstrate gentle forward running touchdown
- specific hazards e.g. snow, dust, litter

**Exercise 8b  Hover taxiing, spot turns**
- revise hovering
- precise ground speed/height control
- effect of wind direction on helicopter attitude and control margin
- control, co-ordination during spot turns
- carefully introduce gentle forward running touchdown

Exercise 8C  Hovering, taxiing emergencies

- revise hovering and gentle forward running touchdown, explain (demonstrate where applicable)
- effect of hydraulics failure in the hover
- demonstrate simulated engine failure in the hover and hover taxi
- demonstrate dangers of mishandling and over-pitching

Exercise 9  Take-off and landing

- pre-take off checks/drills
- lookout
- lifting to hover
- after take-off checks
- danger of horizontal movement near ground
- danger of mishandling and overpitching
- landing (without sideways or backwards movement)
- after landing checks/drills
- take-off and landing cross wind, downwind

Exercise 10  Transitions from hover to climb and approach to hover

- lookout
- revise take-off and landing
- ground effect, translational lift and its effects
- flapback and its effects
- effect of wind speed/direction during transitions from/to the
hover
- the constant angle approach
- demonstration of variable flare simulated engine off landing

Exercise 11 a Circuit, approach and landing
- revise transitions from hover to climb and approach to hover
- circuit procedures, downwind, base leg
- approach and landing with power
- pre landing checks
- effect of wind on approach and I.G.E. hover
- crosswind approach and landing
- go around
- noise abatement procedures

Exercise 11 b Steep and limited power approaches and landings
- revise the constant angle approach
- the steep approach (explain danger of high sink rate and low air speed)
- limited power approach (explain danger of high speed at touch-down)
- use of the ground effect
- variable flare simulated engine off landing

Exercise 11c Emergency procedures
- abandoned take-off
- missed approach/go-around
- hydraulic OFF landing, (if applicable)
- tail rotor control or tail rotor drive failure (briefing only)
- simulated emergencies in the circuit to include:
  - hydraulics failure
  - simulated engine failure on take-off, cross wind, downwind and base-leg
Exercise 12  First solo
- instructor's briefing, observation of flight and debriefing
- warn of change of attitude from reduced and laterally displaced weight
- warn of low tail, low skid/wheel during hover, landing
- warn of dangers of loss of RRPM and overpitching
- pre take-off checks
- into wind take-off
- procedures during and after take-off
- normal circuit, approaches and landings
- action in the event of an Emergency

Exercise 13  Sideways and backwards hover manoeuvring
- manoeuvring sideways flight heading into wind
- manoeuvring backwards flight heading into wind
- combination of sideways and backwards manoeuvring
- manoeuvring sideways and backwards, heading out of wind
- stability, weathercocking
- recovery from backwards manoeuvring, (pitch nose down)
- groundspeed limitations for sideways and backwards manoeuvring

Exercise 14  Spot turns
- revise hovering into wind and downwind
- turn on spot through $360^\circ$:
- around pilots position
- around tail rotor
- around helicopter geometric centre
- square, safe visibility clearing turn
- rotor RPM control, torque effect, cyclic limiting stops due
to C of G position and wind speed/direction

Exercise 15  Hover out of ground effect (OGE), vortex ring
- establishing hover O.G.E
- drift/height/power control
- demonstration of incipient stage of vortex ring, recognition and recovery (from a safe altitude)
- loss of tail rotor effectiveness

Exercise 16  Simulated engine off landings (EOL)
- the effect of weight, disc loading, density attitude, RRPM decay
- revise basic autorotation entry
- optimum use of cyclic and collective to control speed/RRPM
- variable flare simulated EOL
- demonstrate constant attitude simulated EOL
- demonstrate simulated EOL from hover/hover taxi
- demonstrate simulated EOL from transition and low level

Exercise 17  Advanced autorotation
- over a selected point at various height and speed
- revise basic autorotation - note ground distance covered
- range autorotation
- low speed autorotation
- constant attitude autorotation (terminate at safe altitude)
- 'S' turns
- turns through 180° and 360°
- effects on angles of descent, IAS, RRPM and effect of AUM

Exercise 18  Practice forced landings
- procedure and choice of the forced landing area
- forced landing checks and crash action
- re-engagement and go-around procedures

Exercise 19  Steep turns
- steep (level) turns (30° bank)
- maximum rate turns 45° bank if possible)
- steep autorotative turns
- faults in the turn - balance, attitude, bank and co-ordination
- RRPM control, disc loading
- vibration and control feedback
- effect of wind at low level

Exercise 20  Transitions
- revise ground effect, translational lift, flapback
- maintaining constant height, (20-30 feet AGL):
- transition from hover to minimum 50 knotsIAS and back to hover
- demonstrate effect of wind

Exercise 21  Quickstops
- use of power and controls
- effect of wind
- quickstops into wind
- quickstops from crosswind and downwind terminating into wind
- danger of vortex ring
- danger of high disc loading

Exercise 22a  Navigation

Flight planning
- weather forecast and actuals
- map selection and preparation and use
- choice of route
  - controlled airspace, danger and prohibited areas
  - safety altitudes and noise abatement considerations
- calculations
  - magnetic heading(s) and time(s) en-route
  - fuel consumption
  - mass and balance
- flight information
  - NOTAMs etc
  - radio frequencies
  - selection of alternate landing sites
- helicopter documentation
- notification of the flight
  - pre-flight administrative procedures
  - flight plan form (where appropriate)

**Departure**

- organisation of cockpit workload
- departure procedures
  - altimeter settings
  - ATC liaison in controlled/regulated airspace
  - setting heading procedure
  - noting of ETA’s
- maintenance of height/altitude and heading
- revisions of ETA and heading
  - $10^0$ line, double track and track error, closing angle
  - 1 in 60 rule
  - amending an ETA
- log keeping
- use of radio
- use of nav aids (if fitted)
- minimum weather conditions for continuation of flight
- in-flight decisions
- transiting controlled/regulated airspace
- uncertainty of position procedure
- lost procedure

Arrival, aerodrome-joining procedure
- ATC liaison in controlled/regulated airspace
- Altimeter setting
- Entering the traffic pattern
- Circuit procedures
- parking
- security of helicopter
- refueling
- closing of flight plan, (if appropriate)
- post-flight administrative procedures

Exercise 22b Navigation problems at low heights and in reduced visibility
- actions prior to descending
- hazards (e.g. obstacles, other aircraft)
- difficulties of map reading
- effects of wind and turbulence
- avoidance of noise sensitive areas
- joining the circuit
- bad weather circuit and landing
- [appropriate procedures and choice of landing area]

Exercise 22c Radio navigation
- Use of VHF Omni Range
  - availability, AIP, frequencies
  - selection and identification
- omni bearing selector (0MB)
- to/from indications, orientation
- course deviation indicator (CDI)
  - determination of radial
  - intercepting and maintaining a radial
  - VOR passage
  - obtaining a fix from two VORs
- use of automatic direction finding equipment (ADF)/non directional beacons (NDBs)
  - availability, AIP, frequencies
  - selection and identification
  - orientation relative to the beacon
  - homing
- use of VHF direction finding (VHF/DF)
  - availability, AIP, frequencies
  - RTF procedures and ATC liaison
  - obtaining a QDM and homing
- use of en-route/terminal radar
  - availability, AIP
  - procedures and ATC liaison
  - pilots responsibilities
  - secondary surveillance radar (if transponder fitted)
    - transponders
    - code selection
    - interrogation and reply
- use of distance measuring equipment (DME)
  - station selection and identification
  - modes of operation
    - distance, groundspeed, time to run

Exercise 23  Advanced take-off, landings, and transitions
- landing and take-off out of wind (performance reduction)
- ground effect, translational lift and directional stability variation when out of wind
- downwind transitions
- vertical takeoff over obstacles
- reconnaissance of landing site
- running landing
- zero speed landing
- cross wind and downwind landings
- steep approach
- go-around

Exercise 24  Sloping ground
- limitations, assessing slope angle
- wind and slope relationship - blade and control stops
- effect of C of G when on slope
- ground effect on slope, power required
- right skid up slope
- left skid up slope
- nose up slope
- avoidance of dynamic roll over, dangers soft ground and sideways movement on touchdown
- danger of striking main/tail rotor by harsh control movement near ground

Exercise 25  Limited power
- take-off power check
- vertical take-off over obstacles
- in flight power check
- running landing
- zero speed landing
- approach to low hover
Exercise 26  Confined areas

- landing capability, performance assessment
- locating landing site, assessing wind speed/direction
- reconnaissance of landing site
- select markers
- select direction and type of approach
- circuit
- approach to committed point and go around
- approach
- clearing turn
- landing
- power check, performance assessment in and out of ground effect
- normal take-off to best angle of climb speed
- vertical take-off from hover

Exercise 27  Basic instrument flight

- physiological sensations
- instrument appreciation
  - attitude instrument flight
  - instrument scan
- instrument limitations
- basic manoeuvres
  - straight and level at various airspeeds and configurations
  - climbing and descending
  - standard rate turns, climbing and descending, onto
selected headings
- recoveries from climbing and descending turns
- recoveries from unusual attitudes

Exercise 28a  Night flying (if night qualification required)
- pre-flight inspection using torch, pan lights, etc.
- take-off (no sideways or backwards manoeuvring)
- hover taxi (higher and slower than by day)
- transition to climb
- level flight
- approach and transition to hover
- landing
- autorotation
- practice forced landing (with flares if appropriate - simulated)
- Night Emergencies (e.g. failure of lights, etc.)

Exercise 28b  Night cross country (if night qualification required)
- Nav. principles as for day cross country
- Map marking (highlighting built up areas with thicker lines, etc.)

REQUIREMENTS FOR ENTRY TO TRAINING

Before being accepted for training an applicant should be informed that the appropriate medical certificate must be obtained before solo flying is permitted
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## Application and Report Form for the PPL(H) Skill Test

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### Result of the Test

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- Passed*
- Failed*
- Partial Pass*

### Remarks

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AMC/IEM D - COMMERCIAL PILOT LICENCE

AMC JCAR FCL 2.160 & 2.165(a)(1)
ATP(H) Integrated course
(See JCAR FCL 2.160 & 2.165)
(See AMC JCAR FCL 2.470(a))
(See IEM JCAR FCL 2.170)(See Appendix 1 to JCAR FCL 2.470)

The flight instruction is divided into four phases:

Phase 1

1. Flight exercises up to the first solo flight comprise a total of not less than 12 hours dual flight instruction on a helicopter including:
   a. pre-flight operations, mass and balance determination helicopter inspection and servicing;
   b. aerodrome and traffic pattern operations, collision avoidance and procedures;
   c. control of the helicopter by external visual reference;
   d. take-offs, landings, hovering, look out turns and normal transitions from and to the hover;
   e. emergency procedures, basic auto-rotations, simulated engine failure, ground resonance recovery if relevant to type.

Phase 2

2. Flight exercises until general handling and day VFR navigation progress check, and basic instrument flying progress check. This phase comprises a total flight time of not less than 128 hours including 73 hours of dual flight instruction [flight time and including at least 5 hours VFR conversion training on a multi-engine helicopter], 15 hours of solo flight and 40 hours flown as student pilot-in-command. The instruction and testing contain the following:
a. sideways and backwards flight, turns on the spot;

b. incipient vortex ring recovery;

c. Advanced /touchdown auto-rotations, simulated engine-off landings, practice forced landings. Simulated equipment malfunctions and emergency procedures relating to malfunctions of engines, controls, electrical and hydraulic circuits;

d. steep turns;

e. transitions, quick stops, out of wind manoeuvres, sloping ground landings and take-offs;

f. limited power and confined area operations including low level operations to and from unprepared sites;

g. flight by sole reference to basic flight instruments including completion of a 180° turn and recovery from unusual attitudes to simulate inadvertent entry into cloud;

h. cross-country flying by external visual reference, dead reckoning and radio navigation aids, diversion procedures;

i. aerodrome and traffic pattern operations at different aerodromes;

j. operations to, from and transiting controlled aerodromes; compliance with air traffic services procedures, radio telephony procedures and phraseology;

k. application of meteorological briefing arrangements, evaluation of weather conditions for flight and use of Aeronautical Information Services (AIS);

l. night flight including take-offs and landings as pilot-in-command;

m. General handling, day VFR navigation and basic instrument flying progress checks in accordance with Appendix 1 to JCAR FCL 2.170, conducted by a flight instructor not connected with the applicants training.

Phase 3

3. Flight exercises up to Instrument Rating skill test. This part comprises a total of 40 hours dual instrument flight time including 10 hours of a multi-engine IFR certificated helicopter.
The instruction and testing shall contain the following:

a. Pre-flight procedures for IFR flights including the use of the flight manual and appropriate air traffic services documents in the preparation of an IFR flight plan.

b. Procedures and manoeuvres for IFR operation under normal, abnormal and emergency conditions covering at least:
   - Transition from visual to instrument flight on take-off.
   - Standard instrument departures and arrivals
   - En-route IFR procedures
   - Holding procedures
   - Instrument approaches to specified minima.
   - Missed approach procedure.
   - Landings from instrument approaches.
   - In-flight manoeuvres and particular flight characteristics
   - Instrument exercises with one engine simulated inoperative.

**Phase 4**

4. Instruction in multi-crew co-operation (MCC) comprise the relevant training requirements set out in Appendix 1 to JCAR FCL 2.261(d) and AMC JCAR FCL 2.261(d).

5. If a type rating for multi-pilot helicopter is not required on completion of this part, the applicant shall be provided with a certificate of course completion for MCC training (see Appendix 1 to AMC JCAR FCL 2.261(d)).
AMC FCL 2.160 & 2.165 (a)(2)  
ATPL(H)] integrated course (No Instrument Rating)  
(See JCAR FCL 2.160 & 2.165)  
(See AMC-JCAR FCL 2.475 (b))  
(See IEM-JCAR FCL 2.170)  
(See Appendix 1to JCAR FCL 2.170) 

The flight instruction is divided into three phases. 

Phase 1 
1. Flight exercises up to the first solo flight comprise a total of not less than 12 hours dual flight instruction on a helicopter including:
   a. pre-flight operations, mass and balance determination helicopter inspection and servicing;  
   b. aerodrome and traffic pattern operations, collision avoidance and procedures;  
   c. control of the helicopter by external visual reference;  
   d. take-offs, landings, hovering, look out turns and normal transitions from and to the hover;  
   e. emergency procedures, basic auto-rotations, simulated engine failure, ground resonance recovery if relevant to type. 

Phase 2 
2. Flight exercises until general handling and day VFR navigation progress [and basic instrument flying progress] check conducted by a flight instructor not connected with the applicant’s training. This phase comprises a total flight time of not less than 128 hours including 73 hours of dual instruction flight time and including at least 5 hours VFR conversion training on a multi-engine helicopter], 15 hours of solo flight and [ ]40 hours flown as student pilot-in-command. The instruction and testing contain the following:
   a. sideways and backwards flight, turns on the spot;  
   b. incipient vortex ring recovery;
c. Touchdown/advanced auto-rotations, simulated engine-off landings, practice force landings. Simulated equipment malfunctions and emergency procedures relating to malfunctions of engines, controls, electrical and hydraulic circuits;

d. steep turns;

e. transitions, quick stops, out of wind manoeuvres, sloping ground landings and take-offs;

f. limited power and confined area operations including low level operations to and from unprepared sites;

g. 10 hours flight by sole reference to basic flight instruments, including completion of a 180° turn and recovery from unusual attitudes to simulate inadvertent entry into cloud;

h. cross-country flying by external visual reference, dead reckoning and radio navigation aids, diversion procedures;

i. aerodrome and traffic pattern operations at different aerodromes;

j. operations to, from and transiting controlled aerodromes, compliance with air traffic services procedures, radio telephony procedures and phraseology;

k. application of meteorological briefing arrangements, evaluation of weather conditions for flight and use of Aeronautical Information Services (AIS);

l. night flight including take-offs and landings as pilot-in-command;

m. General handling, day VFR navigation and basic instrument flying progress checks in accordance with Appendix 1 to JCAR FCL 2.170, conducted by a flight instructor not connected with the applicants training.
AMC FCL 2 2.160 & 2.165 (a)(3)

CPL(H) Integrated Course

(See JCAR FCL 2.160 & 2.165)
(See AMC-JCAR FCL 2.475 (b))
(See IEM-JCAR FCL 2.170)

The flight instruction is divided into three phases:

**Phase 1**

1. Flight exercises up to the first solo flight. This part comprises a total of not less than 12 hours dual flight instruction on a helicopter including:
   a. pre-flight operations: mass and balance determination helicopter inspection and servicing;
   b. aerodrome and traffic pattern operations, collision avoidance and procedures;
   c. control of the helicopter by external visual reference;
   d. take-offs, landings, hovering, look out turns and normal transitions from and to the hover;
   e. emergency procedures, basic auto-rotation, simulated engine failure, ground resonance recovery if relevant to type.

**Phase 2**

2. Flight exercises until general handling and day VFR navigation progress check conducted by a flight instructor not connected with the applicant's training, and basic instrument progress check. This part comprises a total flight time of not less than 128 hours including 73 hours of dual instruction flight time and including at least 5 hours VFR conversion training on a multi-engine helicopter, 15 hours of solo flight and 40 hours flown as SPIC. The instruction and testing contain the following:
   a. sideways and backwards flight, turns on the spot;
   b. incipient vortex ring recovery;
   c. Touchdown /advanced auto-rotation and simulated engine-off landings, practice force landings. Simulated equipment malfunctions and emergency procedures relating to malfunctions of engines, controls,
electrical and hydraulic circuits;
d. steep turns;
e. transitions, quick stops, out of wind manoeuvres, sloping ground landings and take-offs;
f. limited power and confined area operations including selection of and low level operations to and from unprepared sites;
g. flight by sole reference to basic flight instruments, including completion of 180° turn and recovery from unusual attitudes to simulate inadvertent entry into cloud;
h. cross-country flying by external visual reference, dead reckoning and radio navigation aids, diversion procedures;
i. aerodrome and traffic pattern operations at different aerodromes;
j. operations to, from and transiting controlled aerodromes, compliance with air traffic services procedures, radio telephony procedures and phraseology;
k. application of meteorological briefing arrangements, evaluation of weather conditions for flight and use of Aeronautical Information Services (AIS);
l. general handling progress test conducted by a delegated instructor not connected with the applicant's training;
m. night flight including take-offs and landings as pilot-in-command;
n. general handling, day VFR navigation and basic instrument flying progress checks in accordance with Appendix 1 to JCAR FCL 2.170, conducted by a flight instructor not connected with the applicants training.

Phase 3

3. Flight exercises up to Instrument Rating skill test. This part comprises a total of 40 hours dual instrument flight time including 10 hours of a multi engine IFR certificated helicopter.

The instruction and testing shall contain the following:

a. pre-flight procedures for IFR flights including the use of the flight manual and appropriate air traffic services documents in the preparation of an IFR flight plan.
b. procedures and manoeuvres for IFR operation under normal, abnormal and emergency conditions covering at least:
   - transition from visual to instrument flight on take-off.
   - standard instrument departures and arrivals.
   - en-route IFR procedures.
   - holding procedures.
   - instrument approaches to specified minima.
   - missed approach procedure.
   - landings from instrument approaches.
   - in-flight manoeuvres and particular flight characteristics.
   - instrument exercises with one engine simulated inoperative.

AMC JCAR FCL 2.160 & 2.165(a)(4)
CPL(H) integrated course
See JCAR FCL 2.160 & 2.165
(See AMC-JCAR FCL 2.475 (b))
(See IEM-JCAR FCL 2.170)
(See Appendix 1 to JCAR FCL 2.170)

The flight instruction is divided into two phases.

Phase 1
1. Flight exercises up to the first solo flight. This part comprises a total of not less than 12 hours dual flight instruction on a helicopter including:
   a. pre-flight operations, mass and balance determination helicopter inspection and servicing;
   b. aerodrome and traffic pattern operations, collision avoidance and procedures;
   c. control of the helicopter by external visual reference;
   d. take-offs, landings, hovering, look out turns and normal transitions from and to the hover;
   e. emergency procedures, basic auto-rotations, simulated
engine failure, ground resonance recovery if relevant to type.

Phase 2

2. Flight exercises until general handling and day VFR navigation progress check conducted by a flight instructor not connected with the applicants training, and basic instrument progress check. This part comprises a total flight time of not less than 123 hours including 73 hours of dual instruction flight time, 15 hours of solo flight and 35 hours flown as SPIC. The instruction and testing contain the following:

a. sideways and backwards flight, turns on the spot;

b. incipient vortex ring recovery;

c. touchdown/advanced auto-rotations and simulated engine-off landings, practice forced landings. Simulated equipment malfunctions and emergency procedures relating to malfunctions of engines, controls, electrical and hydraulic circuits;

d. steep turns;

e. transitions, quick stops, out of wind manoeuvres, sloping ground landings and take-offs;

f. limited power and confined area operations including selection of and low level operations to and from unprepared sites;

g. flight by sole reference to basic flight instruments, including completion of a 180° turn and recovery from unusual attitudes to simulate inadvertent entry into cloud;

h. cross-country flying by external visual reference, dead reckoning and radio navigation aids, diversion procedures;

i. aerodrome and traffic pattern operations at different aerodromes;

j. operations to, from and transiting controlled aerodromes, compliance with air traffic services procedures, radio telephony procedures and phraseology;

k. application of meteorological briefing arrangements, evaluation of weather conditions for flight and use of Aeronautical Information Services (AIS);

l. general handling progress test conducted by a delegated instructor not connected with the applicant’s training;

m. night flight including take-offs and landings as pilot-in-command;
n. general handling, day VFR navigation and basic instrument flying progress checks in accordance with Appendix 1 to JCAR FCL 2.170, conducted by a flight instructor not connected with the applicants training.

AMC JCAR FCL 2.160 & 2.165(a)(5)

CPL(H) modular course

See JCAR FCL 2.160 & 2.165

(See AMC-JCAR FCL 2.475(b))

(See IEM-JCAR FCL 2.170)

The flying instruction comprises the following items. The flight time allocated to each exercise is at the discretion of the flight instructor, provided at least 5 hours flight time is allocated to cross-country flying.

Visual flight

Within the total of dual flight instruction time, the applicant may have completed during the visual phase up to 5 hours in a helicopter FS or FTD 2,3 or FNPTII,III.

a. Pre-flight operations: mass and balance calculations, helicopter inspection and servicing.

b. Level flight speed changes, climbing, descending, turns, basic auto-rotations, use of checklist, collision avoidance, checking procedures.

c. Take-offs and landings, traffic pattern, approach, simulated engine failures in the traffic pattern. Sideways and backwards flight and spot turns in the hover.

d. Recovery from incipient vortex ring condition.

e. Advanced auto-rotations covering the speed range from low speed to maximum range and manoeuvre in auto-rotations (180° 360° and S turns), simulated engine off landings.

f. Selection of emergency landing areas, auto-rotations following simulated emergencies to given areas. Steep turns at 30° and 45° bank.

g. Manoeuvres at low level and quick-stops.

h. Landings, take-offs and transitions to and from the hover when heading out of wind.
i. Landings and take-offs from sloping or uneven ground.

j. Landings and take-offs with limited power.

k. Low level operations into and out of confined landing sites.

l. Cross-country flying - using dead reckoning and radio navigation aids. Flight planning by the applicant; filing of ATC flight plan; evaluation of weather briefing documentation, NOTAM etc; radiotelephony procedures and phraseology; positioning by radio navigation aids; operation to, from and transiting controlled aerodromes, compliance with air traffic services procedures for VFR flights, simulated radio communication failure, weather deterioration, diversion procedures; location of an off airfield landing site and simulated approach.

Basic Instrument Flight

A maximum of 5 hours of the following exercises may be performed in a FS or FTD or FNPT. Flight training should be carried out in VMC using a suitable means of simulating IMC for the student

m. Instrument flying without external visual cues. Level flight performing speed changes, maintaining flight altitude (level, heading) turns in level flight at rate one and 30° bank, left and right; roll-out on predetermined headings.

n. Repetition of exercise (m); additionally climbing and descending, maintaining heading and speed, transition to horizontal flight; climbing and descending turns.

o. Repetition of exercise (m); and recovery from unusual attitudes

p. Radio navigation

q. Repetition of exercise (m); and turns using standby magnetic compass and standby artificial horizon (if fitted)

IEM JCAR FCL 2.170

CPL(H) skill test form

(See JCAR FCL 2.170)
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<tr>
<th><strong>APPLICATION AND REPORT FORM for the CPL(H) skill test</strong></th>
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**AMC/IEM E - INSTRUMENT RATING**

IEM JCAR FCL 2.210
IR(H) skill test form
*(See JCAR FCL 2.185 & 2.210)*

### APPLICATION AND REPORT FORM FOR THE IR(H) SKILL TEST

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#### Details

**Type of helicopter:**

**Registration:**

#### Result of the test

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**AMC/IEM F - TYPE RATING**

**IEM JCAR FCL 2.240(b)(1)**

ATPL/type rating/training/skill test and proficiency check on multi-pilot helicopters

*(See JCAR FCL 2.240)*

### APPLICATION AND Report FORM

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<tr>
<td>Skill test</td>
<td>ATPL(H)</td>
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Satisfactory completion of Type rating - training according to requirements is certified below:

1. Theoretical training for the issue of a type rating performed during period from: to: at: mark obtained: % (Pass mark 75%): Type and number of license: Signature of instructor

2. Flight simulator (helicopter type): Three or more axes | YES* NO* | Ready for service and used


4. Total training time at the controls: Instrument approaches at aerodromes to a decision altitude of: Signature of type rating instructor/examiner*:

5. Type and No of license: Name in capital letters:

6. Flight training:

7. Type of helicopter: Registration: Flight time at the controls:

8. Take-offs Landings: Training aerodromes/sites (take-offs, approaches and landings):

9. Location and date: Signature of type rating instructor/examiner*:

10. Type and No of license:

11. Skill test/Proficiency Check

   Remark: if the applicant failed the examiner shall indicate the reasons why

   *passed* | Failed* | SIM/Aircraft Reg:

   Location and date:

   Type and number of license:

   Signature of authorized examiner* Name in capital letters

*delete as necessary*
**IEM JCAR FCL 2.240(b)(2)**

Type rating/training/skill test and proficiency check on single-engine and multi-engine single-pilot helicopters and the addendum to the PPL and the CPL skill test in multi-engine single-pilot helicopters

*(See JCAR FCL 2.240)*

**APPLICATION AND Report FORM**

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<tr>
<td>Skill test</td>
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**Satisfactory completion of Type rating training according to requirements is certified below:**

- **Theoretical training for the issue of a type rating performed during period**
  - from: 
  - to: 
  - at: 
  - mark obtained: % (Pass mark 75%): 
  - Type and number of license: 
  - Signature of instructor 
  - Name in capital letters

- **Flight simulator (helicopter type):**
  - Three or more axes: YES* NO* Ready for service and used
  - Flight simulator manufacturer: motion / system
  - Flight simulator operator: Visual aid: YES* NO*

- **Total training time at the controls:**
  - Instrument approaches at aerodromes to a decision altitude of:
    - Location/date/time: 
    - Signature of type rating instructor/examiner*:
    - Type and No of license: 
    - Name in capital letters

- **Flight training:**
  - Type of helicopter: 
  - Registration: 
  - Flight time at the controls:
    - Take-offs 
    - Landings: 
    - Training aerodromes/sites (take-offs, approaches and landings)
  - Location and date: 
  - Signature of type rating instructor/examiner*:
  - Type and No of license: 
  - Name in capital letters

- **Skill test/Proficiency Check**
  - Remark: if the applicant failed the exam the examiner shall indicate the reasons why
  - *Passed* Failed* SIM/Aircraft Reg:
  - Location and date:
  - Type and number of license
  - Signature of authorized examiner* 
  - Name in capital letters

*delete as necessary*
AMC JCAR FCL 2.261 (a)

Syllabus of theoretical instruction for type ratings for single and multi-engine helicopters  
(See JCAR FCL 2.261 (a))

(See Appendix 1 to JCAR FCL 2.261 (a))

DETAILED LISTING

1  Helicopters structure, transmissions, rotors and equipment, normal and abnormal operation of systems.

1.1  Dimensions

1.2  Engine including aux. power unit, rotor and transmissions; if an initial type rating for a turbine engine helicopter is applied for, the applicant shall have received turbine engine instruction  
(see AMC JCAR FCL 2.475(b)).

1.2.1  type of engine/engines

1.2.2  in general the function of the following systems or components:

- engine
- aux. power unit
- oil system
- fuel system
- ignition system
- starting system
- fire warning and extinguishing system
- generators and generator drives
- power indication
- water/methanol injection

1.2.3  engine controls (including starter), engine instruments and indications in the cockpit, their function and interrelation and interpretation

1.2.4  engine operation, including APU, during engine start and engine malfunctions, procedures for normal operation in the correct sequence
1.2.5 transmission system
   - lubrication
   - generators and generator drives
   - freewheeling units
   - hydraulic drives
   - indication and warning systems

1.2.6 type of rotor systems
   - indication and warning systems

1.3 Fuel system
   1.3.1 location of the fuel tanks, fuel pumps, fuel lines to the engines
       tank capacities, valves and measuring

   1.3.2 the following systems:
       - filtering
       - fuelling and defuelling heatings
       - dumping
       - transferring
       - venting

   1.3.3 in the cockpit
       The monitors and indicators of the fuel system, quantity and flow
       indication, interpretation

   1.3.4 fuel procedures distribution into the various tanks
       fuel supply and fuel dumping

1.4 Air conditioning
   1.4.1 components of the system and protection devices

   1.4.2 cockpit monitors and indicators
       interpretation with regard to the operational condition

   1.4.3 normal operation of the system during start, cruise approach and
       landing, air conditioning airflow and temperature control
1.5 Ice and rain protection, windshield wipers and rain repellent

1.5.1 ice protected components of the helicopter, including engines and rotor systems, heat sources, controls and indications

1.5.2 operation of the anti-icing/de-icing system during T/>, climb, cruise and descent, conditions requiring the use of the protection systems

1.5.3 controls and indications of the windshield wipers and rain repellent system operation

1.6 Hydraulic system

1.6.1 components of the hydraulic system(s), quantities and system pressure, hydraulically actuated components associated to the respective hydraulic system

1.6.2 controls, monitors and indicators in the cockpit, function and interrelation and interpretation of indications Landing gear, skids fixed, floats

1.7.1 main components of the
- main landing gear
- nose gear
- tail gear
- gear steering
- wheel brake system

1.7.2 gear retraction and extension

1.7.3 required tyre pressure, or location of the relevant placard

1.7.4 controls and indicators including warning indicators in the cockpit in relation to the retraction/extension condition of the landing gear

1.7.5 components of the emergency extension system

1.8 Flight controls, stab-and autopilot systems

1.8.1 controls, monitors and indicators including warning indicators of the systems, interrelation and dependencies
1.9 Electrical power supply

1.9.1 Number, power, voltage, frequency and if applicable phase and location of the main power system (AC or DC) auxiliary power system location and external power system

1.9.2 Location of the controls, monitors and indicators in the cockpit

1.9.3 Main and back-up power sources flight instruments, communication and navigation systems, main and back-up power sources

1.9.4 Location of vital circuit breakers

1.9.5 Generator operation and monitoring procedures of the electrical power supply

1.10 Flight instruments, communication, radar and navigation equipment, autoflight and flight recorder

1.10.1 Antennas

1.10.2 Controls and instruments of the following equipment in the cockpit:

- Flight instruments (e.g. airspeed indicator, pitot static system, compass system, flight director)
- Flight management systems
- Radar equipment (e.g. wx radar, transponder)
- Communication and navigation system (e.g. HF, VHF, ADF, VOR/DME, ILS, marker beacon) and area navigation systems (e.g. GPS, VLF Omega)
- Stabilisation and autopilot system
- Flight data recorder, cockpit voice recorder, radio altimeter
- Collision avoidance system
- Ground proximity warning system
- HUMS (Health and Usage Monitoring System)

1.11 Cockpit, cabin and cargo compartment
1.11.1 operation of the exterior, cockpit, cabin and cargo compartment lighting and the emergency lighting

1.11.2 operation of the cabin doors and emergency exits

1.12 Emergency equipment operation and correct application of the following emergency equipment in the helicopter:

<table>
<thead>
<tr>
<th>Mobile equipment</th>
<th>Fixed equipment</th>
</tr>
</thead>
<tbody>
<tr>
<td>portable fire extinguisher</td>
<td>emergency floats</td>
</tr>
<tr>
<td>first aid kits</td>
<td></td>
</tr>
<tr>
<td>portable oxygen equipment</td>
<td></td>
</tr>
<tr>
<td>emergency ropes</td>
<td></td>
</tr>
<tr>
<td>life vest</td>
<td></td>
</tr>
<tr>
<td>life rafts</td>
<td></td>
</tr>
<tr>
<td>emergency transmitters</td>
<td></td>
</tr>
<tr>
<td>crash axes</td>
<td></td>
</tr>
<tr>
<td>megaphones</td>
<td></td>
</tr>
<tr>
<td>emergency signals</td>
<td></td>
</tr>
<tr>
<td>torches</td>
<td></td>
</tr>
</tbody>
</table>

2. LIMITATIONS

2.1 General limitations, according to the helicopter flight manual

2.2 Minimum equipment list

3. PERFORMANCE, FLIGHT PLANNING AND MONITORING

3.1 Performance

Performance calculation concerning speeds, gradients, masses in all conditions for take-off, en route, approach and landing

3.1.1 Takeoff

- hover performance in and out of ground effect
- all approved profiles, cat A and B
3.1.2 En-route
- airspeed indicator correction
- service ceiling
- optimum/economic cruising altitude
- max endurance
- max range
- cruise climb performance

3.1.3 Landing
- hovering in and out of ground effect
- landing distance
- landing decision point (LDP) or (DPBL)

3.1.4 Knowledge and/or calculation of
- Vlo, Vle, Vmo, Vx, Vy, Vtoss, Vne, Vmax range, Vmini

3.2 Flight planning
Flight planning for normal and abnormal conditions
- optimum/maximum flight level
- minimum required flight altitude
- drift down procedure after an engine failure during cruise flight
- power setting of the engines during climb, cruise and holding under various circumstances as well as at the most economic cruising flight level
- optimum and maximum flight level and power setting after an engine failure

3.3 Effect of optional equipment on performance
4. LOAD, BALANCE AND SERVICING

4.1 Load and balance
   - load and trim sheet with respect to the maximum masses for take-off and landing
   - centre of gravity limits
4.1.1 Influence of the fuel consumption on the centre of gravity
4.1.2 Lashing points, load clamping, max ground load

4.2 Servicing on the ground servicing connections for
   - fuel
   - oil, etc...
    and safety regulations for servicing

5. EMERGENCY, PROCEDURES

6. SPECIAL REQUIREMENTS FOR EXTENSION OF A TYPE RATING FOR INSTRUMENT APPROACHES DOWN TO A DECISION HEIGHT OF LESS THAN 200 FT (60 M)

6.1 Airborne and ground equipment
   - Technical requirements
   - Operational requirements
   - Operational reliability
   - Fail operational
   - Fail-passive
   - Equipment reliability
   - Operating procedures
   - Preparatory measures
   - Operational downgrading
   - Communication

6.2 Procedures and limitations
   - Operational procedures
   - Crew co-ordination
7. SPECIAL REQUIREMENTS FOR HELICOPTERS WITH ELECTRONIC FLIGHT INSTRUMENT SYSTEMS (EFIS)

8. OPTIONAL EQUIPMENT

AMC JCAR FCL 2.261(c)(2)

Guidelines for Approval of a Helicopter Type Rating Course

(See JCAR FCL 2.261(c)(2))
(See Appendix 1 and 2 to JCAR FCL 2.055)

TRAINING PROGRAMME

(1) Type

For approval the course should, as far as possible, provide for integrated ground, flight simulator and flight training designated to enable the student to operate safely and qualify for the grant of a type rating. The course should be directed towards a helicopter type, but where variants exist, all flying and ground training forming the basis of the approved course should relate to a single variant.

(2) Variants

Additional training should be required in accordance with JCAR FCL 2.235(c).

(3) Training in Helicopter and Flight Simulation Training Devices (FSTDs)

The training programme should specify the amounts of flight training in the helicopter type and in [F]STDs (simulators, flight training devices (FTDs), or other training devices (OTDs)) as agreed by the Authority. (See Appendix 2 to JCAR FCL 2.240). Where a suitable flight simulator is geographically remote from the normal training base, the Authority may agree to some additional training being included in the programme at a remote facility.

(4) Skill Test

The content of the flying training programme should be directed towards the skill test for that type. The practical training given in Appendix 2 and 3 to JCAR FCL 2.240 should be modified as necessary. The skill test may be completed in a helicopter, in a flight simulator or partially in a helicopter and in a flight simulator. The use of a FSTD for skill tests is governed by
the level of approval of the flight simulator and the previous experience of the candidate. Where a flight simulator is not available, abnormal operations of systems should not be practised in a helicopter other than as allowed for in the skill test form for the type.

(5) Phase Progress Tests and Final Theoretical Knowledge Examination

Prior to the final theoretical knowledge examination covering the whole syllabus, the training programme should provide for phase progress tests associated with each phase of theoretical knowledge instruction. The phase progress tests should assess the candidate’s knowledge on completion of each phase of the training programme.

(6) Facilities: Ground School Equipment
Training Facilities and Aids

A TRTO should provide, as a minimum, facilities for classroom instruction. Additional classroom training aids and equipment including, where appropriate, computers, should reflect the content of the course and the complexity of the helicopter. For multi-pilot helicopters, the minimum level of ground training aids for approval should include equipment that provides a realistic cockpit working environment. Task analysis and the latest state of the art training technology is encouraged and should be fully incorporated into the training facilities wherever possible. Facilities for self and supervised testing should be available to the student.

(7) Training Devices

A Flight Training Device or Other Training Device may be provided to supplement classroom training in order to enable students to practice and consolidate theoretical instruction. Where suitable equipment is not available, or is not appropriate, a helicopter or flight simulator of the relevant variant should be available. If a FTD represents a different variant of the same helicopter type for which the student is being trained, then differences and/or familiarisation training is required.

Computer Based Training (CBT)

Where CBT aids are used as a training tool, the organisation should ensure that a fully qualified ground instructor is available at all times when such equipment is being used by course students. Other than for revision periods, CBT lessons should be briefed and debriefed by a qualified ground instructor.
(8) The Theoretical knowledge instruction training should meet the general objectives of:-

(a) giving the student a thorough knowledge of the helicopter structure, power plant and systems, and their associated limitations;

(b) giving the student a knowledge of the positioning and operation of the flight deck controls and indicators for the helicopter and its systems;

(c) giving the student an understanding of system malfunctions, their effect on helicopter operations and interaction with other systems;

(d) giving the student the understanding of normal, abnormal and emergency procedures

The amount of time and the contents of the theoretical instruction will depend on the complexity of the helicopter type involved and, to some extent, on the previous experience of the student.

(10) Flight Training

10.1 Flight Simulation Training Devices (FSTDs)

The level of qualification and the complexity of the type will determine the amount of practical training that may be accomplished in a FSTD, including completion of the skill test. Prior to undertaking the skill test, a student should demonstrate competency in the skill test items during the practical training.

10.2 Helicopter (with flight simulator)

With the exception of courses approved for zero flight time the amount of flight time in a helicopter should be adequate for completion of the skill test.

10.3 Helicopters (without flight simulator)

Whenever a helicopter is used for training the amount of flight time practical training should be adequate for the completion of the skill test. The amount of flight training will depend on the complexity of the helicopter type
involved and, to some extent, on the previous experience of the applicant.

(See Appendix 1 to JCAR FCL 2.261(b))
MULTI-CREW CO-OPERATION TRAINING

1. The objectives of MCC training are optimum decision making, communication, division of tasks, use of checklists, mutual supervision, teamwork, and support throughout all phases of flight under normal, abnormal and emergency conditions. The training emphasises the development of non-technical skills applicable to working in a multi-crew environment.

2. The training should focus on teaching students the basics on the functioning of crew members as teams in a multi-crew environment, not simply as a collection of technically competent individuals. Furthermore, the course should provide students with opportunities to practice the skills that are necessary to be effective team leaders and members. This requires training exercises which include students as crew members in the PF and PNF roles.

3. Students should be made familiar with inter-personal interfaces and how to make best use of crew co-operation techniques and their personal and leadership styles in a way that fosters crew effectiveness. Students should be made aware that their behaviour during normal circumstances can have a powerful impact on crew functioning during high workload and stressful situations.

4. Research studies strongly suggest that behavioural changes in any environment cannot be accomplished in a short period even if the training is very well designed. Trainees need time, awareness, practice and feedback, and continual reinforcement to learn lessons that will endure. In order to be effective, multi-crew co-operation training should be accomplished in several phases spread over a period.

5. The contents of the basic MCC course should cover theoretical knowledge training, practice and feedback in:
   a. interfaces
- examples of Software, Hardware, Environment and Liveware mismatches in practice

b. leaders/"follower ship" and authority
   - managerial and supervisory skills
   - assertiveness
   - barriers
   - cultural influence
   - PF and PNF roles
   - professionalism
   - team responsibility

c. personality, attitude and motivation
   - listening
   - conflict resolution
   - mediating
   - critique (pre-flight analyses and planning, ongoing-review, postflight)
   - team building

d. effective and clear communication during flight
   - listening
   - feedback
   - standard phraseologies
   - assertiveness
   - participation

e. crew co-ordination procedures
   - flight techniques and cockpit procedures
   - standard phraseologies
   - discipline

6. The use of checklists is of special importance for an orderly and safe conduct of the flights. Different philosophies have been developed for
the use of checklists. Whichever philosophy is used depends on the complexity of the aircraft concerned, the situation presented, the flight crew composition and their operating experience and the operator's procedures as laid down in the Flight Operations Manual.

7. Mutual supervision, information and support.
   a. Any action in handling the aircraft should be performed by mutual supervision. The pilot responsible for the specific action or task (PF or PNF) should be advised when substantial deviations (flight path, aircraft configuration etc.) are observed.
   b. Call-out procedures are essential, especially during take-off and approach, to indicate progress of the flight, systems status etc.
   c. Operation of aircraft systems, setting of radios and navigation equipment etc. should not be performed without demand by the PF or without information to the PF and his confirmation.

COURSE OBJECTIVE

8. The contents of paragraphs 3 and 4 can best be practised by performing the exercises in IEM JCAR FCL 2 2.261(d).

9. Practice and feedback of MCC with regard to the L-L (liveware-liveware) interface should also make provision for students for self and peer critique in order to improve communication, decision making and leadership skills. This phase is best accomplished through the use of FSTDs and video equipment. Video feedback is particularly effective because it allows participants to view themselves from a third-person perspective; this promotes acceptance of ones weak areas which encourages attitude and behavioral changes.

EXERCISES

10. The instruction should be accomplished as far as possible in a simulated commercial air transport environment and cover the following areas:
   a. pre-flight preparation, including documentation; computation of take off performance data; radio and navigation equipment checks and setting;
   b. before take-off checks, including powerplant checks; take-off briefing
by PF;

c. take-offs and landings to and from:
   - standard surface heliport
   - pinpoint surface heliport
   - elevated site
   - helideck

task of PF and PNF; call outs;

d. rejected take-offs; crosswind take-offs; take-offs at maximum take-off mass; engine failure before and after Take off Decision Point (TDP); engine failure before and after Defined Point After Take-off (DPATO);

e. normal and abnormal operation of aircraft systems; use of checklists;

f. Emergency procedures to include engines (shut down and restart at a safe height) failure, fire, smoke control and removal; auto pilot/flight director failure, autorotation descent, tail rotor control failure (if applicable), tail rotor loss, hydraulic failure, SAS failure; wind and turbulence effect on raised structures, or due to heliport environment; emergency descent; incapacitation of a flight crew member;

g. early recognition of specific helicopter hazards, e.g. ground resonance, dynamic and static rollover, blade stall, vortex ring/setting with power, settling with power depending on type of operation;

h. instrument flight procedures including holding procedures; precision approaches using raw navigation data, flight director and autopilot; one engine simulated inoperative approaches; autopilot inoperative approaches; non precision and circling approaches; radar approaches on fixed or moving platforms; call out procedures during approaches; computation of approach and landing data;

i. normal go-arounds; go arounds with one engine simulated inoperative and with autopilot or stabiliser inoperative; rejected landing; support of the PF by the PNF;

j. normal and crosswind landings with one simulated engine failure before and after landing decision point (LDP) and one simulated engine failure before defined point before landing (DPBL) and with
autopilot or Stability Augmentation System (SAS) inoperative; transition from instrument to visual flight on reaching decision height or minimum descent height/altitude.

Where MCC training is combined for an initial type rating on a multi-pilot helicopter, the exercises (a) and (b) may be conducted in a FS or FTD as part of an approved course.

REINFORCEMENT

11. No matter how effective the classroom curriculum, interpersonal drills, LOFT exercises, and feedback techniques are, a single exposure during the multi-crew co-operation course for the initial issue of a multi-pilot helicopter type rating will be insufficient. The attitudes and influences which contribute to ineffective crew co-ordination are ubiquitous and may develop over a pilots lifetime. Thus it will be necessary that the training of non-technical skills will be an integral part of all recurrent training for revalidation of a multi-pilot helicopter type rating as well as of the training for the issue of further multi-pilot type ratings.
Appendix 1 to AMC JCAR FCL 2.261(d)
Multi-crew co-operation course (helicopter) - Certificate of completion of MCC training
(See JCAR FCL 2.261(d))

```
<table>
<thead>
<tr>
<th>CERTIFICATE OF COMPLETION OF MCC-TRAINING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Applicant's last name:</td>
</tr>
<tr>
<td>Type of licence:</td>
</tr>
<tr>
<td>Instrument rating:</td>
</tr>
<tr>
<td>issued on:</td>
</tr>
<tr>
<td>Signature of applicant:</td>
</tr>
</tbody>
</table>

The satisfactory completion of MCC-Training according to requirements is certified below:

```
<table>
<thead>
<tr>
<th>TRAINING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Multi-crew co-operation training received during period:</td>
</tr>
<tr>
<td>from:</td>
</tr>
<tr>
<td>Location and date:</td>
</tr>
<tr>
<td>Type and number of licence and state of issue:</td>
</tr>
</tbody>
</table>
```
## AMC/IEM H - INSTRUCTOR RATINGS

**IEM JCAR FCL 2.320E**

**Flight instructor rating (Helicopter) (FI(H)) – Skill test form**

(See JCAR FCL 2.320E)

### APPLICATION AND REPORT FORM FOR THE FI(H) SKILL TEST

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td><strong>1</strong></td>
<td>Applicant’s personal particulars:</td>
</tr>
<tr>
<td></td>
<td>Applicant’s last name:</td>
</tr>
<tr>
<td></td>
<td>First names:</td>
</tr>
<tr>
<td></td>
<td>Date of Birth:</td>
</tr>
<tr>
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<td>Tel (Home):</td>
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<td></td>
<td>Tel (Work):</td>
</tr>
<tr>
<td></td>
<td>Address:</td>
</tr>
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<td>Country:</td>
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<td><strong>2</strong></td>
<td>Licence Details</td>
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<td>Licence type:</td>
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<td></td>
<td>Number:</td>
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<td>Exp. Date:</td>
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<td>Type ratings included in the licence:</td>
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<td>Other ratings included in the licence:</td>
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</tr>
<tr>
<td><strong>3</strong></td>
<td>Pre-course flying experience (See JCAR FCL 2.320A)</td>
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<tr>
<td></td>
<td>IR (hours)</td>
</tr>
<tr>
<td></td>
<td>PIC (hours)</td>
</tr>
<tr>
<td></td>
<td>TOTAL (hours)</td>
</tr>
<tr>
<td></td>
<td>CROSS-COUNTRY (hours)</td>
</tr>
</tbody>
</table>

CPL THEORETICAL EXAMINATION PASSED ________________ (date) (For PPL holders only) (Copy of pass shall be submitted with this form)
Pre-entry flight test *(See JCAR FCL 2.320(C))*

I recommend ____________________________ for the Flight Instructor Course-

<table>
<thead>
<tr>
<th>Name of FTO:</th>
<th>Date of flight test:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Name of FI conducting the test (Block capitals):

Licence number:

Signature:

---

Declaration by the applicant

I have received a course of training in accordance with the syllabus approved by the Authority for the: (Tick as applicable)

<table>
<thead>
<tr>
<th>Flight Instructor Rating FI(H)</th>
<th>Instrument Rating Instructor Rating (IRI(H))</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Applicant's name: (Block Letters)  
Signature:

---

Declaration by the chief flight instructor

I certify that ____________________________ has satisfactorily completed an approved course of training for the

<table>
<thead>
<tr>
<th>Flight Instructor Rating FI(H)</th>
<th>Instrument Rating Instructor Rating (IRI(H))</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

in accordance with the relevant syllabus approved by the Authority.

Flying hours during the course:

Helicopter/s, flight simulator/s or flight and navigation

Name of CFI:

Signature:

Name of FTO:
Flight instructor examiner's certificate

I have tested the applicant according to the examination report.

A— FLIGHT INSTRUCTOR EXAMINER'S ASSESSMENT in case of partial pass:

<table>
<thead>
<tr>
<th>Theoretical oral examination</th>
<th>Skill test</th>
</tr>
</thead>
<tbody>
<tr>
<td>Passed</td>
<td></td>
</tr>
<tr>
<td>Failed</td>
<td></td>
</tr>
</tbody>
</table>

I recommend further flight/ground training with a FI instructor before re-test.

I do not consider further flight/theoretical instruction necessary before re-test

Tick as applicable

B - FLIGHT INSTRUCTOR EXAMINER'S ASSESSMENT

<table>
<thead>
<tr>
<th>Flight Instructor rating</th>
<th>Instrument Instructor rating</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Tick as applicable</td>
</tr>
</tbody>
</table>

FIE's name (block letters):

Signature:

Licence number: Date:
AMC JCAR FCL 2.320D

Flight instructor rating (helicopter) (FI(H)) course
(See JCAR FCL 2.320D)
(See Appendix 1 to JCAR FCL 2.320D)

COURSE OBJECTIVE

The aim of this course is to give adequate training to the applicant in theoretical knowledge instruction and flight instruction in order to instruct for a PPL(H), a CPL(H), type ratings for single-engine helicopters and, if applicable, a helicopter night qualification.

PART I

TEACHING AND LEARNING

Item No.

1. THE LEARNING PROCESS
   Motivation
   Perception and understanding Memory and its application Habits and transfer
   Obstacles to learning
   Incentives to learning
   Learning methods
   Rates of learning

2. THE TEACHING PROCESS
   Elements of effective teaching
   Planning of instructional activity
   Teaching methods
   Teaching from the known' to the unknown
   Use of lesson plans'

3. TRAINING PHILOSOPHIES
Value of a structured (approved) course of training Importance of a planned syllabus
Integration of theoretical knowledge and flight instruction

4. TECHNIQUES OF APPLIED INSTRUCTION

a. Theoretical knowledge - Classroom instruction
   techniques Use of training aids
   Group lectures
   Individual briefings
   Student participation/discussion
b. FLIGHT - Airborne instruction techniques
   The flight/cockpit environment
   Techniques of applied instruction
   Post-flight and inflight judgement and decision making

5. STUDENT EVALUATION AND TESTING

a. Assessment of student performance
   The function of progress tests Recall of knowledge Translation of knowledge into understanding Development of understanding into actions The need to evaluate rate of progress
b. Analysis of student errors Establish the reason for errors Tackle major faults first, minor faults second Avoidance of over criticism The need for clear concise communication

6. TRAINING PROGRAMME DEVELOPMENT

   Lesson planning
   Preparation
   Explanation and demonstration Student participation and practice
   Evaluation

7. HUMAN PERFORMANCE AND LIMITATIONS RELEVANT TO FLIGHT INSTRUCTION

   Physiological factors
8. ALL HELICOPTER SPECIFIC HAZARDS INVOLVED IN SIMULATING SYSTEMS FAILURES AND MALFUNCTIONS IN THE HELICOPTER DURING FLIGHT
   - Selection of a safe altitude
   - Importance of touch drills'
   - Situational awareness
   - Adherence to correct procedures

9. TRAINING ADMINISTRATION
   - Flight/theoretical knowledge instruction records
   - Pilot's personal flying log book
   - The flight/ground curriculum
   - Study material
   - Official forms
   - Aircraft Flight/Owner's Manuals / Pilot's Operating Handbooks
   - Flight authorisation papers
   - Aircraft documents
   - The private pilot's licence regulations
SUGGESTED APPROXIMATE BREAKDOWN OF HOURS FOR THE THEORETICAL KNOWLEDGE INSTRUCTION SECTION OF THE FLIGHT INSTRUCTOR (HELICOPTER) COURSE

<table>
<thead>
<tr>
<th>Item No</th>
<th>Tuition hours</th>
<th>Practice hrs in class</th>
<th>Comment</th>
<th>Progress Tests</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2.00</td>
<td>-</td>
<td>Allow for questions and short discussion periods</td>
<td>0.30</td>
</tr>
<tr>
<td>2</td>
<td>4.00</td>
<td>-</td>
<td>The tuition time should allow for questions and short discussion periods</td>
<td>1.00</td>
</tr>
<tr>
<td>3</td>
<td>2.00</td>
<td>-</td>
<td>The PPL training syllabus should be used as a reference material</td>
<td>0.30</td>
</tr>
<tr>
<td>4.a.</td>
<td>5.00</td>
<td>34</td>
<td>The time spent in practice will be the time spent in practice under this item will involve the applicant’s refreshing their technical knowledge and developing their classroom instruction techniques. It will also include discussion between applicants and advice on teaching from the supervising instructor</td>
<td></td>
</tr>
<tr>
<td>4.b.</td>
<td>4.00</td>
<td>34</td>
<td>The time spent in practice will be mainly directed to the giving of pre-flight briefings. It will allow the applicants to develop their ability to give a practical and short briefing (10-15 minutes) to a student pilot. The briefing will outline in a logical sequence the flight lesson to be undertaken</td>
<td></td>
</tr>
<tr>
<td>5.a.</td>
<td>2.00</td>
<td>-</td>
<td>Emphasis should be placed on the validity of questions used in progress tests</td>
<td>1.00</td>
</tr>
<tr>
<td>5.b.</td>
<td>2.00</td>
<td>-</td>
<td>Emphasis should be placed on the need to give encouragement to the student</td>
<td>1.00</td>
</tr>
<tr>
<td>6</td>
<td>5.00</td>
<td>15</td>
<td>The time spent in practice will be directed towards the planning of classroom lesson periods and the development of the applicants’ ability to construct lesson plans</td>
<td></td>
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<tr>
<td>7</td>
<td>5.00</td>
<td>-</td>
<td>Scenarios relevant to good judgment and decision-making should be set and analyzed</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>2.00</td>
<td>-</td>
<td>Examples of hazards e.g. mast bumping, blade stall should cover a broad range of helicopters and types of operation and not to be confined to the aircraft used on the course</td>
<td>1.00</td>
</tr>
<tr>
<td>9</td>
<td>-</td>
<td>-</td>
<td>Long briefings to teach an applicant to give instruction in night flying</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>2.00</td>
<td>-</td>
<td>General revision of relevant documents</td>
<td>1.00</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>40.00</strong></td>
<td><strong>83</strong></td>
<td></td>
<td><strong>7.00</strong></td>
</tr>
</tbody>
</table>
PART 2

AIR EXERCISES

1. The air exercises are similar to those used for the training of PPL(H) but with additional items designed to cover the needs of a flight instructor.

2. The numbering of exercises should be used primarily as an exercise reference list and as a broad instructional sequencing guide: therefore the demonstrations and practices need not necessarily be given in the order listed. The actual order and content will depend upon the following interrelated factors:
   - The applicant's progress and ability
   - The weather conditions affecting the flight
   - The flight time available
   - Instructional technique considerations
   - The local operating environment
   - Applicability of the exercises to the helicopter type

3. It follows that student instructors will eventually be faced with similar interrelated factors. They should be shown and taught how to construct flight lesson plans, taking these factors into account, so as to make the best use of each flight lesson, combining parts of the set exercises as necessary.

GENERAL

4. The briefing normally includes a statement of the objectives and a brief reference to principles of flight only if relevant. An explanation is to be given of exactly what air exercises are to be taught by the instructor and practised by the student during the flight. It should include how the flight will be conducted with regard to who is to fly the helicopter and what airmanship, weather and flight safety aspects currently apply. The nature of the lesson will govern the order in which the constituent parts are to be taught.

5. The four basic components of the briefing will be:
a. The aim
b. Principles of Flight (briefest reference only)
c. The Air Exercise(s) (what, and how and by whom)
d. Airmanship

PLANNING OF FLIGHT LESSONS

6. The preparation of lesson plans is an essential pre-requisite of good instruction and the student instructor is to be given supervised practice in the planning and practical application of flight lesson plans.

GENERAL CONSIDERATIONS

7. The student instructor should complete flight training in order to practise the principles of basic instruction at the PPL(H) level.

8. During this training, except when acting as a student pilot for mutual flights, the student instructor shall occupy the seat normally occupied by the Flight Instructor.

9. It is to be noted that airmanship is a vital ingredient of all flight operations. Therefore, in the following air exercises the relevant aspects of airmanship are to be stressed at the appropriate times during each flight.

10. If the privileges of the FI(H) rating are to include instruction for night flying, exercise 28 should be undertaken either as a part of the course or subsequent to rating issue.

FLIGHT INSTRUCTION SYLLABUS CONTENTS

LONG BRIEFINGS AND AIR EXERCISES

1. Familiarisation with the helicopter
2. Preparation before and action after flight
3. Air experience
4. Effects of controls
5. Power and attitude changes
6. Level flight, climbing and descending and turning
7. Auto-rotations
8. Hovering and hover taxying
9. Take-off and landing
10. Transitions from hover to climb and approach to hover
11. Circuits and emergencies
12. First solo
13. Sideways and backwards hover manoeuvring
14. Spot turns
15. Hover out of ground effect (OGE) and Vortex ring
16. Simulated engine off landings
17. Advanced auto-rotations
18. Practice forced landings
19. Steep turns
20. Transitions
21. Quick-stops
22. Navigation
23. Advanced take-offs, landings and transitions
24. Sloping ground
25. Limited power
26. Confined areas
27. Basic instrument flying
28. Night flying (if night instructional qualification required)

Note: Airmanship should be included as required in each exercise.
EXERCISE 1 - FAMILIARISATION WITH THE HELICOPTER

LONG BRIEFING

<table>
<thead>
<tr>
<th>Objectives</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>to familiarise</td>
<td>the student with the helicopter</td>
</tr>
<tr>
<td>to explain the</td>
<td>characteristics of the helicopter the cockpit layout</td>
</tr>
<tr>
<td></td>
<td>the helicopter and engine systems</td>
</tr>
<tr>
<td></td>
<td>the use of the check list(s) and procedures</td>
</tr>
<tr>
<td>to familiarize the</td>
<td>student with the helicopter controls</td>
</tr>
<tr>
<td>to explain</td>
<td>the differences when occupying the instructor’s seat</td>
</tr>
</tbody>
</table>

EMERGENCY DRILLS

<table>
<thead>
<tr>
<th>to explain</th>
<th>the action in the event of a fire on the ground or in the air:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>engine fire</td>
</tr>
<tr>
<td></td>
<td>cockpit/cabin fire</td>
</tr>
<tr>
<td></td>
<td>electrical fire</td>
</tr>
<tr>
<td></td>
<td>system failure drills as applicable to type</td>
</tr>
<tr>
<td></td>
<td>escape exits</td>
</tr>
<tr>
<td>to demonstrate</td>
<td>escape drills including use of Emergency equipment</td>
</tr>
</tbody>
</table>

EXERCISE 2 - PREPARATION FOR AND ACTION AFTER FLIGHT

LONG BRIEFING

<table>
<thead>
<tr>
<th>Objectives</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>to explain certificate of</td>
<td>flight authorisation and helicopter acceptance including tech</td>
</tr>
<tr>
<td></td>
<td>log (if applicable)</td>
</tr>
<tr>
<td></td>
<td>Maintenance equipment required for flight (maps, etc.)</td>
</tr>
<tr>
<td></td>
<td>external checks</td>
</tr>
<tr>
<td></td>
<td>internal checks</td>
</tr>
<tr>
<td>Exercise</td>
<td>Description</td>
</tr>
<tr>
<td>----------</td>
<td>-------------</td>
</tr>
<tr>
<td>EXERCISE 3- AIR EXPERIENCE</td>
<td><strong>Note:</strong> there is no requirement for a long briefing for this exercise</td>
</tr>
</tbody>
</table>

**AIR EXERCISE**

**Objectives**
- to give
- to familiarize
- to demonstrate

- the student air experience
- the student with the cockpit layout, ergonomics, controls
- cockpit procedures stability and control

**EXERCISE 4 - EFFECTS OF CONTROLS**

**LONG BRIEFING**

**Objectives**
- to explain

- the function of the flying controls (primary and secondary effect)
- the effect of airspeed
- the effect of power changes (torque)
- the effect of yaw (sideslip)
- the effect of disc loading (bank and flare)
- the effect on controls of selecting hydraulics on/off
- the effect of control friction
- the instruments
- the use of carburetor heat/anti-icing control
### AIR EXERCISE

| Objectives to demonstrate | the function of the flying controls  
|                         | the effects of airspeed  
|                         | the effect of power changes (torque)  
|                         | the effect of yaw (sideslip)  
|                         | the effect of disc loading (bank and flare)  
|                         | the effect on controls of selecting hydraulics on/off  
|                         | the effect of control friction  
|                         | the instruments (including instrument scan)  
|                         | the use of carburetor heat/anti-icing control |

### EXERCISE 5 - POWER AND ATTITUDE CHANGES

#### LONG BRIEFING

| Objectives to explain | the relationship between cyclic control position, disc attitude, fuselage attitude and airspeed flapback  
|                       | the power required diagram in relation to airspeed power and airspeed changes in level flight  
|                       | the use of the instruments for precision  
|                       | the engine and airspeed limitations |

### EXERCISE 6 - LEVEL FLIGHT, CLIMBING, DESCENDING AND TURNING

Note: For ease of training this exercise is divided into four separate parts in the PPL(H) syllabus but may be taught complete or in convenient parts

#### LONG BRIEFING

| Objectives to explain | the basic factors involved in level flight  
|                       | the normal power settings  
|                       | the use of control friction and/or trim  
<p>|                       | the importance of maintaining direction and balance the power required/power available diagram |</p>
<table>
<thead>
<tr>
<th>AIR EXERCISE</th>
</tr>
</thead>
</table>
| **Objectives**
| **to demonstrate** |
| the optimum climb and descent speeds/angles/rates |
| the importance of balance, attitude and co-ordination in the turn |
| the effects of turning on rate of climb/descent |
| the use of the gyro direction/heading indicator and compass |
| the use of instruments for precision |
| maintaining straight and level flight at normal cruise power control in pitch |
| the use of carburetor heat/anti-icing control, including use of control friction and/or trim the use of the ball/yawstring to maintain direction and balance setting and use of power for selected airspeeds/speed changes entry to climb |
| normal and maximum rate of climb |
| levelling off from climb at selected altitudes/heights entry to descent |
| effect of power and airspeed on rate of descent |
| levelling off from descent at selected altitudes/heights entry to medium rate turns |
| importance of balance, attitude and co-ordination to maintain level turn resuming straight and level flight |
| turns onto selected headings, use of direction indicator and compass turns whilst climbing and descending |
| effect of turn on rate of climb or descent |
| the use of instruments for precision (including instrument scan and lookout) |

<table>
<thead>
<tr>
<th>EXERCISE 7- AUTOROTATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LONG BRIEFING</strong></td>
</tr>
<tr>
<td><strong>Objectives to explain</strong></td>
</tr>
<tr>
<td>the characteristics of autorotation</td>
</tr>
<tr>
<td>safety checks (including lookout and verbal warning)</td>
</tr>
<tr>
<td>entry and development of autorotation</td>
</tr>
<tr>
<td>the effect of AUM, IAS, disc loading, G forces and density altitude on RRPM and rate of descent</td>
</tr>
<tr>
<td>rotor and engine limitations control of airspeed and RRPM recovery to powered flight</td>
</tr>
<tr>
<td>throttle override and control of ERPM/RRPM during re-engagement (as applicable) danger of vortex condition during recovery</td>
</tr>
</tbody>
</table>

**AIR EXERCISE**

| Objectives to demonstrate | safety checks (including verbal warning and lookout) |
| entry to and establishing in autorotation |
| effect of IAS and disc loading on RRPM and rate of descent control of airspeed and RRPM |
| recovery to powered flight |
| medium turns in autorotation |
| a simulated engine off landing (as appropriate) |

**EXERCISE 8- HOVERING AND HOVER TAXIING**

**LONG BRIEFING**

| Objectives to explain | ground effect and power required |
| effect of wind, attitude and surface |
| stability in hover and effects of over controlling effects of controls in hover |
| control and co-ordination during spot turns |
| requirement for slow hover speed to maintain ground effect |
| effect of hydraulic failure in hover |
| specific hazards, e.g. snow, dust, etc |
## AIR EXERCISE

<table>
<thead>
<tr>
<th>Objectives to demonstrate</th>
</tr>
</thead>
<tbody>
<tr>
<td>ground effect and power/height relationship</td>
</tr>
<tr>
<td>effect of wind, attitude and surface</td>
</tr>
<tr>
<td>stability in hover and effects of over controlling</td>
</tr>
<tr>
<td>effects of controls and hover technique</td>
</tr>
<tr>
<td>gentle forward running touchdown</td>
</tr>
<tr>
<td>control and co-ordination during spot (90 degree clearing) turns</td>
</tr>
<tr>
<td>control and co-ordination during hover taxi</td>
</tr>
<tr>
<td>dangers of mishandling and overpitching</td>
</tr>
<tr>
<td>(where applicable) effect of hydraulics failure in hover simulated engine failure in the hover and hover taxi</td>
</tr>
</tbody>
</table>

## EXERCISE 9 - TAKE-OFF AND LANDING

### LONG BRIEFING

<table>
<thead>
<tr>
<th>Objectives to explain</th>
</tr>
</thead>
<tbody>
<tr>
<td>pre-take-off checks/drills</td>
</tr>
<tr>
<td>importance of good lookout</td>
</tr>
<tr>
<td>technique for lifting to hover</td>
</tr>
<tr>
<td>after take-off checks</td>
</tr>
<tr>
<td>danger of horizontal movement near ground dangers of mishandling and overpitching technique for landing</td>
</tr>
<tr>
<td>after landing checks</td>
</tr>
<tr>
<td>take-off and landing cross wind and downwind</td>
</tr>
</tbody>
</table>

## AIR EXERCISE

<table>
<thead>
<tr>
<th>Objectives to demonstrate</th>
</tr>
</thead>
<tbody>
<tr>
<td>pre-take-off checks/drills</td>
</tr>
<tr>
<td>pre-take-off lookout technique</td>
</tr>
<tr>
<td>lifting to hover</td>
</tr>
<tr>
<td>after take-off checks</td>
</tr>
<tr>
<td>Exercise</td>
</tr>
<tr>
<td>----------</td>
</tr>
<tr>
<td>EXERCISE 10- TRANSITIONS FROM HOVER TO CLimb AND APPROACH TO HOVER</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Objectives</td>
</tr>
<tr>
<td>to revise</td>
</tr>
<tr>
<td>to explain</td>
</tr>
<tr>
<td></td>
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<td></td>
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<tr>
<td></td>
</tr>
</tbody>
</table>
## EXERCISE 11 - CIRCUIT, APPROACH AND LANDING
### LONG BRIEFING

<table>
<thead>
<tr>
<th>Objectives to explain</th>
<th>circuit and associated procedures</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>take-off and climb (including checks/speeds)</td>
</tr>
<tr>
<td></td>
<td>cross wind leg (including checks/speeds/angles of bank in turns)</td>
</tr>
<tr>
<td></td>
<td>downwind leg (including pre-landing checks)</td>
</tr>
<tr>
<td></td>
<td>base leg (including checks/speeds/angles of bank in turns)</td>
</tr>
<tr>
<td></td>
<td>final approach (including checks/speeds)</td>
</tr>
<tr>
<td></td>
<td>effect of wind on approach and hover IGE</td>
</tr>
<tr>
<td></td>
<td>cross wind approach and landing technique</td>
</tr>
<tr>
<td></td>
<td>missed approach and go around technique (as applicable)</td>
</tr>
<tr>
<td></td>
<td>sleep approach technique (including danger of high sink rate)</td>
</tr>
<tr>
<td></td>
<td>limited power approach technique (including danger of high speed at touch down)</td>
</tr>
<tr>
<td></td>
<td>use of the ground effect</td>
</tr>
<tr>
<td></td>
<td>abandoned take-off technique</td>
</tr>
<tr>
<td></td>
<td>hydraulic failure drills and hydraulics off landing technique (where applicable)</td>
</tr>
<tr>
<td></td>
<td>drills/technique for tail rotor control/tail rotor drive failure</td>
</tr>
<tr>
<td></td>
<td>engine failure drills in the circuit to include</td>
</tr>
<tr>
<td></td>
<td>engine failure on take-off</td>
</tr>
<tr>
<td></td>
<td>cross wind</td>
</tr>
<tr>
<td></td>
<td>downwind</td>
</tr>
<tr>
<td></td>
<td>base leg</td>
</tr>
<tr>
<td></td>
<td>on final approach</td>
</tr>
<tr>
<td></td>
<td>noise abatement procedures (as applicable)</td>
</tr>
</tbody>
</table>

### AIR EXERCISE

| Objectives to revise to demonstrate | transitions and constant angle approach |
a basic training circuit, including checks
cross wind approach and landing technique
missed approach and go around technique (as applicable)
steep approach technique
basic limited power approach/run on technique
use of ground effect
hydraulic failure and approach to touchdown with hydraulics off
and to recover at safe height (as applicable)
simulated engine failure on take-off, cross wind,
downwind, base leg and finals variable flare simulated
engine off landing

EXERCISE 12 - FIRST SOLO

INSTRUCTORS BRIEF TO STUDENT TO INCLUDE:

<table>
<thead>
<tr>
<th>warning of</th>
<th>change of attitude due to reduced and laterally displaced weight</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>low tail, low skid/wheel during hover/landing</td>
</tr>
<tr>
<td></td>
<td>dangers of loss of RRPM and overpitching</td>
</tr>
<tr>
<td></td>
<td>pre-take-off checks</td>
</tr>
<tr>
<td></td>
<td>into wind take-off</td>
</tr>
<tr>
<td></td>
<td>drills during and after take-off</td>
</tr>
<tr>
<td></td>
<td>normal circuit, approach and landing</td>
</tr>
<tr>
<td></td>
<td>action in the event of an emergency</td>
</tr>
</tbody>
</table>

EXERCISE 13- SIDEWAYS AND BACKWARDS HOVER MANOEUVRING

LONG BRIEFING

| Objectives to revise to explain | hovering
|                                | directional stability and weathercocking effect
|                                | danger of pitching nose down on recovery from |
backwards manoeuvring helicopter limitations for sideways and backwards manoeuvring

effect of C of G position

AIR EXERCISE

Objectives
to revise to demonstrate

hovering and 90 degree clearing turns
manoeuvring sideways heading into wind
manoeuvring backwards heading into wind
manoeuvring sideways and backwards heading out of wind
manoeuvring backwards too fast and recovery action

EXERCISE 14 - SPOT TURNS

LONG BRIEFING

Objectives
to revise to explain

ground effect and effect of wind
weathercocking and control actions
control of RRPM
torque effect
cyclic limiting stops due to C of G position (where applicable)
rate of turn limitations
spot turn about pilot position
spot turn about tail rotor position
spot turn about helicopter geometric centre
square (safe visibility) clearing turn

AIR EXERCISE
## EXERCISE 15 - HOVER OUT OF GROUND EFFECT AND VORTEX RING

### LONG BRIEFING

| Objectives to revise to explain | ground effect and power required diagram  
drift/height/power control/lookout/scan  
vortex ring, (including dangers, recognition and recovery actions) loss of tail rotor effectiveness |

## AIR EXERCISE

| Objectives to demonstrate | hover OGE  
drift/height/power control/lookout and instrument scan technique recognition of incipient stage of vortex ring/settling with power recovery action from incipient stage of vortex ring recognition of loss of tail rotor effectiveness and recovery actions |

## EXERCISE 16 - SIMULATED ENGINE OFF LANDINGS

### LONG BRIEFING

| Objectives | }
to revise
  basic autorotation
  effect of AUM, disc loading, density altitude and RRPM decay
  use of cyclic and collective to control speed/RRPM torque effect
  use of flare/turn to restore RRPM
  technique for variable flare simulated EOL
  technique for constant attitude simulated EOL
  technique for hover/hover taxi simulated EOL

to explain
  emergency technique for engine failure during transition
  technique for low level simulated EOL

AIR EXERCISE

Objectives
  to revise
  entry to and control in autorotation
  variable flare simulated EOL
  constant attitude simulated EOL
  hover simulated EOL
  hover taxi simulated EOL
  low level simulated EOL

EXERCISE 17-ADVANCED AUTOROTATIONS

LONG BRIEFING

Objectives
  to explain
  effect of airspeed/AUM on angles/rates of descent
  effect of RRPM setting on angle/rate of descent
  reason and technique for range autorotation
  reason and technique for constant attitude autorotation
  reason and technique for low speed and S' turns in autorotation
  speed/bank limitations in turns in autorotation
### AIR EXERCISE

**Objectives**
- to select
- to revise
- to demonstrate

<table>
<thead>
<tr>
<th>Action</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>to revise</td>
<td>engagement/go-around procedures</td>
</tr>
<tr>
<td>to select</td>
<td>ground marker and standard datum height to determine distance covered during various autorotation techniques</td>
</tr>
<tr>
<td>to revise</td>
<td>basic autorotation</td>
</tr>
<tr>
<td>to demonstrate</td>
<td>technique for range autorotation</td>
</tr>
<tr>
<td>to revise</td>
<td>technique for constant attitude autorotation</td>
</tr>
<tr>
<td>to revise</td>
<td>technique for low speed autorotation, including need for timely speed recovery technique for S’ turn in autorotation 180 and 360 degree turns in autorotation</td>
</tr>
<tr>
<td>to revise</td>
<td>engagement and go-around technique</td>
</tr>
</tbody>
</table>

### EXERCISE 18 - PRACTICE FORCED LANDINGS

#### LONG BRIEFING

**Objectives**
- to explain

<table>
<thead>
<tr>
<th>Action</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>to explain</td>
<td>types of terrain/surface options for choice of best landing area</td>
</tr>
<tr>
<td>to explain</td>
<td>practice forced landing procedure</td>
</tr>
<tr>
<td>to explain</td>
<td>forced landing checks and crash actions</td>
</tr>
<tr>
<td>to explain</td>
<td>rules/height for recovery and go-around</td>
</tr>
</tbody>
</table>

#### AIR EXERCISE

**Objectives**
- to demonstrate
- to revise

<table>
<thead>
<tr>
<th>Action</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>to demonstrate</td>
<td>recognition of types of terrain from normal cruise height/altitude</td>
</tr>
<tr>
<td>to revise</td>
<td>practice forced landing technique</td>
</tr>
<tr>
<td>to revise</td>
<td>recovery/go-around technique</td>
</tr>
</tbody>
</table>
EXERCISE 19 - STEEP TURNS
LONG BRIEFING

| Objectives | airspeed/angle of bank limitations  
|            | technique for co-ordination to hold bank/attitude  
|            | speed/bank limitations in autorotation including RRPM control  
| to explain | significance of disc loading, vibration and control feedback effect of wind in turns at low level  

AIR EXERCISE

| Objectives | technique for turning at 30 degrees of bank  
|            | technique for turning at 45 degrees of bank (where possible)  
|            | steep autorotative turns  

| to explain | faults in the turn - balance, attitude, bank and co-ordination  
| to demonstrate | effect of wind at low level  

EXERCISE 20 - TRANSITIONS
LONG BRIEFING

| Objectives | effect of ground cushion, translational lift, flapback  
| to revise | training requirement for precision exercise  
| to explain | technique for transition to forward flight and back to hover as precision exercise effect of wind  

AIR EXERCISE
## JCAR-FCL 2

### Section 2 AMC & IEM

#### Amendment No. Original

#### Effective Date :

#### Page 163

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<table>
<thead>
<tr>
<th>Objectives</th>
<th>transition from hover to minimum 50 knots IAS and back to hover note: select constant height (20 - 30 feet) and maintain effect of wind</th>
</tr>
</thead>
</table>

### EXERCISE 21 - QUICKSTOPS

#### LONG BRIEFING

<table>
<thead>
<tr>
<th>Objectives</th>
<th>power control co-ordination effect of wind technique for quickstop into wind technique for quickstop from cross wind airspeed/angles of bank limitations technique for Emergency turn from downwind technique for quickstop from downwind from high speed - flare and turn technique for quickstop from downwind from low speed - turn and flare note: use reasonable datum speed e.g. high speed, low speed</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>to explain</th>
<th>faults in the turn - balance, attitude, bank and co-ordination danger of holding flare when downwind, (vortex ring) - (minimum speed 70 knots) danger of high disc loading</th>
</tr>
</thead>
</table>

### AIR EXERCISE

<table>
<thead>
<tr>
<th>Objectives</th>
<th>technique for quickstop into wind technique for quickstop from cross wind danger of vortex ring and disc loading</th>
</tr>
</thead>
</table>

<p>| technique for quickstop from downwind with low speed | flight planning |
| technique for quickstop from downwind with high speed | use of weather forecasts/actuals |
| Emergency turns from downwind | map selection, orientation, preparation and use route choice with particular regard to: |
| | controlled airspace, danger and prohibited areas safety altitudes |
| | calculations with particular regard to: |
| | magnetic heading(s), time(s) en route |
| | fuel consumption |
| | mass and balance |
| | use of flight information with particular regard to: |
| | NOTAM's |
| | radio frequencies |
| | selection of alternate landing sites |
| | helicopter documentation |
| | notification of the flight, to include |
| | pre-flight administration procedures |
| | flight plan form (where appropriate) |
| | importan of organisation of cockpit workload |
| | departure procedures to include |
| | altimeter settings |
| | ATC liaison in controlled/regulated airspace |
| | setting heading procedure |
| | noting of ETA's |
| Arrival to explain | Maintenance of height/altitude and heading procedure for revisions of ETA and headings to include 10 degree line, double track, track error, closing angle 1 in 60 rule amending an ETA log keeping use of radio use of navaids weather monitoring and minimum weather conditions for continuation of flight significance of in flight decision making technique for transiting controlled/regulated airspace uncertainty of position procedure lost procedure aerodrome joining procedure, in particular ATC liaison in controlled/regulated airspace altimeter setting entering traffic pattern circuit procedures parking procedures, in particular security of helicopter refuelling closing of flight plan, (if appropriate) post flight administrative procedures |
| Navigation problems at low heights &amp; reduced visibility to explain | Actions prior to descending significance of hazards, (e.g. obstacles, other traffic) difficulties of map reading effects of wind and turbulence |</p>
<table>
<thead>
<tr>
<th>Radio navigation to explain</th>
<th>significance of avoiding noise sensitive areas procedures for joining a circuit from low level procedures for a bad weather circuit and landing</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>use of VHF Omni Range, including: availability, AIP, frequencies selection and identification omni bearing selector (OBS) to/from indications, orientation course deviation indicator (CDI) determination of radial intercepting and maintaining a radial VOR passage obtaining a fix from two VOR’s</td>
</tr>
<tr>
<td></td>
<td>use of automatic direction finding equipment (ADF)/ non-directional beacons (NDBs), including: availability, AIP, frequencies selection and identification orientation relative to beacon homing</td>
</tr>
<tr>
<td></td>
<td>use of VHF direction finding (VHF/DF) availability, AIP, frequencies R/T procedures and ATC liaison obtaining a QDM and homing</td>
</tr>
<tr>
<td></td>
<td>use of en-route/terminal radar, including: availability, AIP procedures and ATC liaison pilots responsibilities secondary surveillance radar, including: transponders code selection</td>
</tr>
</tbody>
</table>
interrogation and reply
use of distance measuring equipment (DME), including:
station selection and identification
modes of operation, including:
distance, groundspeed, time to run

AIR EXERCISE

<table>
<thead>
<tr>
<th>Objectives</th>
<th>navigation procedures as necessary</th>
</tr>
</thead>
<tbody>
<tr>
<td>to demonstrate</td>
<td>student and correct errors as necessary</td>
</tr>
<tr>
<td>to advise</td>
<td>map reading techniques</td>
</tr>
<tr>
<td>to demonstrate</td>
<td>the significance of calculations</td>
</tr>
<tr>
<td></td>
<td>revision of headings and ETA’s</td>
</tr>
<tr>
<td></td>
<td>use of radio</td>
</tr>
<tr>
<td></td>
<td>use of navaids, including ADF/NDB, VOR, VHF/DF, DME, Transponder</td>
</tr>
<tr>
<td></td>
<td>log keeping</td>
</tr>
<tr>
<td></td>
<td>importance of decision making</td>
</tr>
<tr>
<td></td>
<td>procedure to deal with uncertainty of position</td>
</tr>
<tr>
<td></td>
<td>lost procedure</td>
</tr>
<tr>
<td></td>
<td>aerodrome joining procedure</td>
</tr>
<tr>
<td></td>
<td>parking and shut-down procedures</td>
</tr>
<tr>
<td></td>
<td>post-flight administration procedures</td>
</tr>
</tbody>
</table>

EXERCISE 23 - ADVANCED TAKE-OFF, LANDINGS, TRANSITIONS

LONG BRIEFING

<table>
<thead>
<tr>
<th>Objectives</th>
<th>landing and takeoff out of wind (performance reduction)</th>
</tr>
</thead>
<tbody>
<tr>
<td>to revise</td>
<td>wind limitations</td>
</tr>
<tr>
<td></td>
<td>directional stability variation when out of wind</td>
</tr>
<tr>
<td></td>
<td>power required diagram</td>
</tr>
<tr>
<td>to explain</td>
<td>technique for downwind transitions, technique for vertical take-off over obstacles, reconnaissance technique for landing site power checks, technique for running landing technique for zero speed landing, technique for cross wind and downwind landings, steep approach, including dangers, go around procedures</td>
</tr>
<tr>
<td>to revise</td>
<td></td>
</tr>
</tbody>
</table>

**AIR EXERCISE**

<table>
<thead>
<tr>
<th>Objectives to demonstrate</th>
</tr>
</thead>
<tbody>
<tr>
<td>technique for downwind transition, technique for vertical take-off over obstacles, reconnaissance technique for landing site power check and assessment technique for running landing technique for zero speed landing, technique for cross wind and downwind landings, technique for steep approach go around procedures</td>
</tr>
</tbody>
</table>
### EXERCISE 24 - SLOPING ROUND

**LONG BRIEFING**

<table>
<thead>
<tr>
<th>Objectives to explain</th>
<th>Limitations</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>wind and slope relationship, including blade and control stops</td>
</tr>
<tr>
<td></td>
<td>the effect of C of G when on slope</td>
</tr>
<tr>
<td></td>
<td>ground effect and power required when on slope landing technique when on slope, left, right and nose-up</td>
</tr>
<tr>
<td></td>
<td>avoidance of dynamic rollover, dangers of soft ground and sideways movement</td>
</tr>
<tr>
<td></td>
<td>dangers of overcontrolling near ground on slope danger of striking main/tail rotor on up slope</td>
</tr>
</tbody>
</table>

**AIR EXERCISE**

<table>
<thead>
<tr>
<th>Objectives to demonstrate</th>
<th>technique for assessing slope angle</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>technique for landing/take-off left skid up slope</td>
</tr>
<tr>
<td></td>
<td>technique for landing/take-off right skid up slope</td>
</tr>
<tr>
<td></td>
<td>technique for landing nose up slope dangers of overcontrolling near ground</td>
</tr>
</tbody>
</table>

### EXERCISE 25 - LIMITED POWER

**LONG BRIEFING**

<table>
<thead>
<tr>
<th>Objectives to explain</th>
<th>use of appropriate helicopter performance graphs</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>selection of technique according to available power effect of wind on available power</td>
</tr>
</tbody>
</table>

**AIR EXERCISE**

| Objectives | to revise and refine techniques demonstrated in Exercise 23 |
## EXERCISE 26 - CONFINED AREAS
### LONG BRIEFING

<table>
<thead>
<tr>
<th>Objectives</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>to revise</td>
<td>use of helicopter performance graphs</td>
</tr>
<tr>
<td>to explain</td>
<td>procedure for locating landing site and selecting site marker procedures for assessing wind speed/direction landing site reconnaissance techniques reason for selecting landing markers procedure for selecting direction and type of approach dangers of out of wind approach circuit procedures reason for approach to committal point and go around, (practice approach) approach technique clearing turn and landing, (sloping ground technique) hover power check/performance assessment IGE and OGE, (if necessary) take-off procedures</td>
</tr>
</tbody>
</table>

### AIR EXERCISE

<table>
<thead>
<tr>
<th>Objectives</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>to demonstrate</td>
<td>procedure for locating landing site and selecting site marker procedure for assessing wind speed/direction landing site reconnaissance techniques selecting landing markers, direction and type of approach circuit procedure practice approach, go around and approach technique clearing turn and landing, (sloping ground technique) hover power check/performance assessment IGE and OGE, (if necessary) take-off procedures</td>
</tr>
<tr>
<td>to revise</td>
<td></td>
</tr>
<tr>
<td>to demonstrate</td>
<td></td>
</tr>
</tbody>
</table>
## EXERCISE 27 - BASIC INSTRUMENT FLIGHT

### LONG BRIEFING

<table>
<thead>
<tr>
<th>Objectives</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>to explain</td>
<td>physiological sensations</td>
</tr>
<tr>
<td></td>
<td>instrument appreciation</td>
</tr>
<tr>
<td></td>
<td>attitude instrument flight</td>
</tr>
<tr>
<td></td>
<td>instrument scan</td>
</tr>
<tr>
<td></td>
<td>instrument limitations</td>
</tr>
<tr>
<td>to revise</td>
<td>basic manoeuvres by sole reference to instruments, including:</td>
</tr>
<tr>
<td>to explain</td>
<td>straight and level flight at various airspeeds and configurations</td>
</tr>
<tr>
<td></td>
<td>climbing and descending</td>
</tr>
<tr>
<td></td>
<td>standard rate turns, climbing and descending, onto selected</td>
</tr>
<tr>
<td></td>
<td>headings</td>
</tr>
<tr>
<td></td>
<td>recoveries from climbing and descending turns (unusual attitudes)</td>
</tr>
</tbody>
</table>

### AIR EXERCISE

<table>
<thead>
<tr>
<th>Objectives</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>to demonstrate</td>
<td>attitude instrument flight and instrument scan</td>
</tr>
<tr>
<td></td>
<td>basic manoeuvres by sole reference to instruments, including:</td>
</tr>
<tr>
<td></td>
<td>straight and level flight at various airspeeds and configurations</td>
</tr>
<tr>
<td></td>
<td>climbing and descending</td>
</tr>
<tr>
<td></td>
<td>standard rate turns, climbing and descending, onto selected</td>
</tr>
<tr>
<td></td>
<td>headings</td>
</tr>
<tr>
<td></td>
<td>recoveries from climbing and descending turns (unusual attitudes)</td>
</tr>
</tbody>
</table>

## EXERCISE 28- NIGHT FLYING (if night instructional qualification required)

### LONG BRIEFING

<table>
<thead>
<tr>
<th>Objectives</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>to explain</td>
<td>medical/physiological aspects of night vision</td>
</tr>
<tr>
<td>Requirement for torch to be carried, (pre-flight inspection, etc.)</td>
<td>use of the landing light</td>
</tr>
<tr>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>use of the landing light</td>
<td></td>
</tr>
<tr>
<td>take-off and hover taxi procedures at night</td>
<td></td>
</tr>
<tr>
<td>night take-off procedure</td>
<td></td>
</tr>
<tr>
<td>cockpit procedures at night</td>
<td></td>
</tr>
<tr>
<td>approach techniques</td>
<td></td>
</tr>
<tr>
<td>night landing techniques</td>
<td></td>
</tr>
<tr>
<td>night autorotation techniques (power recovery at safe height)</td>
<td></td>
</tr>
<tr>
<td>technique for practice forced landing at night (using appropriate illumination)</td>
<td></td>
</tr>
<tr>
<td>Emergency procedures at night</td>
<td></td>
</tr>
<tr>
<td>navigation principles at night</td>
<td></td>
</tr>
<tr>
<td>map marking for night use, (highlighting built up/lit areas with thicker lines, etc.)</td>
<td></td>
</tr>
</tbody>
</table>

**AIR EXERCISE**

<table>
<thead>
<tr>
<th>Objectives to demonstrate</th>
<th>use of torch for pre-flight inspection</th>
</tr>
</thead>
<tbody>
<tr>
<td>use of landing light</td>
<td></td>
</tr>
<tr>
<td><strong>night take-off to hover, (no sideways or backwards movement)</strong> night hover taxi, (higher and slower than by day)</td>
<td></td>
</tr>
<tr>
<td>night transition procedure</td>
<td></td>
</tr>
<tr>
<td>night circuit</td>
<td></td>
</tr>
<tr>
<td><strong>night approach and landing, (including use of landing light)</strong></td>
<td></td>
</tr>
<tr>
<td>night autorotation (power recovery at safe height)</td>
<td></td>
</tr>
<tr>
<td>practice forced landing at night, (using appropriate illumination)</td>
<td></td>
</tr>
<tr>
<td>night Emergency procedures</td>
<td></td>
</tr>
<tr>
<td>night cross country techniques, as appropriate</td>
<td></td>
</tr>
</tbody>
</table>
IEM JCAR FCL 2.320G
Flight instructor rating (Helicopter) (FI(H)) - Revalidation and renewal form JCAR FCL 2.320G

<table>
<thead>
<tr>
<th>INSTRUCTIONAL FLYING EXPERIENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructors applying for revalidation of the Flight Instructor Rating should enter the instructional hours flown during the preceding 36 months</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>INSTRUMENT:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total instructional hours (preceding, 36 months):</td>
</tr>
<tr>
<td>Total instructional hours (preceding, 12 months):</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FLIGHT INSTRUCTOR REFRESHER SEMINAR</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 This is to certify that the undersigned attended a Flight Instructor Seminar approved by the Authority</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2 Attendees personal particulars:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name:</td>
</tr>
<tr>
<td>Licence number:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>3 Seminar particulars:</th>
<th>Place:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date/s of seminar:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>4 Declaration by the responsible organizer:</th>
</tr>
</thead>
<tbody>
<tr>
<td>I certify that the above data are correct and that the Flight Instructor Seminar was carried out as approved by the Authority</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date of approval:</th>
<th>Name of organiser:</th>
</tr>
</thead>
<tbody>
<tr>
<td>(block letters)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date and place:</th>
<th>Signature:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>5 Declaration by the attendee:</th>
</tr>
</thead>
<tbody>
<tr>
<td>I confirm the data under 1 through 3</td>
</tr>
</tbody>
</table>

| Attendee's signature: |
### PROFICIENCY CHECK

................. (Name of applicant) has given proof of flying instructional ability during a proficiency check flight. This was done to my satisfaction.

<table>
<thead>
<tr>
<th>Flying time:</th>
<th>Helicopter/Flight simulator used:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Main exercise:</td>
<td></td>
</tr>
<tr>
<td>Name of FIE:</td>
<td>Licence number:</td>
</tr>
<tr>
<td>Date and place:</td>
<td></td>
</tr>
</tbody>
</table>

Signature:
AMC JCAR FCL 2.320(a)(2) (was first AMC JCAR FCL 2.355(a)(2))

Instructor Refresher Seminar

(See JCAR FCL 2.320G)

1. FI/IRI refresher seminar made available in JAA member States should have due regard to geographical location, numbers attending, and periodicity throughout the State concerned.

2. Such seminars should run for at least two days, and attendance from participants will be required for the whole duration of the seminar including breakout groups/workshops. Different aspects, such as inclusion of participants holding ratings in other categories of aircraft should be considered.

3. Some experienced FIs/IRIs currently involved with flying training and with a practical understanding of the revalidation requirements and current instructional techniques should be included as speakers at these seminars.

4. The attendance form (see IEM JCAR FCL 2.320E) will be completed and signed by the organiser of the seminar, as approved by the Authority, following attendance and satisfactory participation by the FI/IRI.

5. The content of the FI/IRI refresher seminar should be selected from the following:
   a. new and/or current rules/regulations, with emphasis on knowledge of JCAR FCL 2 and OPS requirements;
   b. teaching and learning;
   c. instructional techniques;
   d. the role of the instructor;
   e. national regulations (as applicable);
   f. human factors;
   g. flight safety, incident and accident prevention;
   h. airmanship;
   i. legal aspects and enforcement procedures;
   j. navigational skills including new/current radio navigation aids;
   k. teaching instrument flying;
l. weather related topics including methods of distribution; and
m. any additional topic is selected by the Authority.

Formal sessions should allow for a presentation time of 45 minutes, with 15 minutes for questions. The use of visual aids is recommended, with interactive video and other teaching aids (where available) for breakout groups/workshops.

AMC JCAR FCL 2.365 (New paragraph JCAR FCL 2.330B)

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AMC JCAR FCL 2.340C
Course for the instrument rating instructor rating (helicopter) (IRI(H))
(See JCAR FCL 2.340C)
((See Appendix 1 to JCAR FCL 2.340C)

COURSE OBJECTIVE

1. The IRI(H) course should give particular stress to the role of the individual in relation to the importance of human factors in the man-machine environment. Special attention should be paid to the applicant's levels of maturity and judgement including an understanding of adults, their behavioural attitudes and variable levels of education.

2. With the exception of the section on Teaching and Learning, all the subject detail contained in the Theoretical knowledge and Flight Training Syllabus is complementary to the Instrument Rating Course Syllabus which should already be known by the applicant. Therefore the objective of the course is to:
   a. refresh and bring up to date the technical knowledge of the student instructor;
   b. train pilots in accordance with the requirements of the modular instrument flying training course (see Appendix 1 to JCAR FCL 2.205);
   c. enable the applicant to develop the necessary instructional techniques required for teaching of instrument flying, radio navigation and instrument procedures to the level required for the issue of an IR; and
   d. ensure that the student instrument instructor's flying is of a sufficiently high standard.

3. Some of the air exercise in Part Three — Flight Training Syllabus of this AMC may be combined in the same flight.
During the course, the applicants should be made aware of their own attitudes to the important aspect of flight safety. Improving safety awareness should be a fundamental objective throughout the course. It will be of major importance for the course of training to aim at giving applicants the knowledge, skills and attitudes relevant to a flight instructor's task and to achieve this, the course curriculum, in terms of objectives should comprise at least the following areas.

<table>
<thead>
<tr>
<th>PART I</th>
<th>TEACHING AND LEARNING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Item No</td>
<td></td>
</tr>
</tbody>
</table>

1. **THE LEARNING PROCESS**
   - Motivation
   - Perception and understanding
   - Memory and its application
   - Habits and transfer
   - Obstacles to learning
   - Incentives to learning
   - Learning methods
   - Rates of learning

2. **THE TEACHING PROCESS**
   - Elements of effective teaching
   - Planning of instructional activity
   - Teaching methods
   - Teaching from the known' to the unknown
   - Use of lesson plans'

3. **TRAINING PHILOSOPHIES**
   - Value of a structured (approved) course of training
   - Importance of a planned syllabus
   - Integration of theoretical knowledge and flight training

4. **TECHNIQUES OF APPLIED INSTRUCTION**
a. THEORETICAL KNOWLEDGE - Classroom instruction techniques
   Use of training aids
   Group lectures
   Individual briefings
   Student participation/discussion

b. FLIGHT - Airborne instruction techniques
   The flight/cockpit environment
   Techniques of applied instruction
   Post flight and in-flight judgement and decision making

5. STUDENT EVALUATION AND TESTING
   a. Assessment of student performance
      The function of progress tests
      Recall of knowledge
      Translation of knowledge into understanding
      Development of understanding into actions
      The need to evaluate rate of progress

   b. Analysis of student errors
      Establish the reason for errors
      Tackle major faults first, minor faults second
      Avoidance of over criticism
      The need for clear concise communication

6. TRAINING PROGRAMME DEVELOPMENT
   Lesson planning
   Preparation
   Explanation and demonstration
   Student participation and practice Evaluation

7. HUMAN PERFORMANCE AND LIMITATIONS RELEVANT TO FIGHT INSTRUCTION
Physiological factors
Psychological factors
Human information processing
Behavioural attitudes
Development of judgement and decision making

8. HAZARDS INVOLVED IN SIMULATING SYSTEMS FAILURES AND MALFUNCTIONS IN THE HELICOPTER DURING FLIGHT
Selection of a safe altitude (i.e. SE operation with low or no power)
Importance of touch drills'
Situational awareness Adherence to correct procedures

9. TRAINING ADMINISTRATIONS
Flight/theoretical knowledge training records
Pilot's personal flying log book
The flight/theoretical knowledge curriculum
Study material
Official forms
Aircraft Flight/Owner's Manuals/Pilot's Operating Handbooks Flight authorization papers
Aircraft documents
The Instrument Pilot's rating regulations

PART 2
THEORETICAL KNOWLEDGE INSTRUCTION SYLLABUS

The theoretical subjects covered below should be used to develop the instructor's teaching skills. The items selected should relate to the student's background and should be applied to training for an IR(H).

GENERAL SUBJECTS
PHYSIOLOGICAL/PSYCHOLOGICAL FACTORS

The Senses
Spatial
Disorientation
Sensory Illusions
Stress

FLIGHT INSTRUMENTS
Airspeed Indicator
Altimeter
Vertical Speed Indicator Attitude Indicator
Heading Indicator
Turn and [Slip] Indicator
Magnetic Compass

In relation to the above instruments the following items should be covered:
Principles of Operation
Errors and in-flight Serviceability Checks System Failures

RADIO NAVIGATION AIDS
Basic Radio Principles
Ground and Helicopter Equipment
Non Directional Beacons (NDB)
VHF Direction Finding (VHF/DF)
Ground and Helicopter Equipment
Radio Detection and Ranging (RADAR)
Ground Equipment
Primary Radar
Secondary Surveillance Radar
Helicopter Equipment
Transponders
Precision Approach System
Other Navigational Systems (as applicable) in current Operational use
Ground and Helicopter Equipment
Distance Measuring Equipment (DME)
Ground and Helicopter Equipment
Marker Beacons
Ground and Helicopter Equipment
Pre-Flight Serviceability Checks
Range, Accuracy and Limitations of Equipment

FLIGHT PLANNING CONSIDERATIONS

AERONAUTICAL INFORMATION PUBLICATIONS

The course of training should cover the items listed below, but the applicant's aptitude and previous aviation experience should be taken into account when determining the amount of instructional time allotted.

Although a number of items contained under this heading are complementary to those contained in the PPL/CPL/IR syllabi, the instructor should ensure that they have been covered during the applicant's training and due allowance should be made for the time needed to revise these items as necessary.

The Aeronautical Information Publication
NOTAM Class 1 and 2
Aeronautical Information
Circulars Information of an Operational Nature
The Rules of the Air and Air Traffic Services (RAC)
Visual Flight Rules and Instrument
Flight Rules Flight Plans and ATS Messages
Use of Radar in Air Traffic Services
Radio Failure
Classification of Airspace
Airspace Restrictions and Hazards
Holding and Approach to Land Procedures
Precision Approaches/Non Precision Approaches
Radar Approach Procedures
Missed Approach Procedures
Visual Manoeuvring after an Instrument Approach
Conflict Hazards in Uncontrolled Airspace
Communications
Types of Services
Extraction of AIP Data Relating to Radio Aids
Charts Available
En-route
Departure and Arrival
Instrument Approach and Landing
Amendments, Corrections and Revision Service

FLIGHT PLANNING GENERAL
The Objectives of Flight Planning
Factors Affecting Helicopter and Engine Performance
Selection of Alternate(s)
Obtaining Meteorological Information
Services Available
Met Briefing
   Telephone or Electronic Data Processing
Actual Weather Reports (TAFs, METARs, SIGMET and ATIS)
The Route Forecast
The Operational Significance of the Meteorological Information Obtained (including Icing, Turbulence and Visibility)
Altimeter Considerations
Definitions of
Transition Altitude Transition Level Flight Level
QNH
Regional QNH
Standard Pressure Setting
QFE
Altimeter Setting Procedures
Pre-Flight Altimeter Checks
Take off and Climb En-Route
Approach and Landing
Missed Approach Terrain Clearance
Selection of a Minimum Safe En-Route Altitude
Instrument Flight Rules
Preparation of Charts
Choice of Routes and Flight Levels
Compilation of Flight Plan/Log Sheet
Log Sheet Entries
Navigation Ground Aids to be used
Frequencies / [Identification]
Radials and Bearings
Tracks and Fixes
Safety Altitude(s)
Fuel Calculations
ATC Frequencies (VHF)
Tower, Approach, En-Route, Radar, FIS, ATIS, and weather reports
Minimum Sector Altitudes at Destination and Alternate Aerodromes
Determination of Minimum Safe Descent Heights/Altitudes (Decision)
Heights) at Destination and Alternate Aerodromes

THE PRIVILEGES OF THE INSTRUMENT RATING

Outside Controlled Airspace
Within Controlled Airspace
Period of Validity and Renewal Procedures

PART 3

FLIGHT INSTRUCTION SYLLABUS CONTENTS

LONG BRIEFINGS AND AIR EXERCISES

1. Instrument Flying (For revision as deemed necessary by the Course Instructor)
2. Instrument Flying (Advanced)
3. Radio Navigation (Applied Procedures) - use of VOR
4. Radio Navigation (Applied Procedures) - use of NDB
5. Radio Navigation (Applied Procedures) - use of VHF/DF
6. Radio Navigation (Applied Procedures) - use of DME
7. Radio Navigation (Applied Procedures) - use of Transponders
8. Radio Navigation (Applied Procedures) - use of En-Route Radar Services
9. Pre-Flight and Aerodrome Departure and Arrival Procedures
12. Radio navigation (Applied Procedures) - use of GPS (to be developed)
LONG BRIEFING 1

INSTRUMENT FLYING (Basic)

Flight Instruments
Physiological Considerations
Instrument Appreciation
   Attitude Instrument Flight
   Pitch Indications
   Bank Indications
   Different Instrument Presentations
   Introduction to the Use of the Attitude Indicator
   Pitch Attitude
   Bank Attitude
   Maintenance of Heading and Balanced flight
   Instrument Limitations (inc System Failures)

ATTITUDE, POWER & PERFORMANCE

Attitude Instrument Flight

Control Instruments
Performance Instruments
Effect of Changing Power
Cross Checking the Instrument Indications
Instrument Interpretation
Direct and Indirect Indications (Performance Instruments)
Instrument Lag
Selective Radial Scan

THE BASIC FLIGHT MANOEUVRES (FULL PANEL)
Straight and Level Flight at Various Airspeeds
Climbing
Descending
Standard Rate Turns
Level, Climbing and Descending On to Pre-Selected Headings

AIR EXERCISE 1

INSTRUMENT FLYING (Basic)

Physiological Sensations
Instrument Appreciation
Attitude Instrument Flight
Pitch Attitude
Bank Attitude
Maintenance of Heading and Balanced Flight
Attitude Instrument Flight
Effect of Changing Power
Cross Checking the Instruments
Selective Radial Scan

THE BASIC FLIGHT MANOEUVRES (FULL PANEL)

Straight and Level Flight at various Airspeeds and Helicopter Configurations
Climbing
Descending
Standard Rate Turns
Level, Climbing and Descending on to Pre-Selected Headings
(Manoeuvring at minimum and maximum IMC speed)
LONG BRIEFING 2

INSTRUMENT FLYING (Advanced)
  Full Panel
  30º degrees Level Turns
  Unusual Attitudes - Recoveries
  Transition to Instruments after Take-off
  Limited Panel
  Basic Flight Manoeuvres
  Unusual Attitudes - Recoveries

AIR EXERCISE 2
  Full Panel
  30º degrees Level Turns
  Unusual Attitudes - Recoveries
  Identification and Recovery from Low Pitch Steep Bank and High Pitch
  Steep Bank Attitudes (at low and high power settings)
  Limited Panel
  Repeat of the Above Exercises

LONG BRIEFING 3

RADIO NAVIGATION (APPLIED PROCEDURES)

USE OF VOR (VHF OMNI RANGE)
  Availability of VOR Stations En-Route
  Station Frequencies and Identification
  Signal Reception Range
  Effect of Altitude
  VOR Radials
  Use of Omni Bearing Selector
To/From Indicator
Orientation
Selecting Radials
Intercepting a Pre-Selected Radial
Assessment of Distance to Interception
Effects of Wind
Maintaining a Radial
Tracking To/From a VOR Station
Procedure Turns
Station Passage
Use of Two Stations for Obtaining a Fix
Pre-Selecting Fixes Along a Track
Assessment of Ground Speed and Timing
Holding Procedures
Various Entries
Communication (R/T Procedures and ATC Liaison)

AIR EXERCISE 3

RADIO NAVIGATION (APPLIED PROCEDURES)

USE OF VOR (VHF OMNI RANGE)

Station Selection and Identification
Orientation
Intercepting a Pre-Selected Radial
R/T Procedures and ATC Liaison
Maintaining a Radial Inbound
Recognition of Station Passage
Maintaining a Radial Outbound
Procedure Turns
Use of Two Stations to Obtain a Fix Along the Track
Assessment of Ground Speed and Timing

Holding Procedures/Entries
Holding at a Pre-Selected Fix
Holding at a VOR Station

LONG BRIEFING 4

RADIO NAVIGATION (APPLIED PROCEDURES)

USE OF ADF (AUTOMATIC DIRECTION FINDING EQUIPMENT)

Availability of NDB (Non Directional Beacons) Facilities En-Route
Location, Frequencies, Tuning (as applicable) and Identification Codes

AMC FCL 2.395 (continued)
Signal Reception Range
Static Interference
Night Effect
Station Interference
Mountain Effect
Coastal Refraction
Orientation in Relation to a NDB
Homing
Intercepting a Pre-Selected Magnetic Bearing and Tracking
Inbound
Station Passage
Tracking Outbound
Time/Distance Checks
Use of Two NDBs to Obtain a Fix or alternatively use of One NDB and One other Navaid
Holding Procedures
Communication (R/T Procedures and ATC Liaison)

AIR EXERCISE 4

RADIO NAVIGATION (APPLIED PROCEDURES)

USE OF ADF (AUTOMATIC DIRECTION FINDING EQUIPMENT)
- Selecting, Tuning and Identifying a NDB
- ADF Orientation
- Communication (R/T Procedures and ATC Liaison)
- Homing
- Tracking Inbound
- Station Passage
- Tracking Outbound
- Time/Distance Checks
- Intercepting a Pre-Selected Magnetic Bearing
- Determining the Helicopter’s position from Two NDBs or alternatively from One NDB and One Other Navaid
- ADF Holding Procedures

LONG BRIEFING 5

RADIO NAVIGATION (APPLIED PROCEDURES)

USE OF VHF/DF (Very High Frequency/Direction Finding)
- Availability of VHF/DF Facilities En-Route
- Location, Frequencies, Station Call Signs and Hours of Operation
- Signal and Reception Range
- Effect of Altitude
- Communication (R/T Procedures and ATC Liaison)
- Obtaining and Using Types of Bearings, e.g. QTE, QDM, QDR
- Homing to a Station
Effect of Wind
Use of Two VHF/DF Stations to Obtain a Fix (or alternatively One VHF/DF Station and One other Navaid)
Assessment of Groundspeed and Timing

AIR EXERCISE 5

RADIO NAVIGATION (APPLIED PROCEDURES)

USE OF VHF/DF (Very High Frequency/Direction Finding)

Establishing Contact with a VHF/DF Station
R/T Procedures and ATC Liaison
Obtaining and Using a QDR and QTE
Homing to a Station
Effect of Wind
Use of Two VHF/DF Stations to Obtain a Fix (or alternatively One VHF/DF Station and One other Navaid) Assessment of Groundspeed and Timing

LONG BRIEFING 6

USE OF DME (Distance Measuring Equipment)

Availability of DME Facilities
Location, Frequencies and Identification Codes
Signal Reception Range
Slant Range
Use of DME to obtain Distance, Groundspeed and Timing
Use of DME to obtain a Fix

AIR EXERCISE 6

USE OF DME (Distance Measuring Equipment)
Station Selection and Identification
Use of Equipment Functions
Distance
Groundspeed
Timing
DME Arc Approach
DME Holding

LONG BRIEFING 7

USE OF TRANSPONDERS (SSR)

Operation of Transponders
Code Selection Procedure
Emergency Codes
Precautions when using Airborne Equipment

AIR EXERCISE 7

USE OF TRANSPONDERS (SSR)

Operation of Transponders

Types of Transponders
Code Selection Procedure
Emergency Codes
Precautions when Selecting the Required Code

LONG BRIEFING 8

USE OF EN-ROUTE RADAR

Availability of Radar Services
Location, Station Frequencies, Call Signs and Hours of Operation
AIP and NOTAMS
Provision of Service
Communication (R/T, Procedures and ATC Liaison)
Airspace Radar Advisory Service Emergency Service
Aircraft Separation Standards

AIR EXERCISE 8

USE OF EN-ROUTE RADAR
Communication (R/T Procedures and ATC Liaison)
Establishing the Service Required and Position Reporting
Method of Reporting Conflicting Traffic
Terrain Clearance

LONG BRIEFING 9

PRE-FLIGHT AND AERODROME DEPARTURE
Determining the Serviceability of the Radio equipment
Navigation Equipment
Obtaining the Departure Clearance
Setting up Radio Navaids prior to Take-off e.g. VOR Frequencies, Required Radials, etc Aerodrome Departure Procedures, Frequency Changes
Altitude and Position Reporting as Required
Standard Instrument Departure
Procedures (SIDs) Obstacle Clearance Considerations

AIR EXERCISE 9

PRE-FLIGHT AND AERODROME DEPARTURE
Radio Equipment Serviceability Checks
Departure Clearance
Navaid Selection
Frequencies, Radials, etc
Aerodrome Departure Checks, Frequency Changes,
Altitude and Position Reports Standard Instrument
Departure Procedures (SIDs)

LONG BRIEFING 10

INITIAL/INTERMEDIATE/FINAL APPROACH PROCEDURES

AMC FCL 2.395 (continued)

Precision Approach Charts
Approach to the Initial Approach Fix and Minimum Sector Altitude
Navaid Requirements, e.g. Radar, ADF, etc
Communication (ATC Liaison and R/T Phraseology)
Review:
    Holding Procedure
    The Final Approach Track
    Forming a Mental Picture of the Approach Completion of
    Aerodrome Approach Checks
    Initial Approach Procedure
    Selection of the ILS Frequency and Identification
    Obstacle Clearance Altitude/Height
    Operating Minima
    Achieving the Horizontal and Vertical Patterns
    Assessment of Distance, Groundspeed Time, and Rate of
    Descent from the Final Approach Fix to the Aerodrome
    Use of DME (as applicable)
    Go Around and Missed Approach Procedure
    Review of the Published Instructions
    Transition from Instrument to Visual Flight (Sensory Illusions)
VISUAL MANOEUVRING AFTER AN INSTRUMENT APPROACH

Circling Approach
Visual Approach to Landing

AIR EXERCISE 10

PRECISION APPROACH PROCEDURE

Initial Approach to the ILS
Completion of Approach Planning
Holding Procedure
Frequency Selection and Identification of ILS
Review of the Published Procedure and Minimum Sector Altitude
Communication (ATC Liaison and R/T Phraseology)
Determination of Operating Minima and Altimeter Setting
Weather Consideration, e.g. Cloud Base and Visibility
Availability of Landing site Lighting
ILS Entry Methods
Radar Vectors
Procedural Method
Assessment of Approach Time from the Final Approach Fix to the Aerodrome
Determination of:
   The Descent Rate on Final Approach
   The Wind Velocity at the Surface and the Length of the Landing Site
   The Obstruction Heights to be borne in mind during Visual manoeuvring after an Instrument Approach Circling approach

The Approach:
   At the Final Approach Fix
   Use of DME (as applicable)
   ATC liaison
Note Time and establish Airspeed and Descent Rate
Maintaining the Localizer and Glide Path
Anticipation in Change of Wind Velocity and its Effect on Drift
Decision Height
Landing Direction
Go Around and Missed Approach Procedure
Transition from Instrument to Visual Flight
Circling Approach
Visual Approach to Landing

LONG BRIEFING 11

NON-PRECISION APPROACH PROCEDURE

Non-Precision Approach Charts
Initial Approach to the Initial Approach Fix and Minimum Sector Altitude
ATC Liaison
Communication (ATC Procedures and R/T Phraseology)
Approach Planning:
Holding Procedure
The Approach Track
Forming a Mental Picture of the Approach
Initial Approach Procedure
Operating Minima
Completion of Approach Planning
Achieving the Horizontal and Vertical Patterns
Assessment of Distance, Groundspeed Time, and Rate of Descent from the Final Approach Fix (FAF) to the Aerodrome
Use of DME (as applicable)
Go Around and Missed Approach Procedure
Review of the Published Instructions
Transition from Instrument to Visual Flight (Sensory Illusions)
Visual Manoeuvring after an Instrument Approach
Circling Approach
Visual Approach to Landing

AIR EXERCISE 11
NON-PRECISION APPROACH PROCEDURE

Completion of Approach Planning including

Determination of:

Descent Rate from the Final Approach Fix
The Wind Velocity at the Surface and Length of the Landing site
The Obstruction Heights to be Borne in Mind During Visual Manoeuvring after an Instrument Approach
Circling Approach
Go Around and Missed Approach Procedure
Initial Approach
Frequency Selection and Identification
Review of the Published Procedure and Minimum Safe Sector Altitude
ATC liaison and R/T Phraseology
Determination of Decision Height and Altimeter Setting
Weather Considerations, e.g. Cloud Base and Visibility
Availability of Landing site Lighting
Determination of Inbound Track
Assessment of Time from Final Approach Fix to the Missed Approach Point
ATC Liaison
The Outbound Procedure (incl. Completion of Pre-Landing Checks)
The Inbound Procedure
Re-Check of Identification Code
Altimeter Setting Re-Checked
The Final Approach
Note Time and Establish Airspeed and Descent Rate
Maintaining the Final Approach Track
Anticipation of Change in Wind Velocity and its Effect on the Drift
Minimum Descent Altitude/Height
Landing site Direction
Go Around and Missed Approach Procedure
Transition from Instrument to Visual Flight (Sensory Illusions)
Visual Approach
AMC/IEM I - EXAMINERS

AMC JCAR FCL 2.425
Standardisation arrangements for examiners
(See Appendix 1 to JCAR FCL 2.425)

General

1. The standards of competence of pilots depends to a great extent on the competence of examiners. Examiners will be briefed by the Authority on the FCL requirements, the conduct of skill tests and proficiency checks, and their documentation and reporting. Examiners should also be briefed on the protection requirements for personal data, liability, accident insurance and fees, as applicable.

EXAMINER AUTHORISATION

[2] Any dispensation from the qualification requirements of JCAR FCL 2.425(a) through (c) should be limited to circumstances in which a fully qualified examiner cannot be made available. Such circumstances may, for example, include skill tests on a new or rare type, for which the examiner should at least hold an instructor rating on a helicopter having the same kind and number of rotors/engines and of the same order of mass.

[3] Inspectors of the Authority supervising examiners should ideally meet the same requirements as the examiners being supervised. However, it is unlikely that they could be so qualified on the large variety of types and tasks for which they have a responsibility and, since they normally only observe training and testing, it is acceptable if they are qualified for the role of inspector.

[4] The standardisation arrangements should include, as appropriate to the role of the examiner, at least the following instruction:

(i) those national requirements relevant to their examination duties;
(ii) fundamentals of human performance and limitations relevant to flight examination;
(iii) fundamentals of evaluation relevant to examinee's performance;
(iv) FCL, related regulations and the procedures in the JCARS operations manual (JIP)
(v) Quality System as related to FCL; and
(vi) Multi-crew co-operation (MCC), Human Performance and Limitations, if applicable.

The Authority will employ, or have available, a sufficient number of inspectors or senior examiners to conduct, supervise and/or inspect the standardisation arrangements according to JCAR FCL 2.425(c).

LIMITATIONS

[5] An examiner should plan per working day not more than three test checks relating to PPL, CPL, IR rating, or more than two test/checks relating to FI, CPL/IR and ATPL or more than four tests/checks relating to type/rating.

[6] An examiner should plan at least three hours for a PPL, CPL, IR rating test/checks, and at least four hours for FI, ATPL or type rating tests/checks, including pre-flight briefing and preparation, conduct of the test/check, de-briefing and evaluation of the applicant and documentation.

[7] An examiner should allow an applicant adequate time to prepare for a test/check, normally not more than one hour.

[8] An examiner should plan a test/check flight so that the flight time in a helicopter or ground time in an approved synthetic training device is not less than:
   a. 90 minutes for PPL and CPL, including navigation section;
   60 minutes for IR, FI and single pilot type rating; and
   120 minutes for ATPL

PURPOSE OF A TEST/CHECK

[9] Determine through practical demonstration during a test/check that an applicant has acquired or maintained the required level of knowledge
and skill/proficiency;

[10] Improve training and flight instruction in registered facilities, FTOs and TRTOs by feedback of information from examiners concerning items/sections of tests/checks that are most frequently failed;


FCL STANDARDS

[12] It is essential that examiners consistently apply FCL standards during a test/check. However, as the circumstances of each test/check conducted by an examiner may vary, it is also important that an examiner's test/check assessment takes into account any adverse condition(s) encountered during the test/check.

CONDUCT OF TEST/CHECK

[13] An examiner will ensure that an applicant completes a test/check in accordance with FCL requirements and is assessed against the required test/check standards.

[14] (To be developed.)


[16] An examiner should verify the requirements and limitations of a test/check with an applicant during the pre-flight briefing.

[17] When a test/check is completed or discontinued, an examiner should de-brief the applicant and give reasons for items/sections failed. In the event of a failed or discontinued skill test or proficiency check, the examiner should provide appropriate advice to assist the applicant in re-tests/re-checks.

[18] Any comment on, or disagreement with, an examiner's test/check evaluation/assessment made during a debrief will be recorded by the examiner on the test/check report, and will be signed by the examiner and countersigned by the applicant. The same examiner
should not re-examine a failed applicant without the agreement of the applicant.

EXAMINER PREPARATION

[19] An examiner should supervise all aspects of the test/check flight preparation, including, where necessary, obtaining or assuring an ATC "slot" time.

[20] An examiner will plan a test/check in accordance with FCL requirements. Only the manoeuvres and procedures set out in the appropriate test/check form will be undertaken. The same examiner should not re-examine a failed applicant without the agreement of the applicant.

EXAMINER APPROACH

[21] An examiner should encourage a friendly and relaxed atmosphere to develop both before and during a test/check flight. A negative or hostile approach should not be used. During the test/check flight, the examiner should avoid negative comments or criticisms and all assessments should be reserved for the de-briefing.

ASSESSMENT SYSTEM

[22] Although test/checks may specify flight test tolerances, an applicant should not be expected to achieve these at the expense of smoothness or stable flight. An examiner should make due allowance for unavoidable deviations due to turbulence, ATC instructions, etc. An examiner should terminate a test/check only for the purpose of assessing the applicant, or for safety reasons. An examiner will use one of the following terms for assessment:

(a) A "pass", provided the applicant demonstrates the required level of knowledge, skill/proficiency and, where applicable, remains within the flight test tolerances for the licence or rating; or

(b) A "fail", provided that any of the following apply:
(i) the flight test tolerances have been exceeded after the examiner has made due allowance for turbulence or ATC instructions;

(ii) the aim of the test/check is not completed;

(iii) the aim of exercise is completed but at the expense of unsafe flight, violation of a rule or regulation, poor airmanship or rough handling;

(iv) an acceptable level of knowledge is not demonstrated;

(v) an acceptable level of flight management is not demonstrated;

or

(vi) the intervention of the examiner or safety pilot is required in the interest of safety.

(c) A "partial pass" in accordance with the criteria shown in the relevant skill test appendix of JCAR FCL 2.

METHOD AND CONTENTS OF THE TEST/CHECK

[23] Before undertaking a test/check an examiner will verify that the helicopter or synthetic training device intended to be used, is suitable and appropriately equipped for the test/check. Only helicopters or synthetic training devices approved by the Authority for skill testing/proficiency checking may be used.

[24] A test/check flight will be conducted in accordance with the aircraft flight manual (AFM) and, if applicable, the aircraft operators manual (AOM).

[25] A test/check flight will be conducted within the limitations contained in the operations manual of a FTO/TRTO and, where applicable, the operations manual of a registered facility.

[26] Contents

(a) A test/check is comprised of:

- oral examination on the ground (where applicable);
- pre-flight briefing;
- in-flight exercises; and
post-flight de-briefing

(b) Oral examination on the ground should include:
- aircraft general knowledge and performance;
- planning and operational procedures; and
- other relevant items/sections of the test/check

(c) Pre-flight briefing should include:
- test/check sequence;
- power setting and speeds; and
- safety considerations

(d) In-flight exercises will include:
- each relevant item/section of the test/check

(e) Post-flight de-briefing should include:
- assessment/evaluation of the applicant
- documentation of the test/check with the applicants instructor present, if possible.

[27] A test/check is intended to simulate a practical flight. Accordingly, an examiner may set practical scenarios for an applicant while ensuring that the applicant is not confused and air safety is not compromised.

[28] An examiner should maintain a flight log and assessment record during the test/check for reference during the post/flight de-brief.

[29] An examiner should be flexible to the possibility of changes arising to pre-flight briefs due to ATC instructions, or other circumstances affecting the test/check.

[30] Where changes arise to a planned test/check an examiner should be satisfied that the applicant understands and accepts the changes. Otherwise, the test/check flight should be terminated.

[31] Should an applicant choose not to continue a test/check for reasons considered inadequate by an examiner, the applicant will be assessed as having failed those items/sections not attempted. If the test/check is terminated for reasons considered adequate by the examiner, only
these items/sections not completed will be tested during a subsequent test/check.

[32] At the discretion of the examiner, any manoeuvre or procedure of the test/check may be repeated once by the applicant. An examiner may terminate a test/check at any stage, if it is considered that the applicant's competency requires a complete re-test/re-check.

IEM JCAR FCL 2.425

Notes for guidance and training of type rating examiners (TREs)

(See JCAR FCL 2.425(c))

1. The following guidance material is intended for applicants seeking authorisation to act as a TRE. The related Skill test and training record should also be referred to and consideration given to singlepilot/multipilot flight.

2. An inspector of the Authority, or a senior examiner, will observe all TRE applicants conducting a test on a candidate in a helicopter for which TRE authorisation is sought. Items from the Syllabi for training and skill tests/proficiency checks for type rating at Appendix 2 to JCAR FCL 2.240 will be selected by the inspector for examination of the candidate by the TRE applicant. Having agreed with the inspector the content of the test, the TRE applicant will be expected to manage the entire test. This will include briefing, the conduct of the flight, assessment and debriefing of the candidate. The inspector will discuss the assessment with the TRE applicant before the candidate is debriefed and informed of the result.

3. It is intended that all applicants for a TRE authorisation should have received some formal training for this purpose before undertaking a test flight with an inspector. The training should be acceptable to the inspector observing the applicant.

BRIEFING THE CANDIDATE

4. The candidate should be given time and facilities to prepare for the test flight. The briefing should cover the following:-

a. the objective of the flight
b. licensing checks, as necessary

c. freedom for the candidate' to ask questions

d. operating procedures to be followed (e.g. operators manual)

e. weather assessment

f. operating capacity of candidate' and examiner

g. aims to be identified by candidate'

h. simulated weather assumptions (e.g. icing, cloud base)

i. contents of exercise to be performed

j. agreed speed and handling parameters (e.g. V-speeds, bank angle)

k. use of R/T

l. respective roles of candidate' and examiner (e.g. during emergency)

m. administrative procedures (e.g. submission of flight plan) in flight

5. The TRE applicant should maintain the necessary level of communication with the candidate'. The following check details should be followed by the TRE applicant:

a. involvement of examiner in a multi-pilot operating environment

b. the need to give the candidate' precise instructions

c. responsibility for safe conduct of the flight

d. intervention by examiner, when necessary

e. use of screens

f. liaison with ATC and the need for concise, easily understood intentions

g. prompting the candidate' regarding required sequence of events (e.g. following a go-around)
h. keeping brief, factual and unobtrusive notes

ASSESSMENT

6. The TRE applicant should refer to the flight test tolerances given in Appendix 1 to JCAR FCL 22.210, Instrument rating (helicopter) - Skill test'. Attention should be paid to the following points:
   a. questions from the candidate'
   b. give results of the test and any sections failed
   c. give reasons for failure

DEBRIEFING

7. The TRE applicant should demonstrate to the inspector the ability to conduct a fair, unbiased, debriefing of the candidate' based on identifiable factual items. A balance between friendliness and firmness should be evident. The following points should be discussed with the candidate', at the applicant's discretion:
   a. advise the candidate how to avoid or correct mistakes
   b. mention any other points of criticism noted
   c. give any advice considered helpful
AMC/IEM J - Technical Knowledge requirements

IEM JCAR FCL 2.475

Construction of computer compatible questions.

(See JCAR FCL 2.475)

1. The following principles should be observed when developing questions for the central question bank:

GENERAL

2. The examination should measure clearly formulated goals. Therefore the field and depth of knowledge to be measured by each question must be fully identified.

3. The more important the field of knowledge, the more questions should be included in the examination, or the more points the answer should be given.

4. Most of the questions should be of the multiple choice type with four alternative answers.

5. Questions should relate to the essentials of the fields of knowledge and not to minor related detail. Numerical questions which differ only in the numbers used and not the method of calculation test the same knowledge; nevertheless, a variety of examples of the same calculation should be available in the CQB to help to minimize cheating.

6. Purely academic questions which have no practical use should be avoided, unless they relate to fundamental concepts. Examples of academic questions which are acceptable are the role of dihedral and camber in aerodynamics, and the definition of dew point in meteorology.

7. Questions which require specialised knowledge of specific aircraft types, should not be asked in a licence examination.

8. Use abbreviations and acronyms only in forms internationally recognised. In case of doubt use the full form, eg angle of attack $\theta = 12$ degrees instead of $= 12^\circ$. A list of recommended abbreviations for examination purposes is in IEM JCAR FCL 2.475(b).
9. Formulate the questions and answers as simply as possible: the examination is not a test of language. Avoid complex sentences, unusual grammar and double negatives.

10. A question should comprise one positive complete proposition. No more than 8 different statements should appear among the suggested responses otherwise the candidate may be able to deduce the correct answer by eliminating the unlikely combinations of statements.

11. Questions should have only one true answer.

12. The correct answer should be absolutely correct and complete or, without doubt, the most preferable. Avoid responses that are so essentially similar that the choice is a matter of opinion rather than a matter of fact. The main interest in MCQs is that they can be quickly performed: this is not achieved if doubt exists about the correct answer.

13. The incorrect alternatives must seem plausible to anyone ignorant of the subject. All of the alternatives should be clearly related to the question and of similar vocabulary, grammatical construction and length. In numerical questions, the incorrect answers should correspond to procedural errors such as corrections applied in the wrong sense or incorrect unit conversions: they must not be mere random numbers.

14. Questions must be referred to the examination syllabus/learning objectives. The level, eg ATPL, CPL, should be indicated.

15. An examination sitting should normally last for between 2 and 3 hours. Exceeding 3 hours may result in wrong answers because the candidate makes errors through fatigue and not because the answer is not known.

16. The author must estimate a reasonable time for answering: about 1-2 minutes, but could vary from 1 to 10 minutes. Consequently, the number of questions for a specific examination may vary.

17. Any documentation required to answer the question (eg tables, graphs) must be provided with the question. Such documentation must be of the same typographical and accuracy standards as normal aeronautical publications. Tables and graphs must include a typical example of their usage. All other documentation is forbidden.

18. Question producers may assume that a simple pocket calculator is available to the candidate.
IEM JCAR FCL 2.475(b)
Common abbreviations to be used for the European CQB
(See JCAR FCL 2.475)

ICAO = Doc840014, SI = international standard, JEP = Jeppesen, JCAR = Joint Aviation Regulations

<table>
<thead>
<tr>
<th>Abbreviations</th>
<th>Meaning</th>
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<tbody>
<tr>
<td>A</td>
<td>ampere</td>
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<td>ABM</td>
<td>abeam</td>
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<tr>
<td>ABN</td>
<td>aerodrome beacon</td>
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<tr>
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<td>alternating current</td>
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<td>aerodrome flight information service</td>
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<td>aircraft flight manual</td>
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<td>$V_S$</td>
<td>stalling speed or minimum steady flight speed at which the aeroplane is controllable</td>
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<td>$V_{SO}$</td>
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IEM FCL 2.480

Distribution of examination questions

*(See JCAR FCL 2.480)*

### Subject: 020 AIRCRAFT GENERAL KNOWLEDGE

Theoretical knowledge examination

Exam length, minimum number of questions, and distribution of questions

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### Subject: 021 AIRFRAME/SYSTEMS/POWER PLANT

Theoretical knowledge examination

Exam length, minimum number of questions, and distribution of questions

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IEM FCL 2.480 (Continued)

Subject: **022 INSTRUMENTATION**

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**Subject: 030 FLIGHT PERFORMANCE AND PLANNING**

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IEM FCL 2.480 (Continued)

Subject: 031 MASS AND BALANCE
Theoretical knowledge examination
Exam length, minimum number of questions, and distribution of questions

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Distribution of questions with regard to the topics of the syllabus

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Subject: 032 PERFORMANCE
Theoretical knowledge examination
Exam length, minimum number of questions, and distribution of questions

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Distribution of questions with regard to the topics of the syllabus

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IEM FCL 2.480 (Continued)

### Subject: 033 FLIGHT PLANNING AND MONITORING

Theoretical knowledge examination
Exam length, minimum number of questions, and distribution of questions

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Distribution of questions with regard to the topics of the syllabus

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| 04 | xx | 15 | 26 |
| 05 | xx | xx | 06 |
| 06 | 06 | 05 | 10 |
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### Subject: 040 HUMAN PERFORMANCE AND LIMITATIONS

Theoretical knowledge examination
Exam length, minimum number of questions, and distribution of questions

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Distribution of questions with regard to the topics of the syllabus

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| **Total**: | 21 | 21 | 42 |
Subject: 050 METEOROLOGY

Theoretical knowledge examination
Exam length, minimum number of questions, and distribution of questions

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**Total:**  42  42  70
### Subject: 060 NAVIGATION

Theoretical knowledge examination
Exam length, minimum number of questions, and distribution of questions

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### Subject: 061 GENERAL NAVIGATION

Theoretical knowledge examination
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### Subject: 062 RADIO NAVIGATION

Theoretical knowledge examination Exam length, minimum number of questions, and distribution of questions

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### Subject: 070 OPERATIONAL PROCEDURES

Theoretical knowledge examination Exam length, minimum number of questions, and distribution of questions

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### Subject: 080 PRINCIPLES OF FLIGHT

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### Subject: 090 COMMUNICATION

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Terminology used in Subpart J for procedures for the Conduct of Theoretical Knowledge Examinations

The meaning of terms used in Subpart J is given below.

1. Complete Examination: An examination in all subjects required by the licence level.

2. Examination: The demonstration of knowledge in 1 or more examination papers.

3. Examination Paper: A set of questions to be answered by a candidate for examination.

4. Attempt: A try to pass a specific paper.

5. Sitting: An examination session provided by the NAA for a candidate to undertake an examination.

6. Re-sit or Re-examination: A second or subsequent attempt to pass a failed paper.